THE PHARMACOPOEIA OF SIDDHA RESEARCH MEDICINES

CHAPTER - 15

SPECIFIC MEDICINES

By

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and

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The Industrial Labour Welfare Association Limited
AVANASHI ROAD - COIMBATORE -18

THE SIDDHA RESEARCH LAB

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BY

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PREFACE

This book contains 251 receipies of specific medicines. Most of them were prepared and used successfully in this Lab for the last 13 years. A few of the receipies collected from ancient manuscripts could not be prepared for want of certain ingredients. Diseases diagnosed in major Hospitals of modern medicine and modern medical men were undertaken for treatment here and necessary Siddha medicines were prepared and tried. Such receipies are also included in this Chapter. This 15th chapter of Specific medicines is a continuation of 1 to 14 chapters of other Siddha Research medicines prepared and used in this Lab which is published as a separate volume I am confident that the medicines prepared and used in this Lab will help a lot to B. I. M. and M. I. M. Students and also to all general medical practitioners. We are highly indebted to Dr. G. D. Naidu for having taken interest in the preparation of all research medicines at a huge cost and publishing them as an everlasting monument for the benefit of medical practitioners and suffering humanity. The Pharmacopoeia of Siddha Research Medicines has been recognised by the Board of studies, Madurai University as a reference book for M I. M. or M. D. Siddha.

May God help us to succeed in our earnest enterprise.

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Author and Siddha Research Officer.

COIMBATORE.
20—9—1973.

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THE PHARMACOPOEIA OF SIDDHA RESEARCH MEDICINES

CHAPTER 15

SPECIFIC MEDICINES

I. ACUTE INFECTIVE HEPATITIS CURE No. I

(Special)

1. Linga-Kattu Chenduram.
2. Kasthuri Chenduram
3. Silajath Baspam No. 2
4. Sringi Baspam
5. Pavala-Veeram
6. Karimanjal burnt up char or raw powder or both

} of each equal parts.

These are well mixed and bottled up.

Mode of use :

To be enclosed in empty gelation capsules No. 2 size and swallowed 1 to 2 capsules 2 or 3 times a day according to the severity of the disease followed by the Jaundice decoction. Or (2) the Jaundice powder No. 3 about 5 grains and Jaundice cure churnam No. 2 about 10 grains may be mixed with honey and taken 2 or 3 times a day followed by the Jaundice decoction. Any one of these powders with the decoction will work wonderfully on this disease.

Uses :

Very effective in all types of acute or chronic jaundice or infective hepatitis. No. 1 is also useful in fevers of all kinds esp : in Pithakapha Jwaram.

2. ALBUMINUREA CURE POWDER No. 1

Special (Or Visha Sobai Nivarani)

1.	Jeevaloka chenduram	....	2 parts
2.	Loha manduram chenduram	....	2 parts
3.	Vedi Annabedhi chenduram	...	2 parts
4.	Punernava manduram	...	2 parts
5.	Vengkarachunnam	...	2 parts
6.	Karpura silajath Baspam No. 2 or 5	...	2 parts
7.	Vediuppu chunnam No. II or No. 4	...	2 parts
8.	Ascites cure churnam	....	14 parts

Note :

Ascites cure churnam may be seperately kept and added then and there with other compound medicines of the above first seven items or may be mixed together and used.

These eight powders may be well mixed in the above proportions and taken with honey 2 or 3 times a day in gr. 15 to 20 grains for a dose. In extreme cases decoction prepared out of Ascites cure Churanam as mentioned under Ascites Cure Churnam No. III may also be used twice a day in addition to the above powders. This is our experience in this Research institute. In about a week or ten days Albuminurea cases have become alright together with dropsy.

Diet :

Salt, Fat and Tamarind free diet is allowed Preferably barley water, milk, butter milk and fruit juices may be allowed until the cases become fully cured.

Uses :

Persistent Albuminurea with Ascites or dropsy is cured. Pandu, Sobai and Kamalai are also cured. Liver, Spleen, Kidneys and Heart diseases are generally well responded to. We have come across a few cases of chronic Nephritis with ascites being resistant to any kind of treatment. Of course, such cases come to us after exhausting modern treatment in vain in the last stage, which we cannot help.

3. ALBUMINUREA CURE No. 11 OR VISHA SOBAI NIVARANI No. 2

1.	Vengkara chunnam	— 2 tolas
2.	Silajathu Baspam No. II or No. V	— 4 tolas
3.	Loha Manduram Chenduram	— 4 tolas
4.	Vediuppu chunnam	— 2 tolas
5.	Vedi Annabedhi Chenduram	— 4 tolas
6.	Jeevalokha Chenduram	— 4 tolas
7.	Punernava Manduram	— 4 tolas
8.	Ascites Cure	— 20 tolas

All the 8 ingredients are mixed together and bottled up. **DOSE, USES** and Anupanam etc. are the same as that of Albuminurea Cure No. I

4. ALBUMINUREA CURE No. 3

1.	Lohamanduram	— 1 oz.
2.	Punernava Manduram	— 1 oz.
3.	Vedi Annabedhi Chenduram	— 1 oz.
4.	Vengkara Chunnam	— 1 oz.
5.	Silajathu Baspam No. 2	— 2 ozs.
6.	Ascites Cure	— 4 ozs.

Mixed well and bottled up.

Dose .

5 to 15 grains to be given well mixed with honey or other diuretic decoctions 2 or 3 times a day.

Uses :

Sobai, Pandu, Kamalai, Ascities and Albuminurea etc. are cured.

5. BALDNESS & ALOPECIA CURE

(*Internal No. 1*)

1.	Aya Kantha Chenduram	— 2 drams
2.	K. A. R. Chenduram	— 2 drams
3.	Ghendaka Baspam	— 2 drams
4.	Yanaithantha Baspam	— 2 drams
5.	P. S. S. Baspam	— 2 drams
6.	Parangi Churnam Co.	— 10 drams

Mixed and bottled up.

Dose :

1 to 2 pinches B. D. with Honey.

Uses :

Baldness, Alopecia, in young age Podugu, 'Pandu, Sobai, Kamalai and Agnimantham etc. are cured.

N. B. :

Yanaithantha Parpam when applied well mixed with Honey, Baldness is cured and fresh hair crops up by this local application in young age.

6. ALOPECIA CURE No. 2

(*Internal Medicine*)

1.	Ayakantham Chenduram	Of each equal parts or 2 drams.
2.	K. M. N. Chenduram	
3.	K. A. R. Chenduram	
4.	P. M. S. S. Baspam	
5.	Ghendaka Baspam	
6.	Parangi Churnam Co.	— 5 parts or 10 drs.

Dose:

15 to 20 grains B. D. with Honey.

Uses :

When the powder is taken in the above dose with honey for a mandalam, Alopecia and Baldness are cured marvellously. Fresh Hair crops up splendidly. This is our experience.

7. ALOPECIA AND BALDNESS CURE No. 3

(*Internal*)

1.	Ayakantham	— 1 dram
2.	Ayaveeram	— 1 dram
3.	P. C. Baspam	— 2 drams
4.	Parangi pathangam	— 1 dram
5.	P. N. Chandrodhayam	— 1 dram
6.	Allergic Skin Cure	— 4 drams
7.	Yanaithantha Baspam	— 2 drams

Mixed well and bottled up.

Dose:

2 pinches B. D. with honey.

Uses:

Baldness is cured. In addition externally Yanai-thantha Parpam may be applied well mixed Honey. Alopecia is also cured.

8. ANAEMIA CURE OR PANDU NIVARANI

(Special)

1.	Jeevaloka Chenduram	—	2 parts or 4 tolas
2.	Aya Veeram	—	1 part or 2 tolas
3.	Aya Kantham Chenduram	—	1 part or 2 tolas
4.	P. S. M. M. Baspam	—	2 parts or 4 tolas

All these four ingredients are mixed together and bottled up.

Dose:

3 to 5 grains may be given twice a day with Thirikadugu or Pancha Deepagni Churnams or with B. P. Stablizer and honey or with Jaundice Cure No. II churnam and Honey or with General Tonic Lehiyam or other suitable anupanams.

Uses:

Pandu, Sobai, Kamalai and Indigestion are cured Liver, Kidneys spleen and Heart diseases are well responded to.

9. ANTI CHOLESTROL REMEDY

(Special)

1.	Vembu flowers, dried in the shade and powdered	—	1 part or 2 oz.
2.	Keezhkoinelli samoolam churnam	—	$\frac{1}{2}$ part or 1 oz.

3. Thuthuvelai churnam — ½ part or 1 oz.
4. Potrilaikaiyan churnam — ½ part or 1 oz.
5. Chukku
6. Milaku
7. Thippili
8. Kadukkoithole
9. Thandrikoithole
10. Nellivartal
11. Lavangam
12. Lavangapattai
13. Elarisi
14. Vettiver

(Items 5–14:) Of each 1/8th part or 2 drams fine churnams.

All these ingerdients are mixed in a kalvam rubbed with Lime Fruits juice for 3 days and made into pills of 3 grains each or Kundri size.

Dose :

1 to 2 pills to be taken twice a day.

Uses :

Fattiness of the body and Kapha-Pitha diseases are cured. Blood pressure is also regulated. It is good for Obesity. We are using this pill in our Laboratory for High cholestrol in blood with good results.

10. ANTI-DIABETIC REMEDY POWDER (*Mild*)

1. Muppu Chunnam — One pinch
2. Velvanga-Baspam or Karuvanga Baspam or Thiruvanga Baspam — 2½ Tolas
3. Abreka Chenduram or Muppu-Cum Andaodu Abreka chunnam — 2½ tolas
4. Dia - Diet No . I — 10 tolas

These 4 ingredients are mixed together and bottled up.

Dose :

5 to 15 grains may be given with honey or other suitable anupanams.

Uses :

Diabetes Mellitus and its complications are cured Sugar with albumen in urine is well responded to.

11. ANTI DIABETIC REMEDY POWDER STRONG No. I

(Special)

1.	Muppu—Guru chunnam	— 30 gr.
2.	Anda odu chunnam	— 60 gr.
3.	Abreka chenduram	— 2 oz
4.	Thiruvanga chunnam or Karuvanga Baspam No. II or III	— 2 oz
5.	Swarna Valai Rasa Chenduram or Rasa Thalaka chenduram No. I	— 2 tolas
6.	K. M. N. Chenduram	—2 tolas (Kala-Mega Narayana Chenduram)
7.	Navarkottai churnam or Dia-Diet No. I	— 4 oz

These 7 ingredients are mixed together and bottled up.

Dose :

5 to 15 grains may be given with honey or other suitable anupanams.

Uses :

Diabetes mellitus with albumen and other complications are cured. This is a tried out medicine in complicated Diabetes mellitus.

12. ANTI-DIABEIC REMEDY POWDER (STRONG No. II)

(Special)

1.	Muppu cum Andaodu Abreka chenduram or Chunnam	— 2 tolas
2.	Thiruvanga chunnam No. I	— 2 tolas

3.	Kantha Chenduram No. I	— 2 tolas
4.	P. S. M. M. Baspam	— 2 tolas
5.	Swarna-Valai Rasa chenduram or K. M. N. chenduram	— 2 tolas
6.	Navarkattai churnam (or Dia Diet No. I)	— 10 tolas

These are mixed together and bottled up.

Dose:

5 to 15 grains may be given with honey or suitable anupanam.

Uses:

Diabetes mellitus with or without albumen and other complications are cured.

13. ANTI RHEUMATIC-ANTIARTHRITIC REMEDY (*Or Keelvatharoga Nivarani*)

(*Special*)

1.	Chendamarutham	— 1 part or 10 grains
2.	Aya veeram	— 2 parts or 20 grains
3.	Vanga-Rasa-Guru-Baspam	— 2 parts or 20 grains
4.	Amukara churnam compound No. II	— 10 parts or 100 grains

These are well mixed and bottled up.

Dose:

5 to 10 grains twice a day may be given mixed with honey.

Uses:

All sorts of arthritic, muscular and neuralgic pains including neuritis and paralysis are cured. For 3 to 5 or 7 days the medicine may be given with alternate rest for another 3 to 5 days.

Diet :

Salt and tamarind may be reduced. During the administartion of the medicine.

N. B. :

This reciepie is very useful and effective in joint affections including Gonnarhoeal Rheumatism. When it becomes Chronic, Rasa Chendi melugu or Shengkottai Lehiyam or Idivallathi acts better than other medicines.

14. ASCITIES CURE POWDER No. I

(Special)

1. Potrilai-Kaiyan Samoolam Churnam (secured by drying in the shade and powdering nicely) — 1 part
2. Chiru Nerunji samoolam churnam secured by drying in the shade and powdering nicely) — 1 part

These two ingredients are mixed together and bottled up.

Dose :

10 to 30 grains may be given 2 or 3 times a day well mixed with honey or with hot water or Barley water or with other suitable anupanams.

Note :

Loha Mandura Chenduram, Vedi Annabedhi, Venkara chunnam, Vediuppu chunnam or Albuminurea cure any one or more of these medicines may be added to the Ascites cure powder No. I or II or III with excellent results. Better still it is to convert the Ascites cure powder No. I or II or III into decoction and administered as anupanam to the compound chenduram and chunnams. White sugar may be added to the ascites cure churnam or decoction if necessary.

Uses :

All kinds of Dropsy including jalotharam (ascites) are cured. Liver, spleen, Kidneys and Heart diseases are treated with this powder or decoction as anupanam.

Diet:

Milk, fruit juices and barley water alone should be allowed as diet. Fat, chillies and Tamarind should be prohibited.

15. ASCITES CURE POWDER No. II

(Special)

1.	Potrilaikaiyan samoolam churnam – secured by drying in the shade and powdering nicely	— lb I
2.	Chirunerunji samoolam chunnam – secured by drying in the shade and powdering nicely	— lb I
3.	Keezhkoi Nelli Samoola churnam – secured by drying in the shade and powdering nicely)	— lb I

These three ingredients are mixed together and bottled up. White sugar may be added to the above compound churnam if necessary. **Dose, Uses** and Anupanam etc. are the same as that of Ascites cure churnam No. I

16. ASCITES CURE POWDER No. III

(Special or Dropsy Cure Or Peruvairu and Sobai Nivarani)

1.	Potrilaikaiyan samoolam churnam (is dried in the shade and nicely powdered)	— lb I
2.	Chirunerunji samoolam churnam (is dried in the shade and nicely powdered)	— lb I
3.	Keezhkoi Nelli samoolam churnam (is dried in the shade and nicely powdered)	— lb $\frac{1}{4}$ to 1 lb
4	Chirukeeraiver, dried and powdered	— lb 1

All these four churnams are mixed together and bottled up.

Dose:

15 to 30 grains may be taken with honey or other suitable anupanams 2 or 3 times a day either alone of with other Baspams.

Decoction:

This churnam compound may be prepared into a decoction in the proportion of 2 ounces of the churnam with 4 lbs. of water, to be boiled and reduced to $\frac{1}{4}$th part and then strained,

Dose:

3 to 4 ounces of this decoction may be given with sugar 2 or 3 times a day in place of the churnam. Ascites cure Nos. I and II may also be prepared into decoction like the above.

Uses:

All kinds of dropsy including jalotharam (ascites) are cured. Only Milk, fruit juices and Barley water may be allowed. Salt, fat, Chillies and Tamarind should be avoided. Pandu, Sobai, Kamalai. and other Liver, Spleen, Kidneys and Heart diseases are appreciably relieved.

17. ASCITES CURE No. 4

Take 4 eggs for adults. Boil about $\frac{1}{4}$ Madras Measure (lb. I) of Cow's milk and pour the milk in a Dabera, add the contents of the four eggs to the milk, add Ashka Sugar, stir well, allow it to become cool a bit and let the patient drink this as the first dose in the morning daily once for about 15 days. It helps copious urination and the abdominal swelling subsides gradually. This is a well experienced, specific for ascites of all kinds particularly for nutritional oedema. (Traditional)

18. AVARAI PANCHANGAM

1. Avaram Virai Churnam — 4 oz.
2. Avaram Verpattai Churnam — 4 oz.
3. Avaram Kolunthu (leaves) Churnam — 4 oz.
4. Avaram flowers Churnam — 4 oz.
5. Avaram Pisin Churnam — 4 oz.

Mixed well and bottled up.

This is made use of for **Padaimarunthu internal** No: II and Diabetic medicines. This is made into a decoction and used as Coffee for Diabetics.

19. AURO CALCIUM OR SWARNA PAVALA MUTHU CHUNNAM

(Special)

1. Swarnam Leaves (Gold Rekku) — one tola
2. Karpura Silajathu (raw) — one tola
3. Narpavalam (raw) purified — one tola
4. Kalnar (raw) purified — one tola
5. Pearls dust (muthu) — one tola

Powdered, mixed as per rules, rubbed together with Milakoi Leaves juice until Gold Leaves are nicely dissolved, Villai is made, enclosed in a pair of agals and subjected to putam with 50 viratties. Very fine chunnam is achieved.

Dose:

½ to one grain with suitable anupanam twice a day

Uses:

All Lung diseases including T. B. Lungs, Diabetes mellitus, Impotency and all skin lesions are cured. This compound parpam can be administered for all pitha and kapha diseases without hesitation.

20. BLOOD PRESSURE STABLIZER No. I OR PITHATHICKAM OR RAKTHA - AZHUTHAM - NIVARANI

(Special)

1. Nar-Jeerakam fried churnam — 1 part
2. Elakkoi arisi fried churnam — ½ part
3. Pachi karpuram, powdered — ¼ part
4. Cheena karkandu nicely powdered — 1 part

All these powders are well mixed and bottled up. This is used for Non-Diabetics.

Dose:

10 to 20 grains may be taken twice a day either with a pinch or two of "**Annabadhi Chenduram**" or Plain well mixed with Lime Fruit Juice and Honey before food for Non-Diabetics.

Uses:

High or low Blood Pressure is regulated or the blood pressure is stablized, Biliousness, Vanthi, Giddiness, reeling sensation and salivation etc. are relieved.

Diet:

Salt, Proteins. Fats and night meal should be avoided or reduced considerably. Liquid diet may be suggested when the disease is severe.

21. BLOOD PRESSURE STABLIZER No. 2 OR PITHATHICKAM OR RAKTHA AZHUTHAM-NIVARANI CHURNAM No. 2

(*Special*)

FOR NON-DIABETICS (HYPERTENSION CURE)

1. Jeerakam fried churnam — 1 part or 12 tolas
2. Elakoi arisi fried churnam — $\frac{1}{2}$ part or 6 tolas
3. Pachi karpuram nicely powdered — $\frac{1}{4}$ part or 3 tolas

These three ingredients are well mixed in a kalvam and then the following ingredients are added one by one or as a whole mixed up powders and mixed them together well :—

4. Chukku churnam — 1/10th part or $1\frac{1}{4}$ tola
5. Milaku churnam — 1/10th part or $1\frac{1}{4}$ tola
6. Thippili churnam — 1/10th part or $1\frac{1}{4}$ tola

7. Kothamalli churnam — 1/5th part or 2½ tola
8. Seemai Amukara churnam— 1/5th part or 2½ tolas
9. White sugar — 30 tolas (or equal to the above 8 drugs)

All these ingrediants are well mixed together and preserved in a stoppered glass jar.

Dose :

5 to 15 grains may be given twice a day well mixed with Lime Fruit Juice and Honey or other suitable anupanams.

Uses :

Hypertension, Giddiness, Biliousnoss, Indigestion, Sluggish Liver, Anorexia, Vanthi Nausea, Flatulance, salivation Vaitruvali are cured or relieved. Vadhakudachal is also relieved.

22. BLOOD SUGAR REMEDY PILL No. 1 OR NAVALOKA KALPA MATHIRAI

(Special)

1.	Nai Pavala Baspam	— 2 Tolas
2.	Kodi Pavala Baspam	— 2 Tolas
3.	Swarna Valai Rasa Chenduram	— 4 Tolas
4.	Muthu Baspam	— 1 Tola
5.	Muppu Cum Andaodu Abreka chunnam	— 2 Tolas
6.	Silver Baspam	— 2 Tolas
7.	Gold Chenduram No. 11 (Purna-Chandrodhyam)	— 1 Tola
8.	Gold Chenduram No. 1 (Pure)	— 1 Tola
9.	Aya Kantha Chenduram	— 3 Tolas
10.	Naga Baspam No. 1	— 3 Tolas
11.	Karuvanga Baspam No. 11	— 1½ Tolas

Mode of preparations :

All the above prepared medicines are mixed together in a Kalvam and rubbed with the following juices in order of frequency :

1.	Cow's milk	for 7 days begining from	8 a. m. to	5 p. m
2.	Nellikoi Juice	,,	,,	,,
3.	Karumbu Juice	,,	,,	,,
4.	Adathodai leaves Juice	,,	,,	,,
5.	White Chandana kkattai decoction		,,	,,
6.	Vilamichamver Kudineer	,,	,,	,,
7.	Kuruver Kudineer	,,	,,	,,
8.	Green & Fresh Manjal Kilangu Juice	,,	,,	,,
9.	Plantain root	,,	,,	,,
10.	Lavangam decoction		,,	,,
11.	Keezhkoi Nelli Juice	,,	,,	,,

After all these juices have been used for rubbing the medicines in Kalvam for 7 days in each juice,

12. **Best Kasthuri ½ tola** is added and again rubbed for a day. When proper waxy consistency is obtained, it is made into pills of 2 grains each, dried in the shade and then preserved in a bottle.

Dose :

One to two pills for a dose once or twice a day may be swallowed with water or other liquids after food.

Uses :

Glycaemia and Glycosurea: Diabetic Neuropathy and other complications are very well responded to. Nervous debility, Impotency, Brain Weakness, piles and General debility etc. are well relieved. Big Gentries suffering from Diabetes Mellitus for long time have appreciated the effect of this medicine.

23. BLOOD SUGAR REMEDY PILL No. 2 OR NERVE VIGOUR PILLS.

(*Special*)

1.	Nai Pavala Baspam	—	8 Tolas or 90 grams
2.	Kodi Pavala Chunnam No. II	—	8 Tolas or 90 ,,
3.	Swarnavalai Rasa chenduram	—	16 Tolas or 180 ,,
4.	Muthu Baspam	—	3 Tolas or 35 ,,
5.	Muppucum Andaodu Abreka Chunnam	—	8 Tolas or 90 ,,
6.	Silver Baspam	—	8 Tolas or 90 ,,
7.	Gold Chenduram No. 1 Pure	—	4 Tolas or 45 ,,
8.	Gold Chenduram No. II or Purna Chandrodhyam	—	4 Tolas or 45 ,,
9.	Ayakantha Chenduram	—	12 Tolas or 135 ,,
10.	Naga Baspam No. 1	—	12 Tolas or 135 ,,
11.	Karuvanga Baspam No. 11	—	6 Tolas or 65 ,,
12.	Pavala vanga Baspam No. 11	—	6 Tolas or 65 ,,
13.	Karpura Silajath Baspam No. IV	—	6 Tolas or 65 ,,
14.	Thiriphla Churnam No.III	—	lb. $\frac{3}{4}$ or 12 ounces.

Mode of preparations :

All the above prepared medicines are mixed together in a Kalvam and rubbed with the following juices in order of frequency :—

1.	Cow's milk for 3 days	from 8 A. M.	to 5	P. M.
2.	Nellikoi Juice	,,	,,	,,
3.	Adathodai leaves juice	,,	,,	,,
4.	White Chandanakatti decoction	,,	,,	,,
5.	Vilamichemver kudineer	,,	,,	,,

6.	Kuruver Kudineer	"	"	"
7.	Green Manjal kilangu juice	"	"	"
8	Plantain root juice	"	"	"
6.	Lavangapoo decoction	"	"	"
10	Keezhkoi nelli juice	"	"	"
11.	Karumbu juice	"	"	"

After these juices have been used for rubbing the medicines in Kalvam for 3 days in each juice, best **Kasthuri** 2 tolas, **Gorojanam** 2 tolas, **Kungumappu** 3 tolas are added, rubbed again for a day and when proper waxy consistency is obtained, it is made into pills of 3 grains each.

Dose & Uses are the same as that of No. 1 Blood Sugar remedy.

24. BLOOD SUGAR REMEDY PILL No. 3

1.	Velvanga Baspam	—	3 tolas or 33 Grams
2.	Karuvanga Baspam	—	3 tolas or 33 Grams
3.	Naga Baspam	—	3 tolas or 33 Grams
4.	Swarna chenduram	—	1 tola or 11 Grams
5.	Purna chandrodhayam	—	1 tola or 11 Grams
6.	Aurocalcium No. II	—	2 tolas or 22 Grams
7.	Narpavala Baspam	—	2 tolas or 22 Grams
8.	Kodipavala Baspam	—	2 tolas or 22 Grams
9.	Swarna Vala:rasa chenduram	—	2 tolas or 22 Grams
10.	Silver Baspam	—	2 tolas or 22 Grams
11.	Muthu Baspam	—	3 tolas or 33 Grams
12.	Muppucum Abreka chenduram	—	8 tolas or 88 Grams
13,	Ayakantha chenduram	—	3 tolas or 33 Grams
14.	Ascorbic acid	—	8 tolas or 88 Grams
15.	Avaraiverpattai extract	—	8 tolas
16.	Panchamarappattai extract (Alam, Aththi, Eththi, Arasu and Naval barks)	—	6 tolas or 66 Grams
17.	Dia Diet	—	16 tolas or 176 Grams

18. Best Kasthuri one tola or 11 grams added in the end. The first 17 ingredients are mixed in a Kalvam as per rules.

JUICES USED FOR RUBBING IN KALVAM

1. Nellikoi juice rubbing for 3 days
2. Pachaimanjal Kilangu juice (Fresh and green turmerice) for 3 'days.
3. Lavangam decoction for 3 days
4. Vellai chandanakattai, Vettiver and Vilamicham-ver -of each 15 tolas made into a decoction as per rules and used for rubbing for 3 days.

N. B.:

Kasthuri is added finally on the last day of rubbing in Kalvam. Then it is rounded into pills of 2 grains each, dried in the shade and bottled up.

N. B.:

This may be converted into Tablets also.

Note:

A RARE INDIAN MEDICINE FOR RADICAL CURE OF DIABETES MELLITUS BY ORAL ADMINISTRATION

"BLDOD SUGAR REMEDY No. 3 PILLS OR TABLETS" are comprised of Thiruvanga Baspam potentiated with Auro-silver Calcium, Abrekam, Aya-kantham, Musk and a number of Anti diabetic herbal extracts. This combination acts gradually in the system, rectifies the disturbed Dhoshas responsible for the on-set of the disease, improves the general health and there-by the blood sugar and urine sugar diathses are satisfactorily cured or controlled in the course of 3 to 4 weeks. Each drug contained in this preparation has got its own remarkable effect on individuals in producing a simul-taneous and collective therapeutic effect upon the disturbed doshas.

Juvenile Diabetes and other cases with complica-tions are all well responded to, without the requirement of insulin. A complex action of these ingredients are found beneficial in Diabetic carbuncles multiple abcesses or other skin reshes with or without Albuminurea. A careful and intermittent prolonged administration of this specific

sure to bring about improvement in the kidney functions. Carbohydrate diet is allowed once a day during the administration of this medicine in simple cases. There is absolutely no toxity or other side-effects but it renders increased activity. Neuritis in Diabetes is marvellously relieved in about 10 days use of the medicine. In Indian medicine these ingredients are spoken of very highly of their potentialities in Diabetes Mellitus. But it all depends on how we combine the various single drugs and herbal juices and how we finish the product finally. After series of struggle by way of scientific experiments, we have discovered this medicine as a suitable specific for Diabetes and we have achieved good results in a good number of Diabetic cases of all ages.

Dose:

One or two pills or tablets to be swallowed with water 3 times a day just before food.

Diet:

Usual Anti diabetic food is allowed, although in simple cases rice is allowed once in the day.

Uses:

Diabetes Mellitus and its complications are cured or controlled to a great extent even in worst cases. It ensures good vitality.

25. BLOOD SUGAR REMEDY PILL No. 4

(Special)

1.	Muppucum Abreka chenduram	- 9 tolas
2.	Karuvanga chunnam No. II	- 3 ,,
3.	Thiruvanga chunnam No. III	- 3 ,,
4.	Pavala Vangam No. III	- 3 ,,
5.	Aurocalcium	- 3 ,,
6.	Naga Baspam No. I	- 3 ,,
7.	Silvar Baspam	- 3 ,,
8.	Kantha chenduram	- 3 ,,
9.	Muthu Baspam	- 2 tolas or 20 grams

10.	Purna chandrodhayam	– 2 tolas or 20 grams
11.	Ascorbic acid	– 9 ,,
12	Avaraivar pattai extract	– 9 ,,
13.	Panchamarappattai extract	– 9 ,,
14.	Murungai pisin	– 6 ,,
15.	Vilampisin	– 6 ,,
16.	Padhampisin	– 6 ,,
17.	Karuvelam pisin	– 6 ,,
18.	Best Kasthuri	–one tola or 10 grams
19.	Gorojanam	– one tola or 10 grams
20.	Kungumappu	– two tolas or 20 grams

JUICES USED FOR RUBBING:

1. Nellikoi juice rubbing for 3 days
2. Pachai Manjal kilangu juice rubbing for 3 days
3. Lavangam decoction (Lavangam 15 tolas, water 2 Madras measures, boiled, reduced to 1/8th part and decanted) rubbing for 3 days.
4. Vellai chandanakattai, Vettiver, Vilamichuver, Kadalalinjil pattai of each 15 tolas, water 8 Madras measures, boiled reduced to 1/8th part, decanted, again this decoction is boiled, reduced to Kulampupakam and used for final rubbing for 3 days.

When it is of proper waxy consistency, it is rounded into pills of kundri size or about 2 grains each, dried in the shade and bottled up.

Note:

Item Nos. 18, 19 and 20 may be added in the begining or at the final stage of rubbing of the process.

Dose:

1 pill to be taken 3 times a day or 2 pills twice a day in severe and complicated cases.

Uses are the same as that of Blood sugar remedy.

Nos. 1 to 3. This is rather a remarkable and assured remedy in all cases of Diabetes Mellitus and its complications.

26. BLOOD SUGAR REMEDY No. 5

1.	Blood Sugar Remedy No. 2	—	17 tolas
2.	Abreka Chenduram No. II	—	8½ tolas
3.	Thiruvanga Chunnam	—	8½ tolas
4.	Silajath Baspam No. 2	—	17 tolas
5.	Kantha Chenduram No. 1	—	8½ tolas

Rubbed with Thiriphala decoction (Thiriphala Churnam 4 ounces, water lbs. 8, boiled and reduced to ¼th part) for 2 days, rounded into pills of grs. 4 each, dried in the shade and bottled up.

Dose & Uses are the same as that of Nos. 1 to 4 Blood Sugar Remedy.

27. BLOOD SUGAR REMEDY PILL No. 6

1.	Abreka Bm.	—	300 grams
2.	Thiruvanga Bm.	—	100 grams
3.	Velvanga Bm.	—	100 grams
4.	Siddha-Makratwaja	—	20 grams
5.	Muthu Bm. 20 grams and Aurocalcium	—	20 grams
6.	Kantha-chenduram No. I	—	75 grams
7.	Ayurvedic Gomoothra Silajath, purified	—	200 grams
8.	Avaraiverpattai extract	—	180 grams
9.	Dia-Diet No. 1 or Diabetic food	—	550 grams
10.	Ascorbic Acid B. P.	—	200 grams
11.	Kasthuri ½ tola (added in the end while rubbing with Lavangam decoction.)		

All the above ingredients are finely powdered, mixed well and rubbed with the following juices and decoctions for 1 or 2 days in each :-

1. Nellikkoi juice
2. Pachai Manjal juice

3. Thiripala decoction (Thiriphala No. 3 = 8 ounces taken, water 2 Madras measures added, boiled, reduced to ¼th part and filtered)
4. Lavangam decoction - (150 grams of Lavangam is taken, water 2 Madras measures added, boiled, reduced to ¼th part and filtered.

Dose and Uses are the same as that of Blood sugar remedies 1 to 5.

28. BLOOD SUGAR REMEDY PILL No. 7

1. Muppucum Abreka chenduram	—	5 tolas
2. Thiruvanga chunnam	—	5 tolas
3. Aurocalcium	—	5 tolas
4. Ayaveeram	—	5 tolas
5. Karuvanga Baspam (Special) No. 4	—	5 tolas
6. Diabetes cure Powder No. 6	—	30 tolas

These six ingredients are mixed together, rubbed with Thiriphala decoction (Kadukoi-thole, Thandrikoi-thole and Nelli vatral of each 2 oz. water 2 Madras mea. reduced to 1/6th part and decanted) rounded into pills of pepper size, dried in the shade and preserved in a bottle.

Dose and Uses are the same as that of Blood Sugar Remedy No. 1 to 6

29. BLOOD SUGAR REMEDY PILL No. 8 OR KAYA KALPA MATHIRAI

(Special)

1. Purna Chandrodhyam No. 1	—	20 grams
2. Vel Vangam Baspam No. I	—	30 grams
3. Nagam Baspam No. I	—	30 grams
4. Iyam chenduram	—	30 grams
5. Kantha chenduram No. II	—	30 grams
6. Abreka chenduram	—	60 grams
7. Rasa chenduram No. 3 or 4	—	30 grams
8. Pearls Baspam	—	30 grams
9. Thiruvanga chunnam No. 3	—	30 grams

All the above ingredients are mixed together, rubbed with Thiriphala decoction for 2 days, made into pills of 2 to 3 grains each, dried in the shade and bottled up.

Dose :

One to two pills to be taken 2 or 3 times a day after food.

Uses :

This is a very good General and Nervine Tonic and a specific for Diabetes mellitus and its complications.

N. B. :

Thiriphala – 6 oz. is taken, water 3 Madras Mea. is added, boiled, reduced to $\frac{1}{4}$th part and used for rubbing.

30. BLOOD SUGAR REMEDY PILL No. 9.

1.	Muppucum Abreka chenduram	—	6 Tolas
2.	Karuvanga chunnam	—	6 ,,
3.	Thiruvanga chunnam No. III	—	6 ,,
4.	Pavala Vangam	—	6 ,,
5.	Avaraiverpattai extract	—	12 ,,
6.	Panchamarappatti extract	—	12 ,,
7.	Murungai Pisin	—	6 ,,
8.	Vadham Pisin	—	6 ,,
6.	Karuvelam Pision	—	6 ,,
10	Vılam Pisin	—	6 Tolas
11.	Best Kasthuri	—	1 tola or 10 Grams
12.	Kungumappu	—	2 tolas or 20 Grams
13.	Gorojanam	—	2 tolas or 20 Grams
14.	Ascorbutic Acid	—	12 tolas

Mixed together as per rules and rubbed with the following juices and decoctions for 2 days in each :-

1. Nellikoi and Pachai Manjal juice combined for 2 days,
2. Lavangam, Vellai chandanakattai, Vilamichu-ver. Vettiver, Kadalazhinjil pattai made into a decoction as per rules for 2 days.

When it is of proper consistency it is rounded into pills of Grains 2 to 4 size, dried in the shade and bottled up.

Dose and Uses are the same as that of Blood Sugar remedy No. 1 to 5

31 BRONCHITIS CURE No. 1

1.	P. M. S. S. Baspam	—	1 oz.
2.	Kasthuri Chenduram	—	2 drams
3.	Thalisathi Churnam No: 3	—	4 oz.

Mixed well and bottled up.

Dose :

2 to 4 pinches or Thirikati dose to be mixed with honey or ghee or butter and taken morning and evening twice a day.

Uses :

Kasam, Swasam, Kshaya-Noi and all other Bronchial diseases are relieved.

32. BRONCHIAL ASTHMA AND EUSINOPHILIC LUNG REMEDY No. 1 OR SWASA-KASA-NIVARANI POWDER

(Special)

1.	P.S. Baspam (Pavalam & Sringi Baspam)	—	2 drams
2.	Kasthuri chenduram	—	2 ,,
3.	Vasantham or Balasanjeevi Powder	—	2 ,,
4.	Swasa Kudori Powder	—	2 ,,
5.	Sivanaramirtham	—	2 ,,
6.	Gowthamar churnam (Thirikadu or Thalisathi churnams also may be used)	—	14 drams
7.	K. M. N. Chenduram	—	2 drams
8.	Thalaka Karuppu	—	2 drams

Well mixed and bottled up.

Dose :

5 to 15 Grains to be taken morning and evening well mixed with honey.

Uses :

Kasam, Swasam. Kayanoi, Jwaram and Marpunoi etc. are cured. Particularly Bronchial Asthma and Eusinophilic Lung are relieved. Very promising remedy.

33. BRONCHIAL ASTHMA POWDER No. 2.

1.	Bronchial Asthma Pills powdered	—	1 part
2.	P. S. S. Baspam	—	1 part
3.	Kasthuri Chenduram	—	1 part

To be mixed and bottled up

Dose :

1 to 2 pinches with Thalisathi churnam 2 pinches and honey.

Uses :

Bronchial Asthma and Eusinophilic Lung are cured.

34. BRONCHIAL ASTHAMA CURE POWDER No. 3
(*Special*)

1.	Swasakudori No. I Powder	—	4 drams
2.	Pavala chunnam No. 3	—	1 dram
3.	Sringi Baspam	—	1 dram
4.	Kasthuri Chenduram	—	1 dram
5.	Thalisathi churnam	—	1 oz.

Mixed well and bottled up.

Dose:

5 to 10 grains 2 or 3 times a day well mixed with honey.

Uses :

Kasam, Swasam, Kshyam, and Eusinophilia of the lung are relieved. Bronchial asthama is very well controlled.

35. BRONCHIAL ASTHAMA CURE SOLUTION

1.	Swasakudori pills No. 1	—	4 oz Powdered
2.	Vellai Erukkan flowers juice	—	8 oz
3.	Kuppaimeni leaves juice	—	8 oz
4.	Kammaru Vertilai juice	—	8 oz
5.	Honey	—	1 lb

Mixed well and preserved in a bottle for 40 days, then filitered and then used.

Dose :

One teaspoonful with hot water 2 or 3 times a day or when there is an attack of Asthama

Uses :

Bronchial Asthama and Eusinophilic Lung are relieved.

36. DR. M. S. VELU'S BRONCHIAL ASTHMA SPECIFIC No. 1

1.	Ulantha Linga kattu chenduram	—	4 p. w.
2.	Rasa chenduram No. III (or Swarna Valai Rasa chenduram)	—	8 p. w.
3.	Kalamega Narayana Chendurum	—	8 p. w.
4.	Naga chunnam No. I	—	8 p. w.
5.	Pavala Chunnam No. II	—	8 p. w.
6.	Muthu Chippi Baspam	—	8 p. w.
7.	Palakarai Baspam	—	8 p. w.
8.	Sringi Baspam No. I	—	8 p. w.
9.	Sanghu Baspam No. I	—	8 p. w.
10.	P. S. M. M. Baspam	—	8 p. w.
11.	Muppu chunnam	—	4 Pinches
12.	Gorojanathi Pills (Special)	—	8 p. w.
13.	Pachai Karpuram No. I quality	—	12 p. w.
14.	Menthol	—	4 p. w
15.	Thymol	—	8 p. w.
16.	Quinine Hydrochloride	—	12 p. w.
17.	Best Kungumapoo		4 Tolas
18.	Posthekoi thole 10 palams pounded, made into a concentrated decoction		

as per rules by adding about 12 Madras measures of water, reducing it to 1/8th part, filtered or strained and Rasa-kriya prepared out of it. This is dried in the hot, sun and bottled up. This Posthekoi-thole extract — 12 p. .w is added in this process.

19.	Best Musk	— ½ tola
20.	Otto Rose	— 1teaspoonful
21.	Elakoi arisi churnam	— ½ palam
22.	Kadukoi thole churnam	— ½ "
23.	Omum churnam	— ½ "
24.	Chukku churnam	— ½ "
25.	Milaku churnam	— ½ "
26.	Thippili churnam	— ½ "
27.	Karunjeerakam churnam	— ½ "
28.	Chirunagappoo churnam	— ½ "
29.	Seemai Athividayam churnam	— ½ "
30.	Valmilaku churnam	— ½ "
31.	Best Jathi-kottam churnam	— ½ "
32.	Kattathipoo churnam	— ½ "
33.	Lavangam churnam	— ½ "
34.	Athimathuram churnam	— ½ "
35.	Akkarakaram churnam	— ½ "
36.	Chitharathai churnam	— ½ "
37.	Best Honey (Q. S. or about lb. 1 to make the consistency waxy)	

All the above ingredients are mixed together as per rules in a kalvam, rubbed well with Honey adding little by little and made into pills of 1 to 2 Kundri size or 2 grains size each. It is better to bottle up the waxy mass so that it may be dispensed in empty gelatin capsule or as pills to be taken well mixed with honey as and when necessary.

One capsule for a dose may be swallowed with water or in the form of a pill may be taken well mixed with honey, two or three times a day before food or as and when there is an attack. This specific may be used both as prophylactic and as a prompt curative.

Bronchial Asthma, Eusinophilic Lung, Cardiac asthma and all Pitha-kapha or vatha kapha diseases are cured.

37. Dr. M. S. VELU'S BRONCHIAL ASTHMA SPECIFIC No. II (IMPROVED METHOD)

1.	Ulantha lingha kattu chenduram	—	4 p. w.
2.	Swerna Valai Rasa chenduram	—	8 ,,
3.	Kalamaga Narayana chenduram	—	8 ,,
4.	Naga chunnam No. I	—	8 ,,
5.	Pavala Veera chunnam	—	8 ,,
6.	Muthu chippi Baspam	—	8 ,,
7.	Palakari Baspam	—	8 ,,
8.	Sringi Baspam	—	8 ,,
9	Sanghu Baspam	—	8 ,,
10.	P. S. M. M Baspam	—	8 p. w.
11.	Muppu chunnam	—	½ ,,
12.	Gorojanathi pills	—	8 ,,
13.	Sarparajan Gutika	—	8 ,,
14.	Pachai Karpuram	—	12 ,,
15.	Menthol	—	8 ,,
16.	Thymol	—	4 ,,
17.	Qninine Hydrochloride	—	12 ,,
18.	Best Kungumappu	—	12 ,,
19.	Posthekoithole 10 palams made into a concentrated decoction as per rules filtered again Rasakriya prepared out of it dried and taken (ie. Posthekoithole extract	—	12 p. w.
20.	Best Musk	—	½ tola
21.	Otto Rose	—	One teaspoonful
22.	Thalaka chenduram or Thalaka Karuppu	—	4 p. w.
23.	Sivanaramirtham	—	½ palam or 5 p. w.
24.	Elakkoi arisi churnam	—	½ palam or 5 p. w.
25.	Kadukkoi thole churnam		of each 5 p. w.
26.	Omum churnam		of each 5 p. w.
27.	Chúkku churnam		of each 5 p. w.
28.	Milaku churnam		of each 5 p. w.
29.	Thippili churnam		of each 5 p. w.
30.	Karunjeerakam churnam		of each 5 p. w.
31.	Chirunagappu churnam		of each 5 p. w.
32.	Athividayam churnam		of each 5 p. w.

33. Jathikottam churnam
34. Valmilaku churnam
35. Kattathippu churnam
36. Athimathuram churnam
37. Lavangam churnam
38. Akarakaram churnam
39. Chithrathai churnam
40. Thippili mulam churnam

of each 5 p. w

All the above ingredients are nicely powdered, mixed together in a Kalvam as per rules, rubbed well with honey little by little into waxy consistency and bottled up'

Dose :

About pepper size or 2 Grs. may be taken well mixed with honey or enclosed in a gelatin capsule or sugar, 2 or 3 times a day or as and when necessary.

Uses :

Bronchial and cardiac Asthma are relieved. So also Eusinophilia of the Lungs is responded to. Pitha kapha or Kapa Vatha diseases are also well treated.

38. BRONCHIAL ASTHMA CURE SPECIAL (PREPARED OUT OF NAGA CHUNNAM No. I)

1. Naga chunnam No. I — one part
2. Thirikadugu churnam or Panchadeepagni churnam — 5 parts

These two ingredients are well mixed together and bottled up.

Dose :

5 to 15 grains may be given twice a day, well mixed with honey or Cow's ghee or butter or other suitable anupanams.

Uses:

Kasam, Swasam, Kshyam, Eraippu Noi, and indigestion etc. are cured. Particularly this medicine

is useful in severe type of Bronchial asthma. Piles, Flatulance and Mahodaram are also well responded to.

RESEARCH SIDDHA MEDICINES USES ON CANCER LEUAEMIA, PSORIASIS AND ALL OTHER WORST SKIN DISEASES IN THE SIDDHA RESEARCH LAB COIMBATORE FROM 1—4—61 TO 30—6—72

39. CANCER CURE No. 1

1. K. M. N. Chenduram
2. Rasa Chenduram No. 2
3. Parangi Pathangam
4. Mirudarsingi Baspam
5. Karuvanga Chenduram
6. Nagasangu Baspam
7. Pavala Chunnam No. 2
8. Sringi Baspam No. 2
9. Iyakantha Chenduram or K. M. N. Chenduram

} of each equal parts or 1 oz. each

10. Muppu Guru Chunnam —30 grains.

Mixed well and bottled up.

Dose :

2 to 4 grains B. D. with Parangi Churnam Co. or Elathi Churnam Co. and Honey.

Uses :

Cancer, Leprosy, all worst Skin Diseases, Lung troubles and fever etc. are cured.

40. CANCER CURE No. 2

1.	Copper Baspam or Chenduram	— 2 drams
2.	Thiruvanga Chunnam No. 1	— 4 ,,
3.	K. M. N. Chenduram	— 4 ,,
4.	Rasa Chenduram No. 2 or No 4	— 4 ,,
5.	P. S. M. M. Baspam	— 2 oz
6.	Aya Veera Chenduram	— 4 drams
7.	Gold chenduram	— ½ dram
8.	Muthu Baspam	— ½ dram
9.	Muppu Guru Chunnam	— 30 grains

Mixed well and bottled up.

Dose & Uses are the same as that of No. 1 Cancer cure.

41. CANCER CURE No. 3

1.	K. M. N. Chenduram	— 4 drams
2.	Swarna Valai Rasa Chenduram or Rasa Chenduram No. 3	— 4 ,,
3.	Thiruvanga Chunnam No. 1 or 2	— 4 ,,
4.	Iya Veera Chendurm	— 4 ,,
5.	Copper Baspam or Chenduram	— 2 ,,
6.	Ghendaka Baspam	— 4 ,,
7.	P. S. M M. Baspam	— 18 ,,
8.	Gold Chenduram	— ½ dram
9.	Muthu Baspam	— ½ dram
10.	Muppu Guru Chunnam	— 30 grain

Mixed well and bottled up

Dose & Uses are the same as that of No. 1 & 2 of Cancer cure.

42. CANCER CURE No. 4

1.	K. M. N. Chenduram	of each 2 drams
2.	Rasa Chenduram No. 2	
3.	Parangi Pathangaam	
4.	Karuvanga Chenduram	
5.	Nagasangu Baspam	
6.	Pavala Chunnam	grains 5 each
7.	Muthu Chippi Baspam	
8.	Sringi Bm.	
9.	Ghendaga Bm.	
10.	Muppu Guru Chunnam	

Mixed will and bottled up.

Dose & Uses are the same as that of No. 1 to 3 cancer cure.

43. CANCER CURE No. 5

1.	Copper Chenduram	— 1 tola
2.	Gold Chenduram	— 1 to a
3.	Aya Kantha Chenduram	— 1 tola
4.	Annabedhi chenduram	— 1 tola

All these are special preparations meant for special use in this compound (Vide Chenduram Chapter A. B C. & D.)

These are mixed well and bottled up.

Dose :

2 to 3 grains B. D. with Parangi Pattai Churnam Co. gr. 10 and Honey or with any other suitable anupanams.

Uses :

Cancer, Leprosy, Psoriasis, other Serious Skin lesions, Gunmam, Soolai Noi, Pandu, Sobai, Kamalai and Mahodaram etc. are cured.

44. CANCER CURE No. 6 OR THURUSU BASPAM SPECIAL PROCESS

Purified black Vangam or Karieyam	—	$1\frac{1}{4}$ ounce
Patharasam Purified	—	$1\frac{1}{4}$ ounce

Thonthippu is made as per rules and Vangam becomes brittle. This is then powdered in a Kalvam and Vediuppu (Potassi Nitras) — $2\frac{1}{2}$ ounce (i. e. equal to the weight of the former two drugs.) is added. Both together are rubbed with Vediuppu Dravakam about 4 ounces. Villai is made. enclosed in a pair of agals, clay cloth seven layers are provided to the margin of the agales, dried and is subjected to putam with 25 viratties. On being cooled it is taken out, weighed $7\frac{1}{2}$ tolas. This is known as "**Karu Vanga Chunnam**".

This is again rubbed with Vediuppu Dravakam into a paste and with this Paste Kavacham is made to a single big crystal of Copper Sulphate, actual blue stone or (மயில்துத்தம்) weighing about 4 Tolas. This is then exposed to the sun to be well dried.

Thereafter this Copper Sulphate Kavacham is subjected to laghu putam of 25 viratties under cover of Karchunna powder or Tamarind Bark burnt up ash in a pair of agals as per rules. On being Cooled the medicine

is taken out and the Copper Sulphate Baspam alone is secured which is pure white. This Thurusu Chunnam is said to be "**Cancer Cure No.** 6"

Dose:

½ to 1 grain B. D. with a suitable anupanam.

Uses:

This is a specific for Cancer, Leprosy, Gunmam, Soolam, psoriasis, Worst Skin diseases, Vranams, Liver diseases, ascites and acts similar to well finished Copper Parpam, Chenduram or Chunnam.

Note:

This Thurusu Parpam may be used for preparing Moist Cobra Venom Parpam No. 1

(2) The External Kavacham burnt up chunnam may be dissolved in water and applied externally over ascitis or other dropsy of the extremities with a very good response.

45. CANCER CURE No. 7

1.	Dr. M. S. Velu's Rasa Parpam Devamirtha	}	2 drams
2.	K. M. N. Chenduram	}	2 drams
3.	Swarna Valai Rasa Chenduram	—	2 drams
4.	Agni Kumari	—	2 drams
5.	Ghendaka Chenduram	—	2 drams
6.	Iya Veeram No. 1	—	4 drams
7.	K. A. R. Chenduram	—	2 drams
8.	Muthu Baspam	—	1 dram
9.	Kalananda Gowri Rasam	—	1 dram
10.	Neelkanda Valarirasam	—	2 drmas
11.	Naga Baspam	—	4 drams
12.	Purnachandrodhayam	—	2 drams
13.	Karuvanga Chenduram	—	4 drams
14.	Navathambira baspam or Thambira Baspam	—	2 drams
15.	Bhramastharam	—	2 drams

All these are mixed together and bottled up.

Dose :

2 to 4 grains B. D. with Parangi Pattai Churnam and :Honey.

46. CANCER CURE No. 8

1.	Neelakanta Valai Modified	— 1 dram
2.	K. M. N. Chenduram	— 1 dram
3.	Kadikara Chenduram	— 2 drams
	Swarnavalai rasa Chenduram	} 1 dram
5.	Ghendaka Baspam	— 1 dram
6.	Annabedhi Chenduram	— 2 drams
7.	Rasa Chenduram No. 4	— 1 dram
8.	P. C. Baspam	— 2 drams
9.	Purnachandrodhayam	— 1 dram
10.	Epithelioma Cure No. 3	— 4 drams
11.	Linga Chenduram	— 1 dram

Mixed well and bottled up.

Dose :

1 to 2 pinches B. D. with Cow's butter or other suitable anupanam.

Uses :

Very useful in Epithelioma and in all kinds of Cancer.

47. CANCER CURE No. 9

Cancer cure No 3 powder	Of each 2 drams.
Cancer cure No. 1	
Margandan Rasa Chenduram or Paranjothi Chenduram or Rasa Chenduram No. 5	
Thambira Parpam Special	
Purnachandrodhyam	
Pavalam Baspam	2 drams
Sringi Baspam	2 drams
Silajathu Baspam	2 drams

Mixed well and bottled up.

Dose :

1 pinch of this compound chenduram with 3 to 4 pinches of Margosa Kalpam to be taken with best Honey and Cow's Ghee morning and evening just before food

Uses :

Leprosy, Cancer and all worst skin diseases are cured.

48. CANCER CURE No. 10

1. Linga Rasa Padikara Baspam
2. Parangi Pathangam
3. Ayaveeram
4 Karuvanga Chenduram
5. K. M. N. Chenduram
6. Purnachandrothayam Chenduram
7. Sivanaramirtham
8. Ayakantha Chenduram

} of each one grain

Mixed well for a single dose and given B. D. in No. 2 Capsules or parangi Churnam Gr. 3 may be added and taken B. D. with honey.

49. CANCER CURE No. 11
LINGARASA PATHANGAM PADIKARA PARPAM COMPOUND

1. Lingarasa Pathangam — 1 part
2. Padikara Baspam — 4 parts.

Mixed well and bottled up.

Dose .

2 grains B. D. with Palm Jaggery or in capsules

Uses:

Cancer, Leprosy, Psoriasis, all worst skin diseases, Gunmum, Soolai, Vranam, Sinuses, Fistulas, Liver diseases, Joint diseases, Pandu, Sobai, Kamalai, Peruvayiru and ever so many serious ailments are cured.

CANCER CURE No. 12
BEST THURUSU BM. OR SARPA VIPA THURUSU BASPAM (SPECIAL)

Thurusu purified in Buttermilk, powdered and fried white weighing — 2 oz.

Cobra Venom fresh 16 ml. was added to it direct into the bottle, stirred well with a glass rod and exposed to the sun. Then powdered and bottled up. While the Venom was being powdered and mixed, it was actually boiling and became too hot. It was allowed to cool and then powdered.

This is the original Cobra Venom Moist Thurusu Baspam.

Dose :

1/8 to ¼ grain B. D. with suitable anupanam.

Uses :

Cancer & Heart diseases are cured.

51. CANCER CURE No. 13 OR THURUSU COBRA VENOM BASPAM CO

Original Cobra Moist Venom Thurusu Baspam	2 drams
Best Kasthuri Kungumappu Gorojanam	of each ½ dram powdered and added.

Dose :

½ to 1 grain B. D. with honey or other suitable anupanam.

Uses :

All kinds of Cancer and All Worst Heart Diseases are cured.

52. CANCER CURE No. 14 OR DRY SARPA VIDA BM. CO

Cobra Venom dried original	—	1 dram
Kasthuri, Kungumappu, Gorojanam P.N. Chendrodhayam	}	of each $\frac{1}{2}$ dram is added.
K. Silajathu BM.	—	2 oz. is also added

Mixed well and bottled up.

Dose and Uses are the same as that of Cobra Venom Moist Thurusu BM. Co.

53. CANCER CURE No. 15

1. Annabedhi Chenduram 2. Mirudarsingi Parpam 3. Aya Chenduram	}	of each 2 drams
4. M. M. Cure N o: 1 & 2	—	of each 4 drams
5. Navarkottai Churnam	—	1 oz.

Mixed well and bottled up.

Dose :

2 to 4 pinches B. D. with Plantain fruit.

Uses :

Uterine bleeding (menorrhagia &meterrhagia) is controlled. Treat for the Cancer side by side.

54. CANCER CURE No. 16 (FOR FEVER OR PYREXIA IN CANCER CASES.)

1. Linga Kattu Chenduram	—	1 gr.
2. Kasthuri Chenduram	—	1 gr.
3. Silajathu Parpam No. 1	—	3 grs.
4: Sudarsana Churnam or Thalisathi Churnam	}	10 grs.

Mixed for a dose and given B. D. with Honey followed by Vida a Jwaram Kutineer or Vishnukranthi decoction.

55. CANCER CURE PILL No. 1

1.	Cancer Cure Powder No. 7	— 1½ oz.
2.	Ascorbic Acid	— 3 oz.
3.	Navaneetha Bespam	— 1 oz.
4.	Parangi Pathangam	— 1 oz.
5.	Parangi Churnam Co.	— 1½ oz.

Rubbed with Thiriphala decoction for 2 or 3 days by using the Pashana Cum MettallicKuzhavi (Pestle) on a Grinding stone and pills of Kundri size are rounded. Dried in the shade and bottled up.

1 Pill T. D. S. or 2 pills B. D.

Cancer, Leprosy, Psoriasis, Perforating ulcer foot, or Vascular insufficiency of the feet, all worst skin diseases: Vranams, Joint diseases, Gunmam, Hemiplegia Paralysis, Soolainoi, Valinoi, Hypertrophic Cirrhosis of the Liver and ever so many big diseases are well responded to.

56, CANCER CURE PILL No. 2

1.	Cancer Cure Powder No. 7	— 1½ oz.
2.	Ascorbic Acid	— 3 drams
3.	Parangi Pathangam	— 3 drams
4.	Kadikara Chunnam	Of each 1 dram
5.	Dr. M. S. Velu's Devamirtha Rasa Baspam	Of each 1 dram
6.	Swarnavalai rasa Chenduram	Of each 1 dram
7.	Ghendaka Chenduram	Of each 1 dram
8.	Bhramasthram	Of each 1 dram
9.	Kalananstdha Gowri Rasa	Of each 1 dram
10.	Neelakanta valai	Of each 1 dram
11.	K. M. N. Chenduram	— 2 drams
12.	Navaneetha Baspam	— 1 oz.
13.	Parangi Churnam Co.	— 3 oz.

All are mixed together, rubbed with Thiriphala decoction, rounded into pills of pepper size, dried in the shade and bottled up.

Dose:

1 to 2 pills B. D. with suitable anupanam.

Uses:

Same as that of Cancer Cure powder No. 7.

57. CANCER CURE PILL No. 3.

1.	Dr. M. S. Velu's Devamirtha Rasa Baspam	—	3 drams
2.	K. M. N. Chenduram	—	4 ,,
3.	Swarnavalai rasa chenduram	—	4 ,,
4.	Agni Kumari Chenduram	—	4 ,,
5.	Ghendaka Chenduram	—	4 ,,
6.	Aya Veeram Chenduram	—	2 ,,
7.	K. A. R. Chenduram	—	4 ,,
8.	Muthu Baspam	—	4 ,,
9.	Kalananda Gowri Rasam (plain)	—	2 ,,
10.	Naga parpam No. 1	—	4 ,,
11.	Neelakantha Valai Rasam (plain)	—	2 ,,
12.	Purna Chandrodhayam	—	4 ,,
13.	Karuvanga Chenduram	—	4 ,,
14.	Thambira Baspam	—	2 ,,
15.	Bramasthram	—	2 ,,
16.	Parangi Pathangam	—	4 ,,
17.	Stomatitis Cure No. 2	—	4 ,,
18.	P. S. S. M. M. Baspam	—	4 ,,
19.	Annabedhi Chenduram	—	4 ,,
20.	Ascorbic Acid	—	4 ,,
21.	Nellikoi Juice powder	—	4 ,,
22.	Parangi Churnam Co.	—	8 ,,
23.	Bhupathy Chenduram	—	2 ,,
24.	Ponnimilai Chenduram	—	4 ,,
25.	Mega Ooral Chenduram	—	2 ,,
26.	Swayamagni Chenduram	—	2 ,,
27.	Narpavala Parpam	—	4 ,,
28.	Kasthuri Chenduram	—	4 ,,
29.	Ghendaka Baspam	—	4 ,,
30.	Shavarkara Chunnam	—	4 ,,
31.	Mirudharasingi Baspam	—	4 ,,
32.	Ayathanga Chenduram	—	4 ,,
33.	Muppu Guru	—	1 dram.
34.	Kadikara Chunnam	—	2 ,,
35.	Aurocalcium	—	2 ,,
36.	Sarparaja Gutika powder	—	2 ,,

All kinds are mixed together, rubbed with Thiriphala decoction for 2 days, rounded into pills of ulanthu size, dried in the shade and bottled up.

Dose, Uses and anupanam are the same as that of No. 1 & No. 2 Cancer Cure pills.

N. B :

It is worth while trying this pill in almost all incurable diseases as an Universal remedy.

58. CANCER CURE PILLS No. 4

1.	Linga Rasa Pathangam from Ayakantha Chenduram (2 Erippu)	—	6 tolas
2.	Ghendaka Bm. No. 1	—	6 tolas
3.	Ulantha Linga Chenduram	—	3 tolas
4.	Purified Rasa Karpuram	—	3 tolas
5.	Rasa Chenduram No. 1	—	3 tolas
6.	Padikara Bm.	—	1 tola
7.	Purified Thalakam	—	1 tola
8.	Purified Manoshilai	—	1 tola
9.	Parangi Pathangam	—	1 tola
10.	Purna Candrodhyam	—	1 tola
11.	Karuvanga Chenduram	—	1 tola
12.	K. M. N. Chenduram	—	1 tola
13.	Eight Kattoos powdered	—	1 tola
14.	M. V. Baspam	—	1 tola
15	P. C. Baspam	—	1 tola
16.	Elathi Churnam	—	8 tolas

All these 16 ingredients are rubbed together in a Kalvam with Lime fruit juice, made into pills of Ulanthu size, dried in the shade and preserved in a bottle.

Dose : 1 to 2 pills B. D.

Uses :

Cancer of all types including Leucaemia, Leprosy, Psoriasis and other worst skin diseases, worst vranams, joint diseases, Gunmam, Soolam, Fevers of all kinds and Janni etc are well responded to.

59. CANCER CURE PILL No. 5.

1.	Lingarasa Pathangam	—	3 Tolas
2.	Purified Ghendagam	—	3 ,,
3.	Ulantha Linga Kattu Chenduram	—	3 ,,
4.	Purified Rasa Karpuram	—	3 ,,
5.	Swarnavalairasam Chenduram (or Purified Rasa Chenduram)	—	3 ,,
6.	Purified Thalakam	—	3 ,,
7.	Purified Manoshilai	—	2 ,,
8.	Parangi Pathangam	—	3 ,,
9.	Neelakantavalairasam	—	2 ,,
10.	Kalanantha Gowri Rasam	—	1 ,,
11.	K. M. N. Chenduram	—	3 ,,
12.	Purna Chendrodhyam	—	2 ,,
13.	13 Powerful mercurial Kattoos Powdered.	—	1 ,,
14.	Karuvanga Chenduram	—	3 ,,
15.	Copper Chenduram	—	1 ,,
16.	Bhramasthram	—	2 drams
17.	P. C. Baspam	—	3 Tolas
18.	Ayakantha Chenduram	—	3 Tolas.
19.	Arumuga Chenduram	—	3 ,,
20.	K. A. R. Chenduram	—	3 ,,
21.	Agni Kumari	—	2 ,,
22.	Moist Cobra Venom Bm. original	—	15 grains
23.	Sringi Baspam	—	3 Tolas
24.	Karpura Silajathu Baspam	—	3 Tolas
25.	Elathi Churnam Co.	—	12 ,,

Mixed well, rubbed with a decoction of Margosa Kalpam (prepared as per rules). for 2 days, rounded into pills of Ulanthu (Black gram), si , dried in the shade and preserved in a bottle.

Dose:

1 to 2 pills B. D. or T. D. S. with suitable anupanam.

Uses:

The same as that of Cancer Cure pills Nos. 1 to 4.

60. RASAGHENDI MELUGU NEW No. 1 FOR CANCER

1.	Purified Valairasam or Lingarasa Pathangam	—	6 Tolas
2.	Purified Ghendagam	—	6 ,,
3.	Purified Ulanthalingam or Linga Kattu Chenduram.	—	9 drams
4.	Purified Rasakarpuram	—	9 ,,
5.	Purified Rasa Chenduram or Rasa Chenduram No. 2 or No. 3	—	9 ,,
6.	Vediuppu Kattu Chunnam	—	9 ,,
7.	Purified Thalakam	—	3 ,,
8.	Purified Manoshilai	—	2 ,,
9.	Parangi Pathangam	—	3 ,,
10.	K. M. N. Chenduram	—	9 ,,
11.	Parangi Churnam Co.	—	5 ounces
12.	Elathi Churnam Co.	—	5 ,,

Mode of preparation : Rasam and Ghendi are rubbed together in a Kalvam for an hour or two. Then items 3 to 10 are added and rubbed one by one as per rules for another 1 or 2 hours, finally Parangi Churnam and Elathi Churnam Co. are added and rubbed for 3 hours adding cow's ghee and honey -Quantity sufficient to make the medicine compound into waxy consistency. (About) 8 ounces of ghee and 8 ounces of Honey may be used or the quantity of these two may be reduced according to the need.)

Dose .

About the size of a small Elandai seed may be enclosed in Jaggery or Karumbu Sharukarai or enclosed in Gelatin Capsule No. 2 size and swallowed B. D.

Uses:

Cancer, Leucaemia, Leprosy, all worst skin diseases, Joint diseases, Gunmam and Soolai Noi and ever so many serious ailments are cured.

61. ASAGHENDI MELUGU NEW-No. 2 FOR CANCER

1.	Lingarasa Pathangam	—	8 Tolas
2.	Purified Ghendakam	—	8 ,,
3.	Uvantha Linga Kattu Chenduram	—	4 ,,
4.	Purified Rasakarpuram	—	4 ,,
5.	Purified Rasa Chenduram or Rasa chenduram No. 2 or 3.	—	4 ,,
6.	Purified Thalakam	—	1 tola
7.	Purified Manoshilai	—	1 tola
8.	Vediuppu Kattu Chunnam	—	4 tola
19.	K. M. N. Chenduram	—	4 ,,
10.	Parangi Pathangam	—	4 ,,
11.	Purna chandrodhayam	—	2 ,,
12.	13 mercurial Kattoos powdered	—	1 ,,
13.	Muppu Guru chunnam	—	½ dram
14.	Parangi churnam Co.	—	6 oz.
15.	Elathi Churnam Co.	—	6 oz.
16.	Cow's Ghee	—	8 oz. } or Q. S.
17.	Honey	—	8 oz. } or Q. S.

Prepared as per rules by rubbing in a Kalvam into melugu pakam.

Dose and **Uses** are the same as that of Rasaghendi Melugu New No. 1.

62. EPITHELIOMA CURE No. 1.

1.	Padika Vengkara Baspam	Of each equal parts.
2.	Kun[illegible]ilya churnam	
3.	Shavarkara Chunnam	
4.	Nellikoi juice powder	

Mixed together and bottled up.

Dose :

4 to 8 grains B. D. with Cow's butter. At the same time Gorgle Churnam made into a decoction may be used as gorgle.

Uses:

Epithelioma in the mouth or throat and Stomatitis are cured.

63. EPITHELIOMA CURE No. 2

1.	Padiga Vengkara Baspam or Padikara Bm. or Navaneetha Bm.	Of each equal parts
2.	Kungilya Baspam.	
4.	Shavarkara Baspam	
3.	Annabedhi Chenduram No. 3 or 4	
5.	Nellikoi juice powder	

Mixed well and bottled up.

Dose:

Cancer or other Ulcer in the mouth, throat, oesophagus and digestive tract are cured.

64. EPITHELIOMA CURE No. 3

1.	Annabedhi Chenduram No. 3 or 4	— 1 part
2.	Sringi Baspam No. 1 or 2	-- 2 parts
3.	Padiga Vengkara Bm or Padikara Bm. or Navaneetha Bm.	1 part
4.	Shavarkara chunnam	— 1 part
5.	Nellikoi juice powder.	— 1 part
6.	Thiriphala Churnam	— 4 parts

Mixed well and bottled up.

Dose and **Uses** are the same as that of No. 2 Epithelioma Cure.

65. EPITHELIOMA CURE No. 4

1.	Stomatitis Cure No. 2	— 1 part or 1 oz.
2.	P. S. S. Baspam	— 1 part or 1 oz.
3.	Annabedhi Chenduram	— 1 part or 1 oz.

4. Aya Chenduram — 1 part or 1 oz.
5. Ascorbic Acid — 2 parts or 2 ozs.
6. Nellikoi juice powder — 2 parts or 2 ozs.

Mixed well and bottled up.

Dose and Uses 1 to 2 pinches to be taken with cow's butter morning and evening before food. Pharyngitis, Stomatitis and Epithelioma are cured.

66. EPITHELIOMA CURE No. 5

1. Epithelioma Cure No. 2 or No. 3 — 4 parts
2. K. Silajathu Baspam No. 1 — 2 parts
3. Satha Sanjeevini Bm. or Garuda-pachai leaves Bm. } 1 part

Mixed well and bottled up.

Dose and Uses are the same as that of No. 3 & 4 of Epithelioma Cure

67. EPITHELIOMA CURE No. 6

1. Cancer Cure No. 1 — 2 grains
2. Stomatitis Cure No. 2 — 2 grains
3. K. Silajathu Bm. — 2 grains
4. Annabedhi Chenduram — 2 grains
5. Parangi Churnam-Co. — 5 grains

Mixed well for a dose B. D. with cow's butter or honey. In addition, gorgle churnam is prepared into a decoction and used for gorgle.

68. EPITHELIOMA CURE No. 7

1. Annabedhi Chenduram }
2. Padika Chenduram } of each 1 oz.
3. K. Silajathu Baspam }
4. Thiriphala churnam — 4 oz.

Mixed well and bottled up.

Dose and Uses are the same as that of No. 3 Epithelioma Cure.

N. B. Shantarasa parpam or jathilinga parpam and jayarasa parpam are also used in Cancer and other serious ailments. Preparation under chapter I Parpam and S. V. Thirattu.

69. CHRONIC BRONCHIETESIS REMEDY

1. Thalaga Baspam
2. K. M. N. Chenduram
3. P. C. Baspam
4. Br. Asthma remedy
5. Ch. Bronchitis cure
6. Br. Asthma & Eusino-Lung remedy (Spl.)

} of each 1 dram.

Mixed well and bottled up.

Dose :

2 pinches B. D. with honey. (2) Naikanai Ennai 1 teaspoonful B. D.

Uses :

Kasam, Swasam & Kayam particularly Bronchietesis are relieved.

70. CHRONIC RHINITIS AND SINUSITIS CURE.

1. Kasthuri Karuppu
2. P. C. Baspam
3. Parangi Pathangam
4. Ayaveeram
5. Sivanaramirtham
6. K. M N. Chendnram
7. Thanga Linga Chenduram

} of each 1 tola

8. Thalisathi Churnam No. 3 — 14 Tolas

Mixed well and bottled up

Dose :

1 to 2 pinches B. D. with Parangi churnam Co. grains 5 and honey may be taken

Uses:

Chronic Rhinitis and Sinusitis are cured. All kinds of Peenasa Noi are relieved.

71. MAXILIARY SINUSITIS & CH. RHINIIS CURE No. 2.

Sivanaramirtham, Ayaveeram, Kasthuri chenduram, P. C. Parpam, parangi Pathangam, Silajathu Bm. K. M. N. Chenduram, Vasantham, pills of each grains 2 parangi churnam co. grains 5 mixed for one dose.

72. CHRONIC RHINITIS WITH SINUSITIS REMEDY No. 3

1. P. C. Baspam
2. kasthuri karuppu
3. Sivanaramirtham
4. Ayaveeram
5. K. M. N. Chenduram
6. Thangalinga Chendurem
7. Thalisathi Churnam

} Of each one part or 2 drams

Mixed well and bottled up.

Dose:

2 pinches B. D. or T. D. S. to be taken with honey.

Uses;

Peenasam, Kasam, Swasam, Kayanoi, Angina, Pecforis (mudravayu) Kozhaikattu Sinusitis and Rhinitis etc are promptly relived.

73. PEENASM NOI REMEDY OR CH.RHINITIS SINUSITIS REMEDY No. 4.

1.	Sivanaramirtham	— grains	2
2.	Vasantham (powdered)	— ,,	2
3.	Kasthuri Karuppu	— ,,	2
4.	P. C. Bm.	— ,,	2
5.	Thalisathi Churnam	— ,,	5

Mixed for one dose B.D. with honey.

Uses :

Peenasa Noi, Thummal (sneezing), Sinusitis, Phinitis, Kasam, Swasam, Kshayam are cured.

74. CHERUKKU NOI NIVARANI OR PERANDA BASPAM COMPOUND.

1.	Peranda Baspam No. 1 & 2 of each	— 50 grams
2.	Kasthuri Chenduram	— 10 "
3.	Sivanaramirtham	— 10 "
4.	Ayaveeram	— 10 "
5.	Silajathu Baspam	— 20 "
6.	Padikara Chenduram	— 10 "

Mixed well and bottled up.

Dose :

2 pinches B. D. with Bilwathi Lehiyam .

N. B. : B. P. Stabilizer 100 grams and Keelkoi Nelli churnam 100 grams may be added to 1 to 6 drugs and mixed well.

Dose :

2 to 4 pinches B. D. with honey may be taken- Kaiyan Nellikoi thalkam may be used for oil bath.

Uses :

Cherukku noi, Epilepsy, Hysteria, Convulsions, Hypertension, insomnia etc.are cured.

75. CHREUKKU NOI NIVARANI MATHIRAI

1.	Nos. 1 to 6 ingredients noted under cherukku noi remedy powder	} $1\frac{1}{2}$ ounces
2.	B. P, Stabilizer and Keelkoi nelli churnam of each	} $1\frac{1}{2}$ ounces
3.	Ascorbic Acid powder	— 4 drams

4.	K. A. R. Chenduram	— 4 drams
5.	Ayakantha Chenduram	— 4 drams
6.	P. N. Chandrodhyam	— 1 dram

These are mixed in a kalvam, rubbed with lime fruit juice, rounded into pills of kundri size, dried in the shade and bottled up.

Dose:

One pill B. D. or T. D. S. with suitable anupanam

Uses:

Cherukku Noi, Epilepsy, Hysteria, Convulsions, Hypertension and Insomnia etc. are cured.

76. CORONARY ARTFRIAL TROUBLE CURE
(Congestive cardiac failure remedy)

1.	Narpavala Baspam	— 1	part or	1 dram
2.	Muthu Baspam	— 1	,,	,,
3.	Kasthuri Chenduram	— 1	,,	,,
4.	Sringi Baspam	— 1	,,	,,
5.	Silajathu Baspam	— 1	,,	,,
6.	K. M. N. Chenduram	— 1	,,	,,
7.	B. P. Stabilizer	— 6	parts or	6 drams

Mixed well and bottled up.

Dose:

2 to 3 pinches B. D. with honey before food or every 2 or 3 hours may be repeated.

Uses:

Thamaraka Noi Kasam and Swasam are relieved. In Angina pectoris and coronary arterial trouble this is good. Salamisiri $\frac{1}{2}$ teaspoonful to be given with Cow's milk at bed time.

77. DENGUE AND INFLUENZA REMFDY OR DENGUE INFLENZA CURE POWDER
(Special)

1.	Linga kattu chenduram	— 10 grams
2.	K. Chenduram (Kasthuri)	— 20 grams
3.	P. S. M. M. Baspam	— 20 ,,
4.	Vasantham pills powdered	— 20 ,,
5.	Amukara churnam co. No. 1	— 140 ,,

These are well mixed and bottled up.

Dose .

5 to 10 grains twice a day may be given mixed with honey followed on the first day by one dose of Inji juice, honey and sugar.

Uses :

Dengue, Influenza and all other infectious fevers are cured in 3 or 4 days or even earlier. If necessary Nochi kudineer or Nilavembu kudineer may be given in addition, morning and evening.

79. DIA-DIET No. I OR DIABETIC FOOD POWDER

1.	Seenthil satvam or seenthil sharkarai specially prepared here-	2 parts
2.	Nellikoi juice powder prepared here	— 2 parts
3.	Yanai Nerunji virai powder (Chiru Nerunji seeds are better)	— 1 part
4.	Green manjal juice powder prepared here.	— 1 ,,
5.	Avaram-poo powder	— 1 ,,
6.	Porkorandai or porkorandi (bazaar drug) powder	— I ,,
7.	Navarpazham kottai fine powder prepared here	— 1 ,,
8.	Chirukurinjan leaves powder prepared here	— 1 ,,
9.	Kovai kilangu and bark powder prepared here	— 1 ,,

10. Vitamin C (Ascorbutic acid of Hoffmann Roche) — 2 tablespoonful for lbs-11 of other nine ingredients.

All the above ingredients are thoroughly mixed together, strained through thin cloth (Nice Mull cloth) and the finest compound powder is taken for use.

The Thippi or the hard or solid part of the compound churnam obtained as a result of straining through cloth is taken seperate which is again pouned or powdered strained, Ascorbutic acid about one teaspoonful is added to it and can be used like the above Dia Diet.

Note :

It is better to keep each ingredient seperate out of every year collection and mixed for use as and when necessary. I am of the view that we can also add **Adutheendapalai juice powder** to the above Dia-Diet.

Dose :

½ to one teaspoonful may be taken with cow's milk or honey twice a day,

Uses:

This is a specific for Diabetes mellitus and Insipidus. It improves the general health also.

79. DIA-DIET POWDER No. II

1.	Abreka Baspam (100 putams)	— 1 oz
2.	Thiruvanga chunnam No. 1 or No. II or Karuvanga Baspam No. II or No. III or Karuvanga Chunnam	— 1 oz.
3.	Kalamaga narayana chenduram	— 2 drams
4.	Kantha-Avaraiver Chenduram or Kantha chenduram No.I	— 4 drams
5.	Muppu chunnam	— 30 grains
6.	Anda-odu chunnam	— 60 grains
7.	Swarna valai rasa chenduram or Rasa chenduram No. III	— 2 drams
8.	Navarkottai churnam (or Dia-Diet No. 1)	— 4 ounces

All are mixed together and bottled up

Dose :

10 to 20 grains may be taken with honey or cow's butter or may be enclosed in No. 2 size capsules and swallowed 2 capsules for a dose 2 or 3 times a day before food.

Uess :

All kinds of Meganeer and its complications are cured, This is worth trying.

80. DIA-DIET POWDER No. III

1.	Nellikoi juice powder	Each in equal parts.
2.	Manjal juice powder	
3.	Navarkottai juice powder	
4.	Seenthil juice powder	

Mixed well and bottled up.

Dose :

½ teaspoonful may be given twice a day with cow's milk or butter milk.

Uses :

Diabetes insipidus and Mellitus are cured.

81. DIABETIC CUBE POWDER No. I
(*Special*)

1.	Thetran virai churnam	—	4 oz.
2.	Kadukoithole churnam	—	4 oz.
3.	Avarai virai churnam	—	4 oz.
4.	Vilampisin churnam	—	4 oz.

Mixed well and bottled up.

Dose :

½ to 1 teaspoonful B. D. with cow's butter-milk.

Uses :

Diabetes mellitus and insipidus are cured.

82. DIABETIC CURE POWDER No. II

Special

1.	Muppucum Abreka chenduram	— 4	grams
2.	Karuvanga Baspam No. II	— 4	grams
3.	Vanga rasa Guru Baspam	— 2	grams
4.	Agni kumari	— ½	gram
5.	Kalamega Narayana chenduram	— 1	gram
6.	DIA-DIET No. I	— 15	grams

These are mixed well and bottled up.

Dose.

5 grains to be taken with honey or enclosed in gelatin capsules, No 2 size and swallowed with water two times a day.

Uses.

Diabetes mellitus and insipidus with their complications are cured.

83. DIABETIC CURE POWDER No. III

1.	Avari-Verpattai satvam	— 4 parts
2.	Seenthil Sharkkarai	Of each one part
3.	Nellikoi juice powder	Of each one part
4.	Chiru Kurinjan powder	Of each one part
5.	Navarkottai powder	Of each one part
6.	Adutheenda palai extract	Of each one part

All these ingredients are mixed and bottled up.

Dose:

Anubanam and uses are the same as that of diabetes cure powders No. I and No. II.

84. DR. M. S. VELU'S DIABETIC CURE POWDER No. 4 OR DIABETES PROMPT CURE POWDER No. 4

1.	Muppu cum Abreka chenduram	— 1	part
2.	Karuvanga Baspam No. II or No. III	— 1	part
3.	Diabetes cure No. III powder	— 2	parts

Mixed well and bottled up.

Dose :

5 to 10 grains in empty gelatin capsules No. I size which may be filled up and swallowed with water 2 or 3 times a day. Powder may also be taken well mixed with honey or milk.

Uses :

Diabetes mellitus and insipidus together with their complications are cured. This is an assured Diabetes cure. Karuvanga Baspam No. II is recently modified into karuvanga Baspam No. III This may be used in place of No II Karuvanga Baspam.

85. DIABETIC CURE POWDER No. 5 OR PAVALAVANGAM BASPAM COMPOUND.

1. Pavala vanga Baspam No. II — one part or 3 tolas
2. Dia-Diet No. I or Thiriphala churnam No. II } 2 parts or 6 tolas

Mixed well in a mortar and bottled up or filled up in No. I size empty gelatin capsules.

Dose :

5 to 10 grains (or one capsule) twice or thrice a day may be given with honey or the capsule swallowed with water.

Uses :

Diabetes mellitus in all ages is cured in a week This is considered excellent medicine for Diabetes Mellitus, Leucorrhoea and gleet etc.

86. DIABETIC CURE POWDER No. 6 OR PUNNAKKU CHURNAM COMPOUND

1. Ellu punnakku fresh, nicely powdered and strained churnam — 2 lbs
2. Fried Ragi flour nicely powdered and strained churnam — 1 lb

3. Narjeerkam fried, powdered and strained nice churnam — 10 drams
4. Milagu fried, powdered and strained nice churnam — 5 drams
5. Lavangam fried, powdered and nice churnam strained — 2½ drams

All these five churnams are mixed together and bottled up.

Dose:

½ to 1 teaspoonful once a day with Principal meal in the noon along with **boiled Murungaikeerai** or Ragi or rice diet.

Uses

In 8 days administration of the above churnam with the principal diet, Diabetes mellitus and its complications are cured, If Murungai keerai; is not available, the churnam may be taken with the meal itself. This is one of the best medicine for Diabetes mellitus. **Elichevikeerai** also may be used in place of Murungai keerai as an anubanam.

87. PROMPT BLOOD AND URINE SUGAR RELIEVER OR PROMPT DIABETIC CURE POWDER No. 7

1. Anti Diabetic remedy powder strong No. II or Diabetic cure powder No. II (strong) } 4 Tolas
2. Karuvanga chenduram — 4 ,,
3. Silajathu Baspam No. 2 — 8 ,,
4. Aya veeram — 4 ,,
5. B. P. Stablizer No. 2 — 8 ,,

All are mixed together and bottled up.

Dose

5 to 15 grains morning and evening may be taken with honey or in capsules,

Dses:

Blood sugar and urine sugar high content disappear marvellously and Diabetic complications also are relieved. This is worth trying in stubborn cases.

87. DIABETIC CURE POWDER No. 8

1. Tamarind seeds outer skin
   (புளியங்கொட்டை மேல் தோல் சூரணம் – 1 lb.
2. Panaivellam -- 1 lb.
3. Punnakku fried and powdered. – 1 lb.

All are mixed well by pounding.

Dose:

Kottaipakku size B. D. for 7 with milk.

Uses:

Diabetes Millitus and its comolications are cured-

Diet:

No Tamirind & No Smoking. (புளி புகை நீக்கவும்.)

89. DIABETES WITH T. B. LUNGS REMEDY OR DIABETIC T. B. LUNGS CURE.

1.	Abreka chenduram	of each 1 oz.
2.	Kasthuri chenduram	
3.	Kalamaga Narayana Chenduram	
4.	Purna Chandrodhayam	
5.	Cough remedy Bm.	– 2 oz.
6.	Thalisathi churnam	– 2 oz.

Mixed well and bottled up.

Dose:

2 pinches B. D. with honey or ghee.

N. B.— Diabetic Tonic pill No. 12 – 2 pills B. D. after food may also be given,

Uses:

Diabetes with T. B. Lungs is relieved.

90. DIABETES MELLITUS WITH SORE OR FISSURE PREPUCE REMEDY.

(Internal No. 1)

1. K. M. N. Chenduram	Of each equal parts
2. Parangi Pathangam	
3. K. A. R. Chenduram	
4. Abreka chenduram	
5. Thiruvanga chunnam	

Mixed well and bottled up.

Dose: 1 to 2 pinchs B. D. with honey,

Uses:

Very severe type of Diabetes mellitus (High content of Blood and urine Sugar) with a bad sore in the prepuce is well responded to. Sugar is reduced and the sore in the prepuce is healed quickly.

2. In addition **Margosa Kalpam** may be given twice a day.
3. Externally Red oil and Punpodi may be applied.

91. DIABETES MELLITUS WITH SORE OR FISSURE PREPUCE REMEDY

(Internal No. 2)

1. Abreka Chenduram	Of each equal parts
2. Swayam Agni or Agni kumari chenduram	
3. K. A. R. Chenduram	
4. Swarna valai rasa chenduram	
5. Cancer Leper cure No. 1, 2 & 3 together	
6. Thiruvanga chenduram	
7. Parangi pathangam	
8. Arumuga chenduram	

Mixed well and bottled up.

Dose: 1 pinch B. D. with honey

Uses:

The same as that of No. 1 remedy. Very quicker relief in such Diabetic complications and very useful in Diabetic carbuncles, Neuritis, Cancer and coma etc. Externally our punpodi may be applied 2 or 3 times over the fissure or ulcer in the prepuce. Red oil also is good externally.

92. DIABETIC CURE LEHIYAM OR MATHUMEGA NIVARANA LEHIYAM

(Special)

Avaraiver pattai fresh ½ viss is secured, well pounded in a stone ural (mortar), placed in a mud pot, water 20 Madras measures is added, boiled, reduced to ¼th part, cooled and then the decoction is filtered after well crushing the sediment bark with the hands.

This decoction is again boiled into Rasakriya or liquid extract, removed from the fire and made into a lehiyam by adding about 5 to 15 palams, or 15 to 30 tolas of Seenthil Sarukarai and by well mixing both together. On being cooled, Honey lb-1 is also added and mixed.

In the original works **white sugar** about 4 palams is directed to be added for making the fluid extract into a lehiyam-pakam. But here, we are using **Seenthil sarukarai** prepared in this institute,

Note: This lehiyam gets spoiled by fungus very soon. Needs careful preservation.

Dose. Chundaikai size or about 10 to 30 grains may be given morning and evening for seven days or more.

Uses:

Diabetes mellitus and inspidus are cured. Very effective medicine appreciated by the patients. Any Baspam or Chenduram meant for Diabetes mellitus may also be given along with lehiyam to hasten substantial recovery.

93. DIABETIC PILL No. 1. OR MATHUMEGA NIVARANA MATHIRA

(Special)

1.	Karuvanga chunnam No. II	—	2 oz.
2.	Abreka chenduram	—	2 oz.
3.	Silajathu baspam No. V	—	2 oz.
4.	B. P. Stablizer No: II (with-out sugar)	—	6 oz.

Mixed well, rubbed with (i) Nellikai juice for one day, dried, then rubbed with (ii) Pachai Manjal juice for one day, then pills are made of 3 grains each, dried in the shade and bottled up.

Dose :

1 to 2 pills to be given twice or thrice a day with water.

Uses:

Diabetes mellitus, its complications and polyurea are cured. A week or 10 days administration controls sugar in the urine.

94. DIABETIC CURE PILL No. 2 OR MATHUMEGA NIVARANA MATHIRA No. II

(Special)

1.	Pavala vangam No. II	—	one part 2 oz.
2.	Silajathu baspam No. V	—	2 oz. (one part)
3.	Abreka chenduram	—	" "
4.	Thiriphala churnam No. 2	—	4 parts or 8 oz.

Mixed well in a kalvam rubbed with Pachaimanjal juice for a day, dried, then rubbed with (2) Keezhkainelli juice for a day, and then made into pills of 3 grain each.

Dose :

1 to 2 pills to be given twice or thrice a day with water.

Uses:

Diabetes mellitus, its complications and polyurea are cured. A week or 10 days administration controls sugar in the urine.

95. DIABETIC PILL No. 3

(Special)

1.	Abreka chenduram No. 2	— 1 part or 3 tolas
2.	Thiruvanga chunnam No. 3	— 1 part or 3 tolas
3.	Navar kottai mathirai No. I powdered	— 2 parts or 6 tolas

The above three ingredients are mixed together rubbed with Nellikai juice and Manjal juice in equal parts for 2 days. rounded into pills of 3 grains each, dried in the shade and bottled up.

Dose Uses, and Anupanams are the same as that of Diabetic cure pill Nos. 1 and 2.

96. DIABETIC CURE PILL No. 4

(Special)

1.	Thiruvanga chunnam No. 3	— one part or 8 oz.
2.	Abreka baspam	— ,,
3.	Navar kottai powder including the outer skin	2 parts or 1 oz.

N. B.

Rubbed with **Adutheendapalai Leaves Juice** for 2 days, made into pills of 3 grains size, dried in the shade and bottled up.

Dose, Uses and Anupanams are the same as that of Diabetic pills No. 1 to 3.

97. DIABETIC CURE PILLS No. 5
(Special)
OR SUPER TONIC PILLS No. I

1.	Purna chandrodhayam No. 1	— 2 Tolas
2.	Abreka chenduram (special)	— 4 ,,
3	Thiruvanga chunnam	— 4 ,,
4.	K. A. R. Chenduram	— 4 ,,
5.	Aya Thanga chenduram	— 2 ,,
6.	Muthu Bm	— 2 ,,
7.	Dhadhubushti churnam	— 8 ,,
8.	Avaraiver Extract compound churnam	— 8 ,,

Rubbed with Thiriphala decoction for 2 days, rounded into pills of grains 3 each, dried in the shade and bottled up.

Dose: 1 to 2 pills to be taken 2 or 3 times a day after food

Uses: Diabetes mellitus and its complication are cured. General health and vitality are improved.

98. DIABETIC PILL No. 6

1.	Seendil Satwam	— 1 part or 1 lb.
2.	Karunabi purified and powdered	— 1/8th part or 2 oz.
3.	Milagu Churnam	— 1 part or 1 lb.

Mixed well, rubbed with milagu kudineer for 1 or 2 days, made into pills of pepper size, dried in the shade and bottled up.

Dose: One pill B. D.

Uses:

Diabetes Mellitus and its complications are cured.

99. DIABETIC POWDER OR VELLARUGU CHURNAM COMPOUND AND DIABETIC PILL No. 7

1. Vellarugu Samulam dried in the shade and powdered — 1 part or 8 oz.
2. Pinju Kadukoi Churnam — 1/8th part or 1 oz.

Mixed together and bottled up.

Dose:

1 to 2 teaspoonfuls with hot water, morning and evening before food, for 40 days.

Uses:

Diabetes mellitus and its complications are cured.

N. B:

Rice diet may be allowed, a small quantity in addition to wheat or ragi diet. The above compound churnam of vellarugu is again rubbed in a kalvam with pachai manjal and Nellikai juice in equal parts, made into pills of 5 grains size, dried in the shade and bottled up.

Dose:

1 to 2 pills to be taken 2 or 3 times a day. This is Diabetic pill No. 7.

Uses: Are the same as that of the powder.

100. KAYAKALPA MATHIRAI No. 1. OR DIABETIC PILL No. 8.

1.	Purnachandrodhayam	No. 1	—	25	Grams.
2	Velvangam Bm.	,, 1	—	30	,,
3.	Naga Bm.	,, 1	—	30	,,
4.	Aya Chenduram		—	30	,,
5.	Kantha ,,		—	30	,,
6.	Abreka ,,		—	60	,,
7.	Rasa ,,	,, 3	—	30	,,
8.	Pearls Bm.		—	5	,,
9.	Thiruvanga Chunnam	,, III	—	30	,,
10.	Aurocalcium		—	30	,,
11.	Spermatorrhoea cure	,, II	—	200	,,
12.	Dadhubushti Churnam		—	200	,,

All the above 12 ingredients are mixed together rubbed with Thiriphala decoction for 2 days. (2) Again rubbed with Avarai panchanga kudineer for 2 days and then made into pills of 5 grains each, dried in the shade and bottled up.

N. B :- Thiriphala 8 oz. water 6 Madras measures boiled reduced to 1/6th part and used for rubbing.

Dose Uses and anupanam are the same as that of Navaloka kalpa Mathirai.

Pills are radically cured. Impotency and Nervous debility are relieved.

101. DIABETIC PILLS No. 9

1.	Abreka Chenduram		—	14 Tolas
2.	Thiruvanga Chunnam	No. III	—	20 ,,
3.	Navarkottai Mathirai	,, ,,	—	20 ,,
4.	,, ,,	,, IV	—	20 ,,
5.	,, ,,	,, V	—	20 ,,
6.	,, ,,	,, VII	—	20 ,,
7.	Karieya Abreka Bm.		—	4 ,,
8.	Avaraiverpattai Extract		—	45 ,,
9.	Panchamarrpattai extract		—	5½ ,,
10.	Karuvanga Chunnam		—	5½ ,,
11.	Pavalavangam		—	5½ ,,
12.	Murungai Pisin		—	10 ,,
13.	Vilampisin ,,		—	10 ,,
14.	Vadham ,,		—	10 ,,
15.	Karuvelam ,,		—	10 ,,
16.	Pon-Nimilai Chenduram		—	2½ ozs.
17.	Adutheendapalai Extract		—	5 Tolas

All the above ingredients are powdered, rubbed with Vellarugu juice for 3 days and then rubbed with a decoction of Chandanakattai, Vetti ver, Vilamichchu ver Lavangam and Kadalalinji pattai for 3 days, made into pills of 5 grains each, dried in the shade and bottled up.

Dose:

Anupanam and uses are the same as that of Diabetic Pill No. IV

Uses:

Diabetes mellitus and its complications are cured and General health is improved for Diabetic and others.

102. MADHUMEGA NIVARANI MATHIRAI OR DIABETIC PILL No. 10.

1.	Abreka Baspam	—	1 oz.
2.	Thiruvanga Baspam or pavala vanga Baspam	—	1 oz.
3.	Kantha Chenduram No. I	—	1 oz.
4.	Aya Veeram	—	1 oz.
5.	Silajathu Baspam No. II	—	2 oz.
6.	Karuvanga Chenduram	—	1 oz.
7.	B. P. Stablizer No. II	—	4 oz.
8.	Thiriphala Churnam No. II	—	4 oz.

Mized well and rubbed well with Adutheendapalai leaves juice for one day, then Green Manjal juice and then made into pills of 5 Grains each.

Dose and Uses are the same as that of Anti Diabetic pills No. 1 to 3.

103. DIABETIC TONIC PILL No. 2. OR SUPER TONIC PILLS No. 5

1.	Compound of Gold Chenduram, Swarnavalai Rasa Chendr. and Aya thanga Chenduram	—	10 Drams.
2.	Purna Chandrodhayam	—	4 "
3.	Abreka Chenduram	—	8 "
4.	Thiruvanga Chunnam	—	8 "
5.	K. A.R. Chenduram	—	8 "

6.	Avarai ver extract Co.	—	8	drams
7.	Dadhubushti Churnam Co.	—	32	,,
8.	Kantha Chenduram	—	4	,,
9.	Arumuga Chenduram	—	8	,,
10.	Punjab Salamisiri	—	32	,,
11.	P. C. Bm.	—	4	,,
12.	K. Silajathu Bm. No. 4	—	4	,,
13.	Aya Kantha Chenduram	—	9	,,
14.	Aya Veeram	—	4	,,
15.	Urukku Chenduram	—	4	,,
16.	Swarna Urukku Chenduram	—	1	,,
17.	Kasthuri Chenduram	—	1	,,

Rubbed with Thiriphala Kudineer and made into Pills of Ulunthu size.

Dose:

1 to 2 pills B. D.

Uses:

As that of previous Diabetic Tonic pills No. 1 General health restorative to Diabetics and others.

Diabetic pill No. 12 is Diabetic Tonic Pill No. 1.

N. B: Super Tonic pill No. 1. Please refer Diabetic cure pill No. 5.Item No. 97

104. MIXED DIABETIC PILL No. 1.

1.	Diabetic Pill	No. 5	—	37½	Tolas
2.	Blood Sugar Remedy	,, 6	—	47½	,,
3.	Diabetic Pill -	,, 6	—	57½	,,

To be powdered, mixed and rubbed with Thiriphala decoction for 2 days. Rounded into pills of Kundri size., dried in the shade and bottled up.

Dose:

1 pill to be taken morning and evening after food.

Uses:

Diabetes Mellitus and its complications are cured.

105. MIXED DIABETIC PILL No 2.

1.	Prompt Diabetic cure powder	No. 9 –	2	oz.
2.	Abreka Baspam Special	–	1	oz.
3.	Valai rasa Chenduram	,, 4 –	1	oz.
4.	Diabetic ,,	,, 1 –	2	oz.
5.	Dia-Diet New	–	4	oz.
6.	Anti Diabetic Remedy Strong	,, 1 –	2	drams
7.	Diabetic powder	-	2½	oz.
8.	Avarai ver Extract Co.	–	2	oz.
9.	Thiriphla Churnam	,, 2 –	4	oz.
10.	Diabetic cure powder	,, 6 –	3	drams
11.	Anti Diabetic Remedy	,, 4 –	2	drams
12.	Muppu cum Abreka Chenduram	–	4	oz.
13.	Thiruvanga Chunnam	–	4	oz.
14.	Seendil Satwam	–	8	oz.
15.	Milaku Churnam	–	4	oz.
16.	Karunabi purified	–	1	oz.
17.	Avarai pisin	–	8	oz.
18.	Avarai flowers	–	8	oz.

No. 17 & 18 are made into a Rasakriya and added to this preparation.

Rubbed with Thiriphala decoction for 2 days, rounded into pills of 2 grains each. Dried in the shade and bottled up.

Dose: 1 to 2 pills B. D. after food.

Uses:

Diabetes mellitus and its complications are cured.

106. DIARRHOEA CURE POWDER No. 1
(Special)

1.	Grahani kapada churnam No. 1	1 part
2.	Vasambu churnam compound	½ part
3.	Naga baspam –	¼ part

In this proportion these three ingredients may be taken, mixed well and bottled up.

Dose :

5 to 15 grains according to the age may be given 2 or 3 times a day with honey.

Diet :

Milk and bread or Rice or Sago conjee diet may be allowed.

Uses :

Diarrhoea. Grahani and Mantha bedhi in children are cured

107. DIARRHOEA CURE POWDER No. 2
(Special)

1. Thalisathi vadagam powderd — 1 part or 2 oz.
2. Lasunathi vati or Vellai-poondu mathirai powdered — $\frac{1}{2}$ part or 1 oz.
3. Naga baspam No. I — $\frac{1}{4}$ part or $\frac{1}{4}$ oz.
4. Nathai baspam — $\frac{1}{4}$ part or $\frac{1}{4}$ oz.

Mixed well and preserved.

Dose :

5 to 10 grains may be mixed with honey and taken 2 or three times a day according to the saverity of the cases.

Uses :

Diarrhoea: Grahani and Indigestion etc. are cured in 2 or 3 doses.

108. ATHISARAM - GRAHANI - NIVARANI OR DIARRHOEA CURE POWDER. No. 3

1. Thalisathi Vadagam - 4 oz. Powdered.
2. Vellaipoondu Mathirai - 4 oz. Powdered.
3. Double Naga Baspam - 4 drams.
4. Nathai Baspam - 4 drams.
5. Amaiodu Baspam No. 3 or 2 - 4 drams.

Mixed well & bottled up.

Dose .

5 to 10 Grains may be given 2 or 3 times a day with Honey.

Uses :

Diarrhoea of all kinds and indigestion are cured.

109 CHILDREN'S DIARRHOEA AND DYSENTERY CURE (OR JATHIKOI CHURNAM.)

Jathikoi No. 10 broken in small bits, fried with ghee, gently, powdered nicely and preserved in a bottle.

Doses and Uses ;

1 to 2 pinches to be given with honey, 2 or 3 times a day in cases of Diarrhoea and Dysentery in Children.

110 DIARRHOEA CURE MELUGU OR GRAHANI KAPADA MELUGU.

Grahani kapada melugu – gr. 5 to 10 may be given with honey 2 or 3 times a day for adults only. Refer to under Chapter 12.

Uses :

Diarrhoea, Grahani and Dysentery are cured.

111 DYSENTERY CURE POWDER No. 1

(Special)

1 Grahani kapada churnam No. 1 or Seethabedhi churnam (which is otherwise named Grahani Kapada Churnam No. II	1 part

2. Singi Churnam compound — $\frac{1}{2}$ to $\frac{3}{4}$th part.
3. Naga baspam No. 1 — $\frac{1}{4}$ th part.

These three ingredients are taken in the above proportions.

Mixed well and bottled up.

Dose .

5 to 10 grains according to the age may be given well mixed with honey 2 or 3 times a day. Curd, buttermilk, milk and Sago conjee may be allowed.

Uses :

This gives excellent results in cases of Dysentery and colitis etc.

112. DYSENTERY CURE POWDER No. 2 (Special)

1. Grahani kapada churnam No. 1 or Seethabedhi churnam(whichisotherwise named Grahani kapada churnamNo. 2) } 1 part or 2 oz.
2. Kashukatti churnam — $\frac{1}{2}$ part or 1 oz.
3. Naga baspam No 1 — $\frac{1}{4}$ part or $\frac{1}{2}$ oz.

These three ingredients may be taken in the above proportions, mixed well and preserved in bottle.

Dose :

5 to 10 grains according to the age may be given well mixed with honey 2 or 3 times a day.

Diet :

Cured, buttermilk, cow's milk and Sago conjee may be allowed.

Uses :

This compound also gives excellent results in Dysentery and colitis etc.

113 DYSENTERY CURE POWDER No. 3

(Special)

1. P. S. M. M. Baspam — 1 part or $2\frac{1}{4}$ ounces.
2. Naga baspam No. 1 — 1/3rd part or 6 drams
3. Padikara chenduram or padigalinga chenduram— $\frac{1}{2}$ part or 9 drams.

These three ingredients are taken in the above proportion, mixed well and bottled up.

Dose :

5 to 10 grains may be given 2 or 3 times a day well mixed with burnt lime fruit juice.

Diet :

Cured, buttermilk, cow's milk and Sago conjee may be allowed.

Note :

A lime fruit is to be heated over fire gently and its juice is used here as anupanam. This is very useful when there is profuse blood, mucus. tenesmus and pain in Dysentery. This is another excellent medicine in Dysentery and colitis etc. It is also good to take in addition, pomegranate tender fruit (மாதுளம் பிஞ்சு) rubbed into a paste and mixed with cured morning and evening.

Another point to be noted in Dysentery is when there is much tenesmus and pain it is good to take a mixture of plaintain fruits 2 or 3 (மலைப்பழம்) white sugar and 3 to 4 teaspoonful of cow's ghee. all the three ingredients being well mixed together once a day. This compound abruptly stops unbearable tenesmus and pain.

114 DYSENTERY CURE POWDER No. IV
(*Special*)

1. Annabedhi chenduram— 1 part or 2 oz.

2. Padikara chenduram or padigalinga chenduram } 1 part or 2 oz.

3. Kashukatti churnam compound or Grahani kapada churnam No. I } 2 parts or 4 oz.

These three ingredients may be taken in the above proportion, mixed well and bottled up.

Dose :

5 to 10 grains may be given well mixed with honey 2 or 3 times a day. This medicine stops blood and mucus in dysentery and colitis.

Diet :

Is the same as mentioned under Dysentery cure powder No. 1 to 3.

115 DYSENTERY CURE POWDER No. V
(*Special*)

1. Mangusthan-odu churnam— 1 part or 2 oz.

2. Kasthukatti churnam — 1 part or 2 oz.

3. Naga baspam compound or Naga baspam No. 1 } 1/5th part or 3 drams.

Mixed well and bottled up.

Dose :

5 to 10 grains to be taken two or 3 times a day well mixed with cured or honey or butter.

Uses:

Blood, Mucus in the stool and tenesmus in Dysentery are relieved rather quickly.

116 DESENTRY CURE POWDER No. VI
(*Special*)

1. Naga baspam — 1 part or 1 oz.
2. Nathai baspam — 2 parts or 2 oz.
3. Grahani kapada churnam — 3 parts or 3 oz.

Mixed and bottled up.

Dose:

5 to 10 grains to be given with honey 2 or 3 times a day. For children the dose may be reduced according to the age.

Uses:

Dysentery, Diarrhoea and colitis are cured.

117. DYSENTERY VADAKAM
(ரத்த சீதக்கடுப்பு நிவாரணி)

Secure Madulam Pinju (பிஞ்சு மாதுளங்காய) introduce in it Jathikai, Lavangam and Masikoi of each one tola Churnam. Next the Mathulam Pinju is covered with few layers of Kavi cloth, dried and subjected to Laguputam or Aviputam. The pinju should become well boiled and at the same time it should not become charred. (வேகவேணும்-கருகக்கூடாது.) This is then rubbed in a stone mortar (அம்மி) adding Kasakasha fried churnam one tola and made into vadakams about a chundaikoi size each. When this is given with cured, Dysentery of all types is cured. Very promising and useful remedy.

Dose :

One vadakam to be given 2 or 3 time a day with cured.

Uses :

Rakthakaduppu & Seethakaduppu are cured.

118 EPILEPSY AND HYSTERIA VALI NOI CURE POWDER No. 1.

1.	Peranda Bm. Nos. 1 & 2 mixed in equal parts		1 part or 1 oz.
2.	Sivanaramirtham	—	1 part or 1 oz.
3.	Silajathu Bm.	—	1 part or 1 oz.
4.	B. P. Stabilizer	—	5 parts or 5 oz.
5.	Kasthuri Chenduram	—	$\frac{1}{4}$ part or 2 drams.
6.	K. M. N. Chenduram	—	1 part or 1 oz.
7.	Aya Veeram	—	1 part or 1 oz.

Mixed well and bottled up.

Dose :

5 to 10 grains B. D. with Honey or Vallarai Nai or Bhrami Nai.

Uses :

Epilepsy, Hysteria, and Eclampsia etc. are relieved

119. EUSINOPHILIC LUNG REMEDY.

1.	Swasakudori pills powdered	—	4 drams.
2.	K. M. N. Chenduram	—	1 dram.
3.	Sivanaramirtham	—	1 dram.
4.	P. S. S. Baspam	—	3 drams.
5.	Thalaga Karuppu	—	1 dram.
6.	Kasthuri Chenduram	—	3 drams.
7.	Thalisathi Churnam	—	12 drams

Mixed well and bottled up.

Dose :

1 to 2 pinches to be taken with honey 2 or 3 times a day.

Uses:

Bronchial Asthma, Eusinophilic Lung and all Lung diseases are cured.

120. FISTULA - IN - ANO REMEDY OR PAKANTHARAM NIVARANI.

1.	Thuthanagam Bm.	— 1 part or 2 drams.
2.	Chirukannagam Bm No. 1	— 1 part or 2 drams.
3.	Amai odu Bm. No. 3.	— 1 part or 2 drams.
4.	K. A. R. Chenduram or Ayaveeram No. 1	— 1 part or 2 drrms.
5.	Silajathu Bm. No. 2	— 2 parts or 4 drams.

Mixed well and bottled up.

Dose :

1 to 2 pinches B. D. with Cheyavanaprash Lehiyam or Multivite Lehiyam.

Uses :

Pilles and Fistula are cured.

121. GONO - LEUCO CURE CHURNAM No. 1 OR PADIKARA CHURNAM COMPOUND.

1.	Fried padikaram powdered nicely	Each Equal Parts in Weight.
2.	Finely powdered Nelli-Vartal Churnam	
3.	Finely powdered Cheena-Karkandu	

These three ingredients are mixed well and bottled up.

Dose :

$\frac{1}{4}$ to $\frac{1}{2}$ dram may be given with cow's butter milk for 7 days morning and evening.

Uses :

All long standing and incurable Gonorrhoea, Gleet and Leucorrhoea are cured. Neer - Erichal (burning micturition) and Neerkaduppu (painful dribbling of urine) are relieved promptly.

Note :

When this powder is being taken with butter-milk in some cases, it may produce cough troubles. At once the powder should be stopped and fresh cow's milk immediately after it is drawn out from the cow should be taken with froth and natural warmth of milk for 3 to 4 days. Cough at once subsides.

122. GONO - LEUCO CURE CHURNAM No. II (Special)

1.	Gono–Leuco cure Churnam No. 1 or padikara churnam compound	4 parts
2.	Kalnar baspam	— 1 part
3.	Kungilya churnam	— 1 part
4.	Nellikai juice powder	— 2 parts
5.	Pavala vangam or vanga rasa guru baspam	— $\frac{1}{2}$ part
6.	Nannari verpattai churnam	— 4 parts

All these ingredients are mixed together and bottled up.

Dose :

10 to 15 grains may be given with cow's butter or honey or swallowed in empty gelatin capsules twice a day followed by tender coconut water.

Uses : Same as that of Gono - Leuco cure No. 1

Note :

This Gono - Leuco cure Churnam No. II is very popular in gonorrhoea and leucorrhoea in this institute.

123 GONO - LEUCO CURE CHURNAM No. III
(Special)

1.	Naga Sangu baspam	— 1 part or 1 ounce
2.	Karpura Silajathu baspam No. I	— 1 part or 1 ounce
3.	Padikara churnam compound	— 4 parts or 4 ounces
4.	Pavala Vangam baspam No. 1	— 1 part or 1 ounce

Mixed well in a kalvam or mortar and bottled up.

Dose :

5 to 10 grains with butter or other suitable anupanams twice a day.

Uses :

Gonorrhoea, gleet, Leucorrhoea, Neerchurukku Neerkaduppu and incontinence of urine etc. are cured.

124. GONO LEUCO PILL No. I
(Special)

1.	Thiruvanga chunnamor pavala vangam No. 1. or No. 1I	4 tolas
2.	Mirudar Singi baspam	-- 4 tolas
3.	Karpura silajathu baspam No. II	— 4 tolas
4.	P. S. M. M. Baspam	— 8 tolas
5.	Kantha - Avarai ver chenduram or Kantha chenduram No. I	4 tolas
6.	Naga Sangu Baspam or Naga Baspam No. II	— 4 tolas
7.	Kungilya churnam	— 4 tolas
8.	Leuco - Diet No. 1	— 32 tolas

All these eight ingredients are mixed together, rubbed with lime fruit juice made into pills of 5 grs. each. dried in the shade and bottled up.

Dose :

1 to 2 pills may be taken twice a day with milk or Orange juice or tender Coconut water.

Uses:

Gonorrhoea Leucorrhoea, gleet; all urinary diseases. Dysentery and diarrhoea are cured.

125. GONO LEUCO CURE PILL No. 2 (Special)

1.	Thiruvanga churnam No. I or No. II or pavala vangam No. 1 or No. II	4	tolas
2.	Mirudar Singi baspam	— 4	,,
3.	Karpura Silajathu baspam	— 4	,,
4.	Annabedhi chenduram	— 4	,,
5.	Kantha - Avaraiver chenduram or Kantha chenduram No. I	4	,,
6.	Nagasangu baspam or Naga baspam No. II	— 4	,,
7.	Kungilya churnam	— 4	,,
8.	Leuco diet No. I	— 20	,,
9.	Padikara churnam compound	— 20	,,

All the ingredients are mixed together, rubbed with (1) Lime fruit juice dried, again rubbed with (2) Potrilaikaiyan juice, dried and with (3) vellai Eruku juice for one day in each made into pills of 5 grs. each, dried in the shade, and bottled up.

Dose :

1 to 2 pills may be taken twice a day with milk or orange juice.

Uses .

Are the same as that of Gono - Leuco Cure Pill No. I. This pill is very beneficial in Leucorrhoea.

126. GONO - LEUCO CURE PILL No. 3
(Special)

1.	Thiruvanga chunnam No. 1	—	4	tolas
2.	Mirudar Singi baspam	—	4	„
3.	Karpura silajathu baspam	—	8	„
4.	Annabedhi chenduram	—	8	„
5.	Seemai kalnar baspam	—	4	„
6.	Kantha chenduram No. II	—	4	„
7.	Naga sangu baspam	—	4	„
8.	Kungilya churnam	—	4	„
9.	Leuco diet No. 1	—	40	„
10.	Padikara churnam Co.	—	20	„
11.	Sangu baspam No. 2	—	4	„

All these eleven ingredients have been mixed together rubbed with (1) Lime fruit juice for 2 days, dried again, rubbed with (2) Potrilaikaiyan juice for 2 days, dried and (3) then Vellai Eruku juice for two days in each, made into pills of 5 grains each, dried in the shade and bottled up.

Dose and Uses:

Are the same as that of Gono–Leuco Cure Piles Nos. I & II.

This is also promising remedy in Leucorrhoea.

127. HAEMATUREA REMEDY OR RAKTHA MOOTHIRAM NIVARANI No. I

1.	Thalisapatri churnam	—	6	parts
2.	Thirikadugu churnam	—	4	„
3.	Elarisi churnam	—	4	„
4.	Lavangam churnam	—	5	„
5.	White sugar	—	12	„

All churnams and sugar are mixed well and bottled up.

Dose :

½ to 1 teaspoonful B. D. with the Ilaneer or honey or other suitable arupanams.

Uses :

Varatchi, Piththam, Neerkaduppu and Raktha premekam (Haematurea) are cured.

128. HAEMATUREA REMEDY No. 2 OR PADIKARA BASPAM (Special)

Padikaram Lb. ½

To be rubbed with Cow's milk, kept in a Kuduvai- covered, and putam applied as per rules with 50 Vratties. (Kuduvai to be selected to contain the rubbed paste half of its capacity.)

Dose :

5 to 10 grains with Lime Juice of about 2 to 4 ounces, once a day for 3 days in the morning only.

Uses :

Haematurea or Raktha - Vettai or Kuruthi Vellai is cured.

129. HEART ANDRESPIRATARY DYSPNOEA CURE

1. K. M. N. Chenduram
2. Kasthuri Chenduram
3. P. S. S. Baspam
4. Purna Chandrodhyam

} of each equal parts or 2 drams each.

Dose :

1 to 2 pinches B. D. with Honey.

Uses :

Heart and Lung diseases are cured especially dyspnoea.

N. B :

With the above, better we add copper chenduram Gold Chenduram and Thalisathi or Elathi Churnam to hasten recovery.

130. HAEMORRHOIDS OR PILLS CURE No. 1

(Special)

1.	Naga baspam (special) or Naga baspam No. II	—	4 drams
2.	Thiruvanga chunnam No I or No. II	—	4 drams
3.	Karpura silajathu baspam No. 1	—	1 ounce
4.	P. S. M. M. Baspam	—	1 ounce
5.	Amai odu baspam No. 3	—	½ ounce

All these ingredients are well mixed and bottled up.

Dose :

2 to 5 grains may be taken well mixed with cow's butter or curd or honey or with cow's milk twice a day, before food, for about a fortnight.

Note ;

Plenty of fruits, curd, milk, butter, ghee and vegetables may be used freely in diet. Pungents should be avoided.

Uses :

Haemorrhoids, Dysentery. colitis, and Gonorrhoea etc. are cured.

131. MOOLA NIVARANI No. I OR HAEMORRHOIDS (PILES) CURE No. II

(Special)

1. Naga baspam No. I
2. Amai odu baspam No. III
3. Naththai baspam
4. Silajathu baspam or P. S. M. M. baspam

} of each equal parts

These are well mixed and bottled up.

Dose :

5 to 10 grains may be given twice a day with cow's butter or ghee or honey or karunai lehiyam or other suitable anupanams.

Uses :

Bleeding piles, fistula, fissure anus, dysentery, colitis, sprue and tenusmus or Asana kaduppu are cured.

N. B.

It acts very well when Tamarind seeds burnt up ash (piles cure No. 4 or wooden corks burnt up ash-piles cure No. 3) about 5 to 10 grains are added to the above and given with good curd twice a day. Very effications in bleeding and painful piles.

132. HAEMORRHOIDS (PILES) CURE No. III

(Special)

1. Wooden corks burnt char— 1 part or 2 ounces
2. Naga baspam compound — ½ part (or Naga chunnam compound or Piles cure No. I)

These are mixed well and bottled up.

Dose :

10 to 20 grains may be mixed with curd and taken morning and evening.

Uses :

All kinds of piles including bleeding Haemorrhoids are cured miraculously. Pain is relieved. If it is continued for some days radical cure can be expected.

Note :

Plain wooden cork burnt char itself in $\frac{1}{4}$ to $\frac{1}{2}$ teaspoonful dose has cured a large number of worst case of piles when given with curd twice a day.

Diet :

Pungents should be avoided in the diet. Curd, Rice and onions in the day time and milk, Rice, sugar and plantains at night are advisable.

133. HYPER HYDROSIS CURE POWDER OR VIYARVAI NIVARANI

1.	Kasthuri Karuppu or Kasthuri Chenduram	— 1 oz.
2.	Pattukaruppu	— 1 oz.
3.	Thirikadugu churnam	— 1 oz.

Mixed well and bottled up.

Dose :

1 to 2 pinches B. D. or T. D. S. with Honey.

Uses :

Perspiration on the palms of the hands and soles of the feet is cured. This also supports the Heart.

134. HYPERTENSION CURE POWDER No. 1

(Special)

1. Veeram purified	}	Of each 1 palam
2. Patharasam purified		or 3 tolas

These two ingredients are rubbed together with water, made into a bolus which is wound round old silk cloth 4 palams or 12 tolas and lit fire to. The silk cloth is burnt into ash, while veeram and rasam get evaporated. The silk ash is secured, powdered and bottled up.

Dose :

2 to 5 grains to be given with honey morning and evening, either alone or with B. P. Stablizer or other anupanams.

Uses :

Hypertension is relieved. This is worth trying in all cases of Hypertension.

135. HYPERTENSION AND PARALYSIS CURE

(Special)

1. Aya veeram	— 4	Grams
2. Sivanar Amirtham	— 4	"
3. K. M. N. Chenduram	— 4	"
4. P. S. M. M Baspam	— 8	"
5. Kasthuri Chenduram	— 4	"
6. B.P. Stablizer No. IV or V	— 60	"

Mixed well and bottled up.

Dose :

5 to 10 grains may be taken morning and evening with honey.

Uses :

Hypertension, Paralysis, Hemiplegia, cerebral thrombosis or cerebral haemorrhage etc are cured. Vatha-Kapha diseases are very well acted upon.

(2) Alternately Myleragathi Ennai in suitable dose may be given each for 5 to 7 days in severe and serious cases. Myleragathi Ennai, please. refer to chapter VII - internal oils.

136. HYPERTROPHIC CIRRHOSIS OF THE LIVER WITH THICK JAUNDICE CURE OR VALAPPATEERAL VIRUTHI AND KAMALAI NIVARANI OR JAUNDICE CURE No. 6

(Special)

1.	P. S. M. M. Baspam No. II	— 1	part
2.	Jeevaloha Chenduram or Aya kantha chenduram	— 1	,,
3.	Lokha manduram chenduram	— 1	,,
4.	Vedi Annabedhi chenduram	— 1	,,
5.	Swarna valai rasa chenduram	— ½	,,
6.	K. Silajathu baspam	— 1	,,
7.	Jaundice cure No. II or Ascitis cure churnam	— 4	parts or even 5 parts.
8.	Pavala veeram	— ½	part.

These eight ingredients are mixed well and bottled up.

Dose :

10 to 15 grians may be given well mixed with honey or other suitable anupanams followed by the following decoctions :

1.	Angoor Dhrakshai	—	3 palams or 9 tolas
2	Elakai	—	1 tola
3.	Jeerakam	—	1 ,,
4	Valmilaku	—	½ ,,
5.	Keezhkoi nelli root No. 15	—	
6.	Jaundice cure churnam No. 2 or Ascites cure churnam	—	1 ounce.

All these ingredients are put in a chattey. water 2 Madras measures is added, boiled, reduced to ¼th part and strained. Dose of the decoction may be taken 3 to 4 ounces for a dose with a little of suger-candy added to it twice a day immediately after the above baspam is taken or thrice a day decoction alone. may be given.

Uses :

This receipie has given good results in certain persistant and chronic cases of very big liver with thick jaundice.

137. IMMATURE BRAIN DEVELOPMENT CURE (IN CHILDREN)

1	Peranda Baspam No. 1 & 2 Mixed	—	2 drams,
2	Sivanaramirtham	—	2 ,,
3	P. S. S. Baspam	—	2 ,,
4	K. A. R. Chenduram	—	2 ,,
5	B. P. Stablizer	—	4 ,,
6	Nannariver pattai churnam	—	4 ,;

Mixed well and bottled up.

Dose :

2 to 3 pinched B. D. with Honey.

Uses :

Lack of Brain development, in sanitary, Epilepsy and Pithathikam etc. are responded to.

138. INTESTINAL WORMS CURE POWDER No. I OR KIRIMI NIVARANA CHURNAM No. I

1. Purified Palasu viththu paruppu churnam	—	2 parts or 8 ozs.
2. Perungayam fried churnam	—	1 part or 4 oz.
3. Omum fried churnam	—	1 part or 4 oz.
4. White sugar	—	4 parts or 1 lb.

Mixed together and bottled up.

Dose :

10 to 15 grains may be given twice a day for one or two days with Annakati-jalam, or cow's buttermilk and on the third day a mild purgative may be given in the morning if necessary.

Uses :

Very useful in intestinal worms, colic intestines and flatulance.

139. JAUNDICE CURE POWDER No. I WITH DRAKSHATHI DECOCTION

(Special)

1. P. S. M. M. Baspam	—	8 tolas
2. Jeevalokha chenduram	—	4 "
3. Aya veeram	—	2 "
4. Kantha chenduram No. 2	—	2 "
5. Vedi Annabedhi chenduram	—	4 "
6. Lokha manduram	—	4 "
7. K. Silajathu baspam No. 2	—	8 "

All these ingredients are mixed together and bottled up.

Note :

For every dose of this compound baspam Jaundice cure No. 2 or No 2a or No. 3 may be added about 5 grs. and taken with honey twice a day.

Dose :

5 to 10 grains may be given with honey twice a day before food, followed by Drakshathi kudineer mentioned below.

Uses :

Infective Hepatitis, all severe type of jaundice in children, Biliary lithiosis, hypertophy of the liver, Pandu, Sobai, and Kamalai, are cured very promptly. Recovery is assured.

DRAKSHATHI KUDINEER

1. Angoor Drakshai — 6 tolas
2. Elakkoi with skin — 1 tola
3. Jeerakam — 1 tola
4. Valmilaku — $\frac{1}{2}$ tola
5. Keezhkai nelli root No- 15 — (cut into bits and added)

Water : 1 to $1\frac{1}{2}$ Madras measures or 4 to 6 lbs. Boiled and reduced to $\frac{1}{4}$th part,

Dose :

2 to 4 ozs. with little sugar-candy (Kalkandu, dissolved in it, may be given 2 or 3 times a day) either alone or side by side with Jaundice cure No. I.

140. JAUNDICE CURE POWDER No. II

1, Manjal karisalai or potrilaikaiyan samoolam churnam
2. Keezhkoi nelli samoolam churnam

} Of each equal parts.

Mixed well and bottled up.

Dose :

$\frac{1}{4}$ to $\frac{1}{2}$ teaspoonful may be taken twice or thrice a day with cow's or goat's milk or well mixed with honey either alone or combined with JAUNDICE cure No. I (chenduram and silajathu baspam)) or with other suitable medicines.

Uses :

Same as that of Jaundice cure No. I Liver and spleen diseases are well responded to.

POTRILAIKAIYAN SAMOOLAM is secured in plenty, dried in the shade. powdered, rubbed with Potrilaikayan leaves juice for 3 days, villais are made and dried in the sun, This process of rubbing the churnam with the same juice and drying is repeated 3 times on the whole. This kind of potrilaikaiyan samoolam churnam is used in the above process.

2) Keezhkoi nelli semoolam is secured in plenty, dried in the shade, powdered, rubbed with Keezhkoi nelli juice for 3 days, villais are made and dried in the sun. This process of rubbing with Keezhkoi nelli juice and drying is repeated 3 times on the whole. This kind of Keezhkoi nelli Samoolam churnam is used in the above process

In the Ascitis cure also the above type of the two ingredients prepared in the above manner are better used.

JAUNDICE CURE No. II (a) is as follows :

Jaundice cure No. II — one part
Avuri leaves churnam — half part

Mixed well and bottled up.

Dose and uses are the same as that of Jaundice cure No. II

141. JAUNDICE CURE POWDER No. III
(Special)

1.	Kappumanjal or karimanjal burnt up char	— 1	part
2.	Valmilaku fried churnam	— 1	,,
3.	Jeerakem fried churnam	— 1	,,
4.	Cheena karkandu	— 4	parts
5.	K. Silajathu baspam	— 1	part

Mixed well and bottled up.

Dose :

10 to 15 grains or about 2 to 4 pinches may be taken with cow's or Goat's milk or honey or orange juice two or three times a day either alone or in combination with Jaundice cure No. I chenduram or Jaundice cure No. II churnam.

Uses :

Jaundice and other liver diseases are cured.

142. JAUNDICE CURE POWDER No. 4
(Special)

1. Sringi baspam
2. Silajathu baspam
3. Pavala veeram
4. Karimanjal powder

} of each equal parts or about one Tola each is taken and Mixed well.

Dose :

5 to 10 grains may be given twice a day with honey followed by the jaundice decoction.

Dose & Uses : Are the same as that of jaundice cure Nos. 1 to 3.

N. B.

Burnt up curry manjal (chendr) Lohamanduram. Vedi annabedhi of each one part, jaundice cure No. 4. 2 to 4 parts may also be added and taken with better results.

143. JAUNDICE CURE POWDER No. 5
(Special)

1.	Sringi baspam No. 2	of each in equal parts
2.	Pavala veeram	
3.	Silajathu baspam No. 2	
4.	Lohamanduram chenduram	
5.	Vedi Annabedhi chenduram	
6.	Karimanjal powder (raw)	
7.	Karimanjal burnt up char powdered	
8.	Aya veeram	
9.	Ayakantham	

Mixed well and bottled up.

Dose :

5 to 15 grains may be given with honey morning and evening followed by the Drakshai kudineer (or jaundice decoction).

Uses :

Infective hopatitis. Hypertrophic cirrhosis of the liver with Jaundice. Biliary colic or stone in the gall bladder and all other liver and spleen diseases are cured.

N. B. For No. 6-please refer to No. 117-Supra.

144. JAUNDICE CURE POWDER No. 7
(*Special*)

1.	Petrilaikaiyan samoolam churnam prepared in the manner mentioned under jaundice cure No. II	10 tolas or 1 part
2.	Keezhkoi nelli samoolam churnam prepared in the manner mentiond under jaundice cure No. II	10 tolas or 1 part
3.	Avuri leaves churnam (leaves dried in the shade and powdered)	½ part or 5 tolas

These three ingredients are mixed together and bottled up.

Uses and diet are the same as that of jaundice cure powders No. 2 to 4.

145. JAUNDICE CURE POWDER No. 8.

1. Silajathu baspam No. I	}	each 2 oz
2. Jaundice Cure No. 1	}	
3. Jaundice Cure No. 2	—	4 oz.

Mixad well and bottled up.

Dose :

10 to 20 grains B D. with Honey followed by or Jaundice decoction.

Uses :

Infective Hepatitis and Kamalai of all types are cured.

146. JAUNDICE POWDER No. 9.

1. Jaundice Cure No. 1	—	2 oz.
2. Silajathu Bm. No. 2	—	2 oz
3. Keezhkoi Nelli Churnam	—	2 oz.

Mixed well and bottled up.

Thirikati B. D. with Honey followed by Drakshathi Kudineer.

147. JAUNDICE DECOCTION OR DRAKSHATHI KUDINEER No. 1 (SPECIAL)

1. Angoor Drakshai	—	6 tolas
2. Elakkoi	—	½ tola (90 grains) with outer cover

3.	Narjeerakam	—	1 teaspoonful or 1 tola.
4.	Valmilaku	—	$\frac{1}{2}$ teaspoonful or $\frac{1}{2}$ tola.
5.	Rose petals	—	1 tablespoonful or 2 tolas or 6 flowers.
6.	Keezhkoi nelli roots	—	10 to 15
7.	Water add 2 Madras measures or 8 lbs.		

This is boiled, reduced to $\frac{1}{4}$th part and filtered.

Dose:

2 to 4 ounces with a little sugar candy may be given 2 or 3 times a day side by side with Jaundice cure No. 1 and 2 or 2 and 4 or 5 compounds.

Uses :

Jaundice, Infective hepatitis, Biliary cirrhosis of the liver, spleen and blood diseases are cured. Excellent decoction in all cases of Gall-Bladder diseases.

148. KAMALAI KUDINEER No. 2 OR POOVARASU KOLUNTHU KUDINEER.

Secure (1) Ilaneer (2) Pepper and (3) Poovarasu tender leaves. An Irumbu Kadoi may be taken, pepper 8 grams are put in it, fried, powdered, Ilaneer $\frac{1}{2}$ Madras Measure is poured in it, Poovarasu tender leaves one handful may be taken, crushed well with the hand, the juice squeezed and the thippi are both put into the Ilaneer pepper-container (both the juice and the thippi), boiled over gentle fire, reduced to $\frac{1}{4}$th part, removed from the fire, decanted and when it is slightly warm, it is given to the patient as **one dose** on one evening. The 2nd and 3rd dose are similarly prepared then and there and given next day morning and evening. These 3 doses are enough for a cure. Salt and Tamarind free diet. Preferably milk diet is given on the days of medicinal administration. If necassary, in severe type of cases, the decoction may be repeated for 3 more doses.

Uses :

Jaundice and its complications are cured Very useful Medicine for Jaundice.

149. KAMALAI KALKAM OR JAUNDICE KALKAM No. I

(Special)

1.	Keelkoi Nelli Samoolam (without inner steam of root and trunk)	3 or 4 plants
2.	Onions	— One piece
3.	Jeerakam	— a few pinches

To be rubbed into a paste, about a lime fruit size, dissolved in about 2 or 3 ounces of Cow's milk and given morning and evening for 3 to 5 days under salt free diet. Bath to be given daily if there is no temperature. Oil bath or thailam bath may be given on the 6th or 7th day. Keezakoi - Nelli Thailam or Kaiyan thailam or Kaiyan Nellikoi thailam for bath may be used.

Uses : Jaundice is cured in a week.

150. KAMALAI PODI (JAUNDICE CURE POWDER)

1	Aya Chenduram or K. A. R. Chenduram	Of each 2 oz.
2	Lohamanduram chenduram	
3	Kadukoi churnam	
4	Thandrikoi churnam	
5	Nellivatral churnam	
6	Jeerakam churnam	
7	Karunjeerakam churnam	
8	Vellaipoondu rubbed into a paste and added	
9	Kantham chenduram No. 1	
10	Perungkayam churnam	
11	Chukku churnam	
12	Milaku churnam	
13	Thippili churnam	

14 Keezhkoi Nelliver churnam — 4 oz.

All are mixed together as per rules and bottled up.

Dose :

$\frac{1}{2}$ to 1 teaspoonful B. D. with lime juice and Honey or Drakshathi decoction.

Uses :

Pandu, Sobai, Kamalai and Peruvaiyuru are cured. Particularly Liver and Gall bladder diseases are very well responded to.

151. KAYA KALPA MATHIRAI No. 2 FOR DIABETICS AND OTHERS.

1.	Purnachandrodhayam No. 1	—	25	Grams.
2.	Velvangam Bm. No. I	—	30	,,
3.	Naga Bm. No. 1	—	30	,,
4.	Aya chenduram	—	30	,,
5.	Kantha chenduram No. II	—	30	,,
6.	Abreka chenduram	—	60	,,
7.	Rasa chenduram No. 3	—	30	,,
8.	Pearls Bm.	—	5	,,
9.	Thiruvanga chunnam No III	—	30	,,
10.	Aurocalciam	—	30	,,
11.	Spermatorrhoea cure No. II	—	200	,,
12.	Dhadhubushti churnam	—	200	,,

All the above 12 ingredients are mixed together rubbed with Thiriphala decoction for 2 days, dried (2) Again rubbed with Avarai Panchangam Kudineer for 2 days and then made into pills of 5 Grains each, dried in the shade and bottled up.

Dose Anupanams and Uses are the same as that of Navaloka - Kalpa Mathirai and Blood Sugar remedies No to 7.

N. B:-

1. Thiriphala churnam No. 3 - 8 oz, Water 2 Madras measures, boiled, reduced to ¼th part, decanted and used for rubbing the above ingredients. (2) Avarai Panchangam - 10 ounces are taken, water 3 Madras measures added, boiled, reduced to ¼th part, decanted and used for rubbing the above ingredients.

2. By using this pill for 40 days, piles are radically cured. Impotency, Nervous debility and Laziness are relieved. General health is very well improved. Diabetes mellitus is very well responded to.

152. KERPA SANJEEVINI OR SUGA PRASAVA RAKSHANI
(Special)

1. Kungumappu (best quality) 2. Gorojanam (best quality) 3. Pachai Karpuram (best quality	Of each equal parts or about one Tola each.

These ingredients are nicely powdered in a kalvam, mixed together as per rules, rubbed well with a little of Cow's ghee until it becomes of a waxy consistency. It is then preserved in a suitable bottle.

Dose :

2 grains may be given morning and evening well mixed with ghee or honey or with betel leaves to all pregnant women from their fourth month onwards up to their eight month continuously. No dietetic restrictions.

Uses :

It helps the mother good health, normal and easy dilivery at the time of labour. As for the the child it remains healthy and sound with normal developments and with good complexion within the

uterus. Both the mother and baby are thus protected from any illness or other abnormalities. Generally speaking, this medicine is a good cardiac and Respiratory stimulant. It is a tonic to the uterus also. Kasam, swasam and Thamaraka vayu etc. are relieved.

153. KERPA SANJEEVINI No. II OR SUGAPRASAVA RAKSHANTI No. II

(Special)

1. Kungumappu
2. Gorojanam
3. Pachai Karpuram
4. Swarna chenduram

} Of each $1\frac{1}{2}$ Drams.

Well mixed and rubbed with Cow's ghee in a kalvam into a waxy consistency and bottled up.

Dose and uses are the same as that of No. I Kerpa Sanjeevini. This is much more effective than No. 1 Kerpasanjeevini since this contains gold chenduram in addition.

154. KEELVAYU REMEDY No. I

(Special)

(a) Amber melugu Grs. 2 to 5. once in the morning only enclosed in a suitable gelatin capsule and swallowed with water or may be taken enclosed in palm (jaggery or plaintain fruit or sugar. This may also be given continously for 3 to 5 days in the morning only according to the toleration of the patient. This produces 1 or 2 motions. In certain cases no motions at all. This melugu may be repeated with intervals of rest.

(b) (i) Keelvayu churnam compound–Gr. V
(ii) Amukara churnam compound–Grn. V

to be mixed together for a dose and taken with honey once in the evening only on all days when Amber melugu is given in the morning. Afterwards this compound churnam may be continued both hours.

Note :

This course may be continued for 3, 5, 7 or even 9 days at a time under Tamarind free diet depending upon the nature of the disease and the toleration of the patient. This will give a substantial cure. If necessary, this course may be repeated after 3 or 4 weeks. All joint affections are cured.

Externally Mynathailam or Jadamanjil thailam may be applied.

155. KEELVAYU REMEDY No. II

(Special)

1.	Chandamarutham or Sivanar amirtham or Kalamega Narayana chenduram or Arumuga chenduram No. 2	2 grains
2.	Aya Veeram or Aya Kantham (special) or K. A. R. Chenduram	5 grs.
3.	Sringi Baspam No. II.	5 grs.
4.	Thirikadugu churnam compound or Panchadeepagni churnam or Amukara churnam Co or Keelvayu chunram compound	5 to 10 grs.

These may be mixed together for one dose.

Dose :

This may be taken with honey or other suitable anupanam morning and evening for $3\frac{1}{2}$, $4\frac{1}{2}$, $5\frac{1}{2}$ days according to the severity of the disease and toleration of the patient under salt and Tamarind free diet preferably.

Uses:

All joint diseases are cured including Vatha-Kudachal.

Note:

After giving rest to the patient for a week or 10 days plain **Rasaghendi melugu No. II or Shenkottai Lehiyam** in proper and gradually increasing dose may be given twice a day after food for about 10, 20 to 30 days without much of dietetic restrictions. This method of treatment has given complete cure in Rheumatoid Arthritis.

156. LEUCO DIET OR LEUCO FOOD No. I
(Special)

1.	Seendil sharkarai or Seendil Satwam	1 part or 12 tolas
2.	Elavampattai (Silk Cotton tree bark) fine churnam	2 parts or 24 Tolas.

Mixed well and bottled up.

Dose:

½ to 1 teaspoonful may be given twice a day with Cow's milk or butter or orange juice or tender Coconut water.

Uses:

Leucorrhoea and its complications are cured. It is a boon to women with Leucorrhoea.

157. LEUCO-CURE POWDER No. I
(Special)

1.	Silajathu Bm. No. 2.	—	3	Tolas
2.	Kalnar Bm.	—	3	,,
3.	Sangu Bm. No. 2	—	3	,,
4.	Seendil Satwam	—	10	,,
5.	Nannari churnam	—	10	,,

Mixed well and bottled up.

Dose:

5 to 10 grains B. D. with butter or honey or milk or tender coconut water.

Uses:

Leucorrhoea and Gonorrhoea are cured. Neerchurukku, Neer Erichal, and Neerkaduppu are releived.

N. B:

Padikara Bm and Sathaveri Lehiyam (Auyr) are also good in Leucorrhoea.

158. LEUCO CURE POWDER No. II

(Special)

1.	Thiruvanga Churnam No. 1 or No. II or Pavala Vangam No. I or No. II	4	drams,
2.	Mirudar Singi Baspam	— 4	,,
3.	Karpura silajathu baspam No. I	— 8	,,
4.	P. S. M. M. baspam	— 8	,,
5.	Kantha-Avaraiver chenduram or Kantha chenduram No. I	4	,,
6.	Naga Sangu baspam or Naga baspam No. II	4	,,

All these ingredients are well mixed and bottled up.

Dose:

5 to 10 grains may be taken with honey or Cow's butter twice a day before food for a course of 10 to 15 days.

Note :

"Leuco food" powder grs. 10 may be added with each dose if necessary in cases of Leucorrhoea.

Uses :

Leucorrhoea, Gonorrhoea, Piles and Fistula are cured.

159. LEUCO-CURE POWDER No. 3

(Special)

1.	Naga Sangu baspam	— 5	Tolas
2.	Mirudar Singi baspam	— 4	,,
3.	Vangarasa guru baspam	— 3	,,
4.	Padikara churnam compound or Gono-leuco cure Powder No. I	10	,,
5.	Karuvanga baspam No. I or No. II	5	,,
6.	Silajathu baspam No. I	— 10	,,
7.	P. S. M. M. baspam	— 10	,,
8.	Leuco Food No. I	— 46	,,

All these ingredients are well mixed together and bottled up. This compound Baspam is directly useful in Leucorrhoea in Women and young girls.

Dose :

10 to 15 grains may be given with Cow's butter or honey or with milk or orange juice or tender coconut water twice a day before food.

Uses :

Leucorrhoea, Gleet and gonorrhoea are cured. Piles and fistula are also treated with this churnam.

160. LEUCO - CURE POWDER No. 4.
(Special)

1.	Silajathu baspam No. 2	-- 3	Tolas
2.	Kalnar Bm.	— 3	,,
3.	Sangu Bm. No. 2	— 3	,,
4.	Seendil Satwam	— 10	,,
5.	Nannari churnam	— 10	,,

Mixed well and bottled up.

Dose:

5 to 10 grains B. D. with suitable anupanam.

Uses .

Leucorrhoea and Gonorrhoea are cured. Neer-churuku, Neer-erichal and Neerkaduppu are relieved.

161. LEUCO CURE POWDER No. 5
(Special)

1.	Leuco cure powder No. 3	— 1 part	or	2 oz.
2.	Kalnar baspam	— ½	,,	1 ,,
3.	Kungiliya churnam	— ½	,,	1 ,,
4.	Nannari verpattai churnam	— ½	,,	1 ,,
5.	Nellikoi juice powder	— ½	,,	1 ,,

These five ingredients are well mixed in the above proportions and kept in a bottle.

Dose .

10 to 20 grains may be given well mixed with Cow's butter or honey or with Cow's milk or with Ilaneer twice a day before food.

Uses :

Leucorrhoea, Gonorrhoea and gleet are cured. Leucorrhoea patients are fully satisfied with this medicine which gives relief in a week.

162. LEUCO CURE POWDER No. 6.
(Special)

1.	Silajathu baspam	—	3	oz.
2.	Nannari churnam	—	3	"
3.	Seenthil Satwam	—	3	"
4.	Silk-Cotton tree bark churnam	—	9	"

Mixed well and bottled up.

Dose :

½ to 1 teaspoonful B. D. with butter or milk. or tender coconut water.

Uses :

Same as that of Nos. 1 to 5.

163. LEUCODERMA CURE (INTERNAL MEDICINE) No. 1 (Special)

1.	Karuvangam chenduram	- 2 Grs. or 1 part.
2.	Chendaka Kattu Bm. (special)	- "
3.	Aya veeram chenduram	- ,,
4.	P. S. M. M. baspam	- 5 grs. or 2½ parts
5.	Parangi churnam Compound	- 5 to 10 grs. or 2½ to 5 parts
6.	Allergic skin cure powder	- 5 to 10 Grns. or 2½ to 5 parts.

All these ingredients are mixed together

Dose :

5 to 15 grains may be taken morning and evening well mixed with honey for about 40 days continuously.

Note :

At the same time external **application** may be adopted. This special receipe has been successful in. certain worst cases of Leucoderma in this institute.

The same medicine is also effective in cases Allergic Dermatitis or Chilvisham of Scabies, Leprosy, Chori, Padai and other allied skin diseases..

2. Alternately **Rasghendi Melugu No. 2** in suitable dose may be given enclosed in capsules or palm jaggery each for 15 days for a fairly long time in stubborn and wide spread cases of Leucoderma.

164. LEUCODERMA CURE POWDER No. 2

(*Special*)

1.	Ayakantham chenduram	—	1 part
2.	Ayaveera chenduram	—	1 part
3.	Annabedhi chenduram	—	1 part
4.	P. S. S. Bm.	—	2 parts

Mixed well and bottled up.

Dose :

1 to 2 Pinches B. D. with butter or honey.

Uses :

Leucoderma is cured when given in addition to Rasaghendhi melugu Grains 5 B. D. for about 3 months.

165. LEUCODERMA CURE POWDER No. 3 (INTERNAL MEDICINE)

(*Special*)

1.	K. A. R. Chenduram	—	4 drams.
2.	Ayakantha Chenduram	—	4 ,,
3.	Ayaveera Chenduram	—	4 ,,

4.	Annabedhi Chenduram No. 3	— 4	drams
5.	Ghendaga Baspam	— 4	,,
6.	P. M. S. S. No. 1 Baspam	— 8	,,
7.	Karuvanga Chenduram	— 4	,,
8.	Parangi Churnam Co.	— 32	,,

Mixed well & bottled up.

Dose and Uses:

Are the same as that of No. 1 Leucoderma Cure.

166. LEUCODERMA CURE (INTERNAL) No. 4

(Special)

1.	Karuvanga chenduram	— 1	tola
2.	Aya Veera chenduram	— 1	,,
3.	Ghendaka kattu baspam	— 1	,,
4.	K. M. N chenduram	— $\frac{1}{2}$	,,
5.	Parangi churnam compound	— 7	tolas
6.	Allergic skin cure	— 7	tolas

These ingredients are mixed together and bottled up.

Dose:

5 to 10 grains may be given twice a day with honey or other suitable anupanam for 40 days.

Uses:

Leucoderma, Leprosy, and other worst skin diseases are cured. Allergic dermatitis or Chilvisham, chorichirangu, Padai and Scabies are also cured.

167. LEUCODERMA CURE No. 5 (INTERNAL USE)

(Special)

1. Aya Veeram	—	$\frac{1}{4}$	oz.
2. P. S. M. M. Baspam	—	$\frac{1}{2}$	,,
3. Ghendaka Kattu baspam	—	$\frac{1}{2}$	,,
4. Parangi churnam compound	—	4	,,
5. Allergic skin cure	—	4	,,

Mixed well and bottled up.

Dose :

5 to 10 grains may be given twice a day with honey.

Uses :

Leucoderma and other skin diseases are cured.

168. LEUCODERMA CURE POWDER No. 6.

(Special)

1. Parangi churnam compound	—	1	oz.
2. Allergic skin cure	—	1	,,
3. P. S. M. M. baspam	—	1	,,
4. Ayaveeram	—	1	,,
5. Karuvanga chenduram	—	1	,,

Mixed well.

Dose.

5 to 10 grains may he taken twice a day with honey.

Uses:

Are the same as that of Leucoderma cure Nos. 1 to 5.

169. LEUCODERMA CURE POWDER No. 7

(Special - Internal)

1. Karuvanga chenduram	—	1 part
2. Ayaveeram chenduram	—	1 part
3. Ghendaga baspam	—	1 part
4. Parangi churnam compound	—	5 parts

These are mixed well and bottled up.

Dose :

10 to 15 grains may be given twice a day with honey.

N. B :

Karpoki Paste for external application, rubbed with curd or with meni leaves juice is also recommended in Leucoderma.

Uses :

Same as that of Leucoderma cure Nos. 1 to 6

170. LEUCODERMA CURE POWDER No. 8.

(Special - Internal)

1. Karuvanga chenduram	—	1 part
2. Pandu Nivarani	—	1 ,,
3. Ghendaga baspam	—	1 ,,
4. P. S. M. M. baspam	—	1 ,,
5. Parangi churnam compound	—	5 parts.

These are mixed well and bottled up.

Dose :

10 to 15 Grains may be given twice a day with honey.

Uses .

Leucoderma and all worst skin disease are cured. (2) **Karpoki paste for external application**, rubbed with curd or with meni leaves juice is also recommended in Leucoderma.

171. LEUCODERMA CURE POWDER No. 9.

(Special - Internal)

1.	Parangi churnam compound	— 1	oz,
9.	Allergic skin cure	— 1	,,
3.	P. S. M. M. baspam	— 1	,,
4.	Ayaveeram chenduram	— 1	,,
5.	Ghendaka baspam	— 1	,,

Mixed well.

5 to 10 grains may be given twice a day with honey.

Uses :

Are the same as that of Leucoderma cure Nos. 1 to 8.

172: LEUCODERMA CURE No. 10 INTERNAL

(Special)

1,	Leucoderma cure No, I	— 10	tolas
2.	Leucoderma cure No. V	— 10	tolas
3.	Parangi churnam compound	— $1\frac{1}{2}$	lb
4.	Karunthulasi leaves juice	— 9	lb

Mixed well, exposed to the sun to be fully dried, powdered again and bottled up.

Dose and Uses are the same as that of Leucoderma cure 1 to 9.

173. LEUCODERMA CURE No. II. (Eleven)

(Special)

1.	Aya chendurnm No. 1	— 2	oz.
2.	Aya chenduram No. 2	— 1	,,
3.	Annabedhi chenduram	— 1	,,
4.	Ghendaka baspam No. 3. Spl.	— 1	,,
5.	Ghendaka chunnam	— 1	,,
6.	Iyakantha chenduram	— 1	,,
7.	Ayaveeram chenduram	— 1	,,
8.	Jeevaloka chenduram	— 1	,,
9.	Abreka baspam	— 1	,,
10.	P. C. Bm.	— 1	,,
11.	Ascorbic Acid	— 1	,,
12.	Parangi churnam	— 12	,,

Mixed well and bottled up.

Dose:

2 to 4 pinches B. D. with honey.

Uses:

Leucoderma and other skin diseases are cured Pandu, Sobai, Kamalai are also well responded to.

174. CHEST PAIN CURE OR MARPU NOI NIVARANI.

1.	Kasthuri chenduram	— 1	Tola.
2.	Sringi baspam	— 4	Tolas.
3.	Silajathu baspam No. 1	— 4	,,
4.	Swayamagni chenduram	— 4	,,
5.	B. P. Stablizer	— 13	,,

Mixed well and bottled up.

Dose :

1 to 2 pinches B. D. with Honey or other suitable anupanam.

Uses :

Chest Pain, Indigestion, Anorexia, Pandu, Sobai, and Kamalai etc are cured.

175. MEGAPPADAI MARUNTHU CHURNAM INTERNAL No. 1

(Special)

1. Avarai Panchangam churnam	}	of each equal parts or 8oz. each.
2. Parangippattai churnam Co.	}	
3. Sugar	—	1 lb

Mixed and bottled up.

Dose :

10 to 20 grains B. D. with water or honey for 14 days or longer.

Uses :

All kinds of skin diseases esp: Padai or Ringworm and eczema etc are cured.

176. MEGAPPADAI NIVAKANI (INTERNAL MEDICINE) No. 2 OR PARANGI PATHANGAM COMPOUND.

(Special)

1.	Parangippattai pathangam	—	1 part	or 2 tolas
2.	Karuvanga chenduram	—	1 ,,	2 ,,
3.	Aya veeram ,,	—	1 ,,	2 ,,
4.	Ghendaka baspam	—	1 ,,	2 ,,
5.	P. S. M. M. baspam	—	1 ,,	2 ,,
6.	Allergic Skin cure	—	5 ;.	10 ,,

Mixed well and bottled up.

Dose :

5 to 10 grains may be given with honey twice a day before food for a period of 40 days with intervals of rest or suspension of medicine for about a week after every 10 days administration.

Uses :

Padai, Eczema, Ringworm, Psoriasis, Seborrhic dermatitis, Kalkaduvan and other worst skin diseases are cured.

N. B.

Parangi churnam compound 5 parts may also be added to the above internal medicine.

177. MEGA-PADAI MARUNTHU POWDER No. 3.

(Internal – Special)

1. Rasa Chenduram No. 4. —	1 part or 1 oz.
2. Ghendaka Parpam No. 1 or Ghendaka kattu Bm.	2 parts or 2 oz.
3. Parangi churnam Co. or Allergic skin cure powder	3 parts or 3 oz.

Mixed well and bottled up.

Dose :

2 to 4 grains B. D. with Honey.

Uses :

Padai, Scabies and all skin diseases are cured.

178. MEGA-PADAI MARUNTHU (INTERNAL No.4.) POWDER.

1.	Avarai Panchangkam	Of each equal parts or $\frac{1}{2}$ lb each
2.	Parangipattai churnam Co.	
3.	sugar	— lb 1
4	Karuvanga chendhuram	— 1 oz.

Dose:

10 to 20 grains B. D. with honey for 40 days or longer.

Uses:

All kinds of Padai or Ringworm and eczema are cured.

179. MULTIPLE CORNS AND WARTS REMEDY (INTERNAL)

1.	Ayaveeram Chenduram	— 1 part or 1 dram
2.	Parangipathangam	— 1 part or 1 dram
3.	P. C. Bm	— 2 parts or 2 drams
4.	Ghendaka baspam	— 1 part or 1 dram
5.	Rasa chenduram No. 3	— ,, 1 dram
6.	Parangi churnam Co.	— 2 parts or 2 drams
7.	Allergic skin cure	— ,, 2 drams

Mixed well and bottlad up.

Dose:

2 pinches B. D. with honey. Very effective in Multiple warts in the face and other parts of the body.

Externally simultaneous **Karpoki paste** may be rubbed wtth Lime Juice into a nice paste and applied over the warts daily. In 10 days warts disappear. Tried in 3 cases including Master Arungiri son of Circle Inspector, Koilpatti in 1968 or so.

180. NAVAR PAZHAM JUICE FOR DIABETES.

Navar Pazham about 12 Madras measures are taken. The fruits are crushed with hand, Navar Pattai churnam about 2 ounces is sprinkled in it, mixed well and set aside. Two days later, the juice is squeezed out and filtered. Now about lbs 4 juice is extracted, boiled, cooled, bottled up and added one dram of nice powder of **Pachaikarpuram.** The mouth of the bottle is provided with a tight stoppered cork, covered with a cloth, tied well and kept aside for 40 days and then used internally.

1 to 2 teaspoonfuls with a little water to be taken 2 or 3 times a day.

Diabetes Mellitus, Polyurea and their complications particularly **Thirst** and **copious urination** are relieved.

181. NEERKADUPPU NIVARANI.

Puliam Viraithole (Tamarind seed outer cover) powdered and bottled up.

Dose :

5 to 10 grains to be mixed with Ilaneer, exposed to the moon in the mist at night end taken in the morning.

Uses :

Neerkaduppu and Neer Erichal etc are relieved. Very very useful and effective.

182. NEERKANAI REMEDY FOR CHILDREN No. 1

1.	Amirthathi Gutika powdered	— 2	drams
2.	Bala Sanjeevi pills powdered	— 2	,,
3.	Kasthuri Matrai powdered or Kasthuri Chenduram	} 2	,,

4. P. C. Bm. — 2 drams
5. Linga Kattu Chenduram — 2 ,,

Mixed well and bottled up.

Dose :

1 pinch B. D. with honey.

Uses :

Chalikattu, Erumal, Jwaram and Neerkani etc are cured.

183. NEERKANAI NIVARANI No. 2 For Children

1. Lingam Kattu Chenduram — 1 dram
2. Cough Remedy — 2 drams
3. Vasantham powdered — 1 dram
4. Kasthuri chenduram — 1 dram
5. Thalisathi churnam — 10 drams.

Mixed well.

Dose :

1 to 2 pinches B. D. with honey.

Uses :

Neerkanai (or Allu Mantham) in children, jwaram and all lung diseases are cured. Elders also can use this compound for Kasam, Swasam, kshyam and Eusinophylic lung etc.

184. NEURASTHENIA REMEDY

1. Peranda baspam Nos. 1 & 2 in equal parts mixed } 1 part or 1 drams
2. Silajathu baspam —2 parts or 2 drams
3. Sringi baspam —3 parts or 3 drams
4. Kasthuri chenduram —1 part or 1 dram

Mixed well and bottled up.

Dose :

5 to 10 grains to be given with B. P. Stablizer and honey or with Multivite Lehiyam twice a day.

Uses :

Neurasthenia, Hysteria, Epilepsy, cereberal irritation and Sleeplessness etc are relieved. Padikara-Chenduram 2 grains may be added for each dose if sleeplessness is very much experienced.

185 PANCHAMOOLI SANJEEVI (TRADITIONAL)

1. Sivakaranthai churnam	Of each equal parts or 3 ounces each.
2. Seendil samulam churnam	
3. Keezhkoi Nelli samulam churnam	
4. Arisithippili churnam	
5. Vashambu churnam	

To be mixed well and preserved in a bottle.

Dose :

2 to 4 grains may be taken twice a day with honey for one mandalam of 40 to 45 days.

Uses :

Disturbed thiridoshas (முத்தோடம்) will become normal. General health will be improved. It acts as a brain, sexual and Nervine tonic. Very useful in all ages.

186. PANCHAMARAPPATTAI DRIED EXTRACT

1. Alam pattai	Of each equal parts or about, ¼ Viss each, pounded well and put in an Andah.
2. Aththi pattai	
3. Eththi pattai	
4. Arasam pattai	
5. Navar pattai	

Dose :

Water added 8 Madras measures, boiled, reduced to 1/8 part, decanted, again the decoction is boiled to Kulambu-pakam and dried in the sun.

Uses :

This dried extract is used in the Diabetes cure pills and Blood sugar Remedy Pills.

187. PEENASAM & KARNASOOLAI REMEDY

1.	Sivanaramirtham	— 1	dram
2.	Kasthuri chenduram	— 1	dram
3.	Vasantham powdered	— 2	drams
4.	P. C. Baspam	— 2	,,
5.	Parangi pathangam	— 2	,,
6.	Ulantha Linga chenduram	— 2	,,
7.	Parangi churnam co. or Thalisathi churnam	10	,,

Mixed well and bottled up.

Dose :

2 to 3 pinches B. D. with honey.

Uses :

Sinusitis, Rhinitis, Coryza, Headache, Earache and Ottorrhoea etc are cured. 2) In addition Chukku Thailam or Nasiroga Nasa Thailam may be used for Head bath and Nasyam.

188. THROAT PAIN RELIEVER (INTERNAL) OR PHARNYGITIS CURE

1.	Navaneetha baspam	— $\frac{1}{2}$	oz.
2.	P. S. S. baspam	— 1	,,
3.	Ascorbic Acid	— 1	,,
4.	Annabedhi chenduram No. 3	— 1	,,

5. Stomatitis cure No. II — 1 oz.
6. Thiriphala churnam No. 1 — 2 ,,

Mixed well and bottled up,

Dose :

1 to 2 pinches to be taken with ghee or butter.

Uses :

Throat pain is relieved.

189. THIMIR VAYU REMEDY OR PERIPHERAL NEURITIS CURE PILLS No. 1

(Special)

1.	Purna chandrodhayam No. 1.	—	2	tolas
2.	Abreka chenduram (special)	—	4	tolas
3.	Thiruvanga chunnam	—	4	tolas
4.	K. A. R. Chenduram	—	4	tolas
5.	Aya thanga chenduram	—	2	tolas
6.	Dhadhubushti Churuam	—	8	tolas
7.	Avaraiver bark Extract compound churnam	—	8	tolas

Rubbed with **Thriphala decoction** for 2 days, rounded into pills of grains 5 each, dried in the shade and bottled up.

Dose :

1 to 2 pills to be taken 2 or 3 times a day after food.

Uses :

Diabetes Mellitus and its complications are cured. General health and Vitality are improved. Diabetic Neuropathy is well responded to.

190. PERSISTENT FEVER DECOCTION.

(விடாச்சுரக் குடிநீர்)

1.	Vishnugranthi	— 7 or 8 plants
2.	Keezhkoi Nelli 4 or 5 plants	—
3.	Adathodai leaves 5 or 6 leaves	—
4.	Chukku small piece	—
5.	Milaku	Of each $\frac{1}{2}$ tola.
6.	Thippili	
7.	Thippilimulam	
8.	Chithraththai	
9.	Thalisam	
10.	Jathikottam	
11.	Akkrakaram	
12.	Parangi chakkai	
13.	Korai Kilangu	
14.	Parpadakam	
15.	Seendil kodi	
16.	Nilavembu	
17.	Peipudal	
18.	Angoor Drakshai	— 3 tolas.

Water - One Madras Measure.

To be boiled and reduced to $\frac{1}{4}$th part, decanted; Karkandu Q. S. to sweeten the taste may be added.

Dose :

2 to 4 ounces twice or thrice a day with fever chenduram or Kasthuri Mathirai and Red pill or other appropriate medicines for **fever** and **janni** may be used.

Uses :

All fevers which are persistent inspite of treatment are rapidly cured.

191. MENORRHAGIA AND METERORRHAGIA CURE POWDER OR PERUMPADU NIVARANI (TRADITIONAL)

1. Pattu-vasthra chenduram or Silk cloth burnt up char } 2 oz.
2. Poongkavi chenduram — 2 oz.
3. Navarkottai churnam — 2 oz.

Mixed well and bottled up.

Dose :

10 to 15 grains to be mixed with ripe mountain-plantain fruit and taken 2 or 3 times a day for 3 to 7 days.

Uses :

All sorts of profuse perumpadu (Menorrhagia and Meterorrhagia) are cured marvellously. This is an experienced and tried out remedy. Every physician must have a stock of this remedy always.

192. M. M. CURE No. 2 (பெரும்பாடு நிவாரணி)

1. Jathikoi — 6 Tolas
2. Lavangam — 30 Tolas

Secure an old silk cloth in which the above two drugs are kept made into a bundle like a ball & burnt in an airtight compartment. It becomes a charred parpam and it is powdered and bottled up.

Dose :

One P. W. may be given with ½ P. W. of **Kantha Chenduram No. 3** B. D. with Cow's butter or ghee for 15 days.

Uses :

Menorrhagia and Meterorrhagia or bleeding per vagina are cured.

193. PILES CURE No. 1 OR TAMARIND SEEDS BURNT-UP-ASH

Tamarind seeds: Lbs 4 Fried little by little in a frying pan Red Hot and kept exposed to the wind. It becomes ash. On being cooled, it is powdered and bottled up.

Dose:

5 to 15 grains to be given with curd or any fruit juice two or three times a day.

Uses:

Piles of all kinds and Prolapsed rectum are cured miraculously.

194. PILES CURE No. 2 OR CORKS BURNT UP CHAR.

Wooden corks Q S. fried in a frying pan red hot and kept exposed to the wind. It becomes ash. on being cooled it is powdered and bottled up.

Dose:

5 to 10 grains to be given with curd or any fruit juice 2 or 3 times a day,

Uses:

Piles of all kinds and prolapsed rectum are cured.

195. PILES CURE No. 3.

1.	Piles cure No. 2	— 1	oz.
2.	Piles cure No. 1	— 2	oz.
3:	Doubla Naga baspam	— ½	oz.

Mixed well and bottled up.

Dose:

2 to 4 pinches B. D. with butter or curd.

Uses :

Bleeding Piles, inflamned piles, fissure anus and fistula are cured.

196. PITHA-VANTHI REMEDY OR BILIOUSNESS CURE.

1.	Chukku Churnam	—	4 oz.
2.	Elarisi ,,	—	4 oz.
3.	Jeerakam ,,	—	4 oz.
4.	Nellivartal ,,	—	4 oz.
5.	Sugar	—	16 oz.

Mixed well and bottled up.

Dose :

10 to 20 grains B. D. with Ghee or Honey.

Uses .

Vanthi, Salivation, Pithamayakam, Giddiness, Andavayu etc. are cured.

197. CHILDREN - VANTHY REMEDY.

1. Lavanga churnam
2. Athividayam churnam
3. Arisithippili churnam
4. Myleragu burnt up ash

} Of each equal parts or 1 oz. each.

Mixed well and bottled up

Dose :

1 to 2 pinches B. D. or T. D. S. to be given with Honey.

Uses :

Vanthi and Indigestion are cured in children. This may be used in adults also.

198. PSORIASIS AND OTHER WORST SKIN DISEASES CURE (INTERNAL)

1. Scabies cure	— 1 part	or 2 drams.
2. Karuvanga chenduram	— $\frac{1}{2}$,,	1 dram.
3. Ghendaka baspam	— $\frac{1}{2}$,,	1 ,,
4. Parangi churnam Co.	— 2 parts	or 4 drams.

Mixed well and bottled up.

Dose:

5 to 10 grains B. D. with honey.

Uses:

Psoriasis and other worst skin diseases are cured miraculously in two weeks.

199. FEVER CURE POWDER No. 1 OR PYREXIA CURE POWDER No. 1

(Special)

1. Linga Kattu chenduram (special)
2. Gorojanathi Mathirai (churnam)
3. Sarparaja gutika (churnam)
4. P. S. M. M. baspam

} Of each equal parts.

These four ingredients are well mixed and bottled up.

Dose:

2 to 5 grains may be taken with Thalisathi churnam or Gowthamar churnam or B. P. Stabilizer grs. 5 for a dose well mixed with honey 2 or 3 times a day before food until fever is relieved. Kasthuri chenduram grs. 1 to 2 for a dose may be added if necessary,

Uses:

All kinds of fever are relieved. It is a very useful remedy in Influenza, Pneumonia and Eenteric fever.

200. SARVA-JWARAM CURE POWDER OR PYREXIA CURE POWDER No. II

(Special)

1.	Ulantha Lingha Kattu chenduram	— 15 Gms.
2,	Kasthuri chenduram	— 15 ,,
3.	Vasantha Pills powdered	— 15 ,,
4.	P. S. M. M. baspam	— 22½ ,,

The above four ingrediants are mixed well and bottled up.

Dose :

3 to 5 grains to be mixed with equal part of B. P. Stabilizer or Thalisathi churnam or Amukara churnam compound and given twice a day with honey (followed by Inji juice and honey once on the first day.

Uses :

All kinds of specific and non specific fevers are cured, particularly Influenza, Typhoid fever and other septic fevers etc.

201. PYREXIA CURE POWDER No. III

1.	Ulantha Lingha Kattu chenduram or Jathilingha Kattu chenduram	3 parts
2.	P. S. M. M. Baspam	— 10 ,,
3.	Kasthuri chenduram	— 1 ,,
4.	Sivanaramirtham	— 3 ,,

These four ingredients are well mixed together in a mortar and preserved in a stoppered bottle.

Dose :

2 to 4 grains twice a day may be given with Thalisathi churnam or Thirikadugu churnam or Amukara churnam compound or B. P. Stabilizer or Panchadeepagni churnam and honey (followed by Inji churasam and honey for the first dose only.)

Uses :

All sorts of fever, cold, cough, Pneumonia, Headache and Vadhakudaichal etc are relieved.

Diet :

Conjee diet or other liquid diet such as bread and milk diet may be allowed.

202. SARWA JWARAM CURE No. 4

1.	Ulantha Linga Kattu chenduram	—	5 Tolas
2.	P. S. Baspam	—	5 ,,
3.	Silajathu Bm. No. 1	—	5 ,,
4.	Kasthuri chenduram	—	2½ ,,
5.	Thalisathi churnam or B. P. Stablizer or Amukara churnam. Co.	—	20 ,,

Mixed well and bottled up.

Dose :

5 to 10 grains to be taken 2 or 3 times a day well mixed with honey.

Uses :

Fever of all kinds, Chalikattu and Vatha kapha diseases are cured.

203. RHEUMATOID ARTHRITIS AND GOUT CURE (Special)

1.	Aya Kantham Chenduram	—	60 Grains.
2.	Aya Veeram ,,	—	60 ,,
3.	Silajathu baspam	—	120 ,,
4.	Vanga chunnam	—	60 ,,
5.	Amukara churnam compound	—	1 oz.

Mixed well and bottled up.

Dose :

5 to 15 grains B. D. with honey.

Uses :

Rheumatism, Arthritis, Gout and Paralysis etc. are cured. This should be continued for 20 to 40 days. Alternately **Rasaghendimelagu** No. 2 also may be given with intervals of rest in between these two medicines in chronic joint affections,

N. B :

Rasaghendi Melagu No. 1 or 2 with Aswaghenda Lehiyam (Ayur) is also indicated in this troublesome disease.

204. SCABIES REMEDY (INTERNAL)

1,	K. M. N. Chenduram	— 1	part
2,	Ghendaka baspam No. 1	— 1	,,
3.	Ayaveeram chenduram	— 1	,,
4.	Karuvanga chenduram	— 1	,.
5.	P. S. S. Baspam	— 1	,,
6.	Parangi churnum Co.	— 6	parts

Mixed well and bottled up.

Dose :

1 to 2 pinches B. D, with honey.

Uses :

Very Excellent remedy for Scabies, Psoriasis. Podugu, Ranams, and other worst skin diseases,

205. SIDDHA CONTRACEPTIVE No. I

1.	Sanal Seeds powdered nicely		— $\frac{1}{4}$ Kg.
2.	Panai Vellam		— $\frac{1}{4}$ Kg.
3.	Honey	Q. S. or	— $\frac{1}{4}$ Kg.

Nos. 1 & 2 are pounded well into a Lehiyam consistency, Honey added, mixed well and bottled up.

Dose :

4 Kalanjus or 5 drams be given twice a day during menstrual period of 3 or 4 days.

Uses :

A permanent Sterility or Contraceptive is assured. ½ to 1 tola sanal seeds alone may be rubbed into a paste and swallowed morning and evening for 3 days during menses.

206. SIDDHA CONTRACEPTIVE No. 2

(சூதகத்தைக் கிரமமாக உண்டாக்க)

(PAGE II PART VIII (Brahmarahasyam)

1.	Fried Vengkaram	— 2	drams
2.	Oil of clovers	— 8	drops
3.	Valendrapolam	— 96	grains
4.	Kungumappu	— 24	grains

All these ingredients are rubbed well in a kalvam with Lime fruit juice for a day, made into pills of Thuvari size (Dhall) and taken one pill once or twice a day at the expected period. This help normal menses.

207. SIDDHA CONTRACEPTIVE No: 3 OR MOOSAMBARA MELUGU.

1.	Kariapolam	— 7	Tolas
2.	Valendrapolam	— 4	Tolas
3.	Kungumappu	— 2	Tolas
4.	Panaivellam	— 4	Tolas
5.	(Shudan) Karpuram	— 1	Tola
6.	Perunkayam	— 2	Tolas

All these ingradients are r u b b e d together in a kalvam with pure honey into waxy consistency and preserved in a dish.

Dose :

Big Pattani Kadalai size B. D. followed 10 to 15 mts afterwards, by a cup of Shombu decoction to be taken at the time of menstnural period.

Uses :

It helps the normal menses for those whose usual menses is interrupted, removes lochia and retained discharge from the uterus during puerperium. It relieves Dysmennorrhoea. When there is uterine bleeding the medicine should be stopped.

208. SIDDHA CONTRACEPTIVE No. 4 (PAGE 583 GUNAPADAM PART I)

1.	Valendrapolam	— 1 oz.
2.	Kariapolam	— 2 ozs.
3.	Kungumappu	— $\frac{1}{2}$ oz.
4.	Gulkandu	— $2\frac{1}{2}$ ozs.

All these four ingrdients are to be mixed in a kalvam until it becomes of a waxy consistency and then bottled up.

Dose :

5 to 10 black - gram size once at the expected period. It will regularise menstruation. Produces purging also. Once administration is enough.

209. SIDDHA CONTRACEPTIVE No. 5.

1. Mavilungampattai dried powder
2. Mungil leaves dried powder
3. Chittarathai powder
4. Chukku powder
5. Milagu powder
6 Thippili powder
7. Shathakuppai powder
8. Kodiveliverpatti ,,

These powders are mixed together rubbed with Lime fruit juice or other suitable decoctions, made into pills of kuudri size (2 grains each), dried in the shade and bottled up.

Dose :

One pill to be taken during the expected period or after sexual intercourse twice a day for 3 days to ladies only.

Uses :

Good Contraceptive. This may also be used as a decoction in suitable dose.

210. SOOTHAKAVALI - NIVARANI (DYSMENORRHOEA REMEDY)

1. Thuththi leaves	—	6 ounces
2. Vellaipoondu	—	6 ounces
3. Milagu churnam	—	6 ounces
4. Vashambu churnam	—	5 ounces

All these are mixed in a kalvam, rubbed well with water, made into 15 boluses and given one bolus once a day in the morning only for 3 days at the time of menses for menstrual pain. Dose should be regulated according to the condition of the patient.

This can also be prepared then and there, 1/5th of the above process for a patient for one course.

N. B :

Gunmakudori Lehiyam may also be given for this ailment morning & evening with hot water.

211. SPERMATORRHOEA CURE No 1. (Special)

1. Kantha Chenduram No. I	—	6 drams
2. Thiruvanga chunnam No. II	—	6 drams
3. Nagasangu Baspam	—	6 drams
4. Silajathu Baspam	—	6 drams
5. Murungai pisin churnam	—	2 palams or 6 tolas
6. Karuvalampisin churnam	—	2 palams ,,

7. Vilampisin churnam	— 2 palams or 6 tolas	
8. Vadhampisin churnam	— 2 ,,	,,
9. Salamisiri churnam	— 2 ,,	,,
10. Karuvelampoo churnam	— 2 ,,	,,

All these ten ingredients are nicely powdered, mixed well and bottled up.

Dose.

15 to 30 grains may be taken twice a day with Cow's milk or butter or ghee or honey or other anupanams.

Uses:

Spermatorrhoea, Dhathu-nattam, nervous debility, Neer erichal, Neer kaduppu and general weakness are all relieved.

212. SPERMATORRHOEA CURE No. II

(Special)

1. Aya-kantha chenduram	— 2	parts
2. Murungai pisin powdered	— 2	,,
3. Karuvelam pisin powdered	— 2	,,
4. Karuvelam leaves powdered	— 2	,,
5. Karuvelam poo powdered	— 2	,,
6. Karuvelam pattai powdered	— 2	,,
7. Karuvelvam verpattai churnam	— 2	,,
8. Vilampisin powdered	— 2	,,
9. Vadampisin powdered	— 2	,,
10. Salamisiri powdered	— 2	,,
11 Sringi Baspam No. 2	— 2	,,

All these ingredients in powder form are well mixed in a kalvam and bottled up.

Dose Anupanam and Uses are the same as that of No. I spermatorrhoea cure.

213. SPERMATORRHOEA CURE No. 3

1.	Silajathu Baspam No. 2	— 1	oz
2.	Thiruvanga Chunnam	— 1	oz
3.	Ayaveeram Chenduram	— 1	oz
4.	Karuvelam flowers powder	— 3	oz
5.	Salamisiri powder	— 3	oz

Mixed well.

Dose : :

2 to 4 pinches B. D. with Cow's butter or honey or milk,

Uses :

Semen is well strengthened and leakage or wet dreams is prevented. General Health is improved.

214. SEENTHIL SARUKARAI OR SEENTHIL SATVAM OR AMIRTHA SARUKARAI

(a) **Mega Sanjeevi churnam** and (b) **Mega-sanjeevi: Lehiyam** Por–Seenthil or Nattu-Seenthil, well matured Kizhangu or thandu (stem) or both may be secured. In the case of kizhangu the outer superficial layer of skin may be gently scraped out. Either Kizhangu or stem or both.- they are cut into small pieces, dried well, powdered and strained.

2. You please take about a measure of this churnam, put it in a Mud chattey or a glass jar, add to it 4 measures of distilled water or preferably Annakatijalam, stir well often and keep it aside for a day allowing it to settle down. Next day gently and carefully remove the water and the churnam of sediments is then exposed to the hot sun to be dried.

3, You please repeat this process of adding 4 measures of distilled water or preferably Annakati-jalam to the first time treated Seenthil churnam, stirring often, keeping it aside for a day, allowing it to settle down and on the next day the surface water is carefully removed while the bottom churnam is

exposed to the sun to be dried. This process is repeatedly done on the whole 10 times.

4. The next process is that the above 10 times treated Seenthil churnam is put in a solution of 4 measures of Annakatijalam (Explained in another place) plus $\frac{3}{4}$ measure of Lime fruit juice, stirred well often and kept aside for a day allowing it to settle down. Next day the surface water is removed or decanted and the bottom churnam is exposed to the sun to be dried.

5. The next process is that the above churnam treated in the above two solutions is, then put in a solution of 4 measures of very sour Cow's butter-milk plus $\frac{1}{4}$ measure of lime fruit juice, stirred well often. allowed to settlle down for a day, the surface liquid is removed or decanted the next day and the bottom churnam is dried in the sun.

6. The last and the final process is that the above churnam treated in all the above three solutions is then put in a vessel, added to it one measure (Madras measure) of Cow's milk and $\frac{1}{2}$ measure of Bengal white sugar, stirred well or mixed well and immediately exposed to the hot sun to be completely dried. This is then powdered nicely and bottled up. This final churnam is said to be **Amirtha sharukarai** or **Seenthil-sarukarai** or **Seenthil satwam** according to Agastiar's original medical works.

N. B:- Ordinarily it is said that the bitterness of Seenthil is much more severe than that of Neem Green fruit. Such an intense degree of bitterness of seenthil need be converted into an Amirtham by the above processes. Otherwise, it is said, no good of medicinal effect. The author challenges that other methods of seenthil satvam are of no use. The above Seenthil-satvam or Seenthil-sharukarai is useful in **Diabetes Mellitus and its complications** etc. It is a cure for Asthijwaram and it removes the heat of the body. It is also useful in Gonorrhoea and Leucorrhoea.

II. The above Seenthil sharukarai is made use of in the following compound churnam and Lehiyam preparations :-

(a) Megasanjeevi churnam or Amirtha Sanjeevi churnam :-

Amirtha sharukarai above mentioned	56 palams.
Thirikatu churnam (Sukku, Milagu and Thippili of	of each 1 palam or 3 tolas.
1. Athimathuram churnam 2. Omum 3. Vayuvidangam 4. Thippilimulam 5. Shudan 6. Kungumappu 7. Kasthuri 8. Gorojanai 9. Jathikoi 10. Jathipatri 11. Lavangam	of each one palam or 3 tolas churnam.

Those that are to be gently fried and powdered may be done so and weighed.

Then take **Vilvam flowers**-this may be secured, dried in the shade, nicely powdered and strained—14 palams (or 42 tolas of this flower churnam is weighed and taken.)

white sugar - 7 palams or 21 tolas.

All the above churnams and sugar are mixed well and bottled up.

Dose :

10 to 30 grs. may be given with suitable Anupanam or honey twice a day before food according to the severity of the disease and toleration of the patient.

Uses :

Diabetes mellitus and allied diseases are cured. It reduces the heat of the body, improves the general health and developes. Thathu Viruthi. Diseases not cured by the simple Amirtha Sharukarai will be

definitely cured by this compound churnam of Amirtha Sanjeevi churnam.

(b) **Mega Sanjeevi Lehiyam or Amirtha-Sanjeevi Lehiyam** :-

Ilaneer (Tender Coconut water)	4 Madras measures
Thazhai-Vizhuthu juice	— 4 Madras measures

These two fluids are put in a suitable mud chattey and added to it the following ingredients well cut and pounded :-

1.	Peramutti	— 2 palams or 6 tolas
2-	Chiru-Pulladi	— $\frac{1}{4}$ palam or $\frac{3}{4}$ tola
3.	Chirunerunji	— 2 palams or 6 tolas
4.	Nannari ver pattai	— 1 palam or 3 tolas
5.	Elakkoi arisi	— 1 palam or 3 tolas

These ingredients are cut into small bits, pounded added to it the above fluids, boiled and reduced to 1/8th part (ie. One measure of the decoction and decanted.

This decoction is again boiled in a chattey and when it is half reduced, 4 palams or 12 tolas of **white sugar** are added and again boiled to be reduced itself to a Kuzhambu or semi-solid consistency. At this stage the **Amirtha Sanjeevi churnam** mentioned under (a) $\frac{1}{2}$ Madras measure is added to it, stirred well, added Cow's ghee $\frac{1}{2}$ measure, mixed well and taken out from the fiire as Lehiyam or as mezhugu consistency. When it is cooled, Honey 1/8 measure is added, mixed well and bottled up. This is known as **Amirtha sanjeevi lehiyam or Maga Sanjeevi Lehiyam,**

Dose :

Kazhanju weight or about $1\frac{1}{4}$ P. W. morning and evening may be taken either alone or preferably with properly prepared and finished **Abreka chunnam** or **Baspam** or **Chenduram** about 1 to 2 Grs.

Uses:

Diabetes mellitus and its complications, prolonged fevers, Gonorrhoea. Leucorrhoea and all sorts of skin diseases are cured. General health is also improved.

215. PADIKAVENGKARA PASPAM (Stomatitis) CURE No 1.

1. Fried Padikaram — 5 palams
2. Fried Vengaram — 5 palams

Both are finely powdered, rubbed with cow's butter (prferably home made churned butter) — lb 1 in a kalvam, placed in a suitable kuduvai, mouth covered with an odu, clay cloth seven layers are made to the margin, dried a bit and subjected to putam with 50 to 60 Vratties in a pit. (The medicine inside the Kuduvai should be less than half of the capacity of the Kuduvai.) On being cooled, the baspam is secured, at times it is greyish. No matter it can be used.

Next, Sringi baspam No. 1 half of the total weight of the above finished baspam is added, mixed nicely in a kalvam and bottled up.

N. B :

When we use the butter purchased from the ghee shop for putams of any medicine, it becomes blackened. We must not use the bazaar sold butter under any circumstances. Simple padikaram too rubbed with bazaar butter becomes black. Home made butter is better used.

Dose :

2 to 4 grains with Cow's butter or castor oil may be taken two or 3 times a day.

Uses :

Stomatitis, Glossitis, Pharyngitis and mercurilism are cured.

216. STOMATITIS CURE POWDER No 2
(Special)

1. Padika Vengkara baspam or Stomatitis cure No. I		5 ounces
2. Kungilya churnam	—	2½ ,,
3. Savarkara chunnam	—	1¼ ,,
4. Nellikoi - juice powder	—	5 ,,

All these ingredients are well mixed together and bottled up.

Dose:

5 to 10 grains may be given with Cow's butter or other suitable anupanams morning and evening.

Uses:

Stomatitis, Pharyngitis, Urinary troubles and Mercurialism are cured.

217. STOMATITIS CURE No. 3.

1. Stomatitis cure No. 2	—	1 oz,
2. Annabedhi chenduram	—	1 oz.
3. Thiriphala churnam	—	½ oz.
4. Nellikoi juice powder	—	½ oz.

Mixed well and bottled up.

Dose:

1 to 3 pinches or 2 to 6 grains B. D. wtih butter or honey.

Uses:

Stomatitis, Glossitis Epithelioma and pharyngitis etc are cured.

218. STOMATITIS CURE No. 4.

1. Annabedhi chenduram No. 4	—	1 part.
2. Sringi baspam	—	2 parts.
3. Thiriphala churnam	—	4 parts.

Mixed well and bottled up.

Dose :

2 pinches B. D. with butter.

Uses :

Stomatitis and Pharngitis are cured. Epithelioma in the mouth is well responded to.

219. STOMATITIS CURE No 5

1.	Stomatitis Cure No. 2	— 1	oz
2.	Annabedi Chenduram	— 1	oz
3.	Nellikoi juice powder	— 1	oz
4.	Navaneetha baspam	— $\frac{1}{2}$	oz
5.	Thriphala churnam	— 1	oz
6.	Masikoi churnam	— 1	oz

Mixed well and bottled up.

Dose & Uses

Are the same as that of Stomatitis cure No. 2.

220. STOMATITIS, PHARYINGITIS & EPITHELIOMA CURE No I.

1.	Stomatitis cure No. 2	— 1	part
2.	P. S. S. baspam	— 1	,,
3.	Annahedhi chenduram	— 1	,,
4.	Aya chenduram	— 1	,,
5.	Ascorbic Acid	— 2	parts
6.	Nellikoi juice powder	— 2	parts

Mixed well and bottled up.

Dose:

1 to 2 pinches to be taken with Cow's butter morning and evening before food. The above diseases are cured.

221. STOMATITIS, PHARYINGITIS & PITHELIOME CURE No 2.

1. Annabedhi Chenduram
2. Padika chenduram
3. Silajathu baspam

} of each 1 part or 2 oz.

4 Thiriphala churnam — 4 parts or 8 ozs.

Mixed well and bottled up

Dose: 2 pinches B. D. with butter.

222. THIRIPHALA CHURNAM No. III
(Special)

(For use in the preparation Diabetes cure pills & sugar remedy pills.)

1. Kadukoi thole churnam — 1 part or 4 ounces
2. Thandrikoi thole churnam — 2 parts or 8 ounces
3. Nellivartal churnam — 4 parts or 1 lb

All these ingredients are mixed together in a Kalvam and bottled up.

Anupanam and uses are the same as that of Thiriphala churnam Nos. 1 and 2. This is used for preparing decoction and rubbing Diabetic and Blood sugar remedy pills. This powder is specially meant for the use of Diabetics.

223. TONSILLITIS CURE No 1.
(Special)

1. Chukku churnam
2. Milaku churnam
3. Thippili fried churnam
4. Induppu finely powdered

} Of each equal parts or 2 ounces each.

5. Cheena Karkandu (Sugar kandy) finely powdered 4 parts are equal to the above 4 ingredients or 8 ounces.

These five ingredients are mixed well and preserved in a bottle.

During administration it is always much useful if we add 2 grains of P. S. M. M. baspam and Kasthuri chenduram grn. 1 for each dose in cases of severe type with persistent cough.

Dose of Tonsil cure; 5 to 10 grains twice a day with butter or ghee or honey or other suitable anupanams may be given.

Uses:

Tonsilitis, Tonsil enlargements elongated uvula and cough etc. are relieved.

224. TONSILITIS CURE No 2.

(Special)

1.	Chukku churnam	Of each churnam one part or 2 ounces each.
2.	Milaku churnam	
3.	Thippili-churnam	
4.	Kadukoi-thole churnam	
5.	Thandrikoi-thole churnam	
6.	Nellivartal churnam	
7.	Karpuravalli samoolam. dried churnam	One part or 2 ounces.

No. 7. Green Karpuravalli samoolam is dried in the shade and powdered - one part or 2 ounces is added to the above six ingredients. They are placed in a kalvam, rubbed with **Manjal Karisalai leaves juice** for 12 hours or more, rounded into pills of gr. v each, dried in the shade and bottled up.

N. B.

After being rubbed and just before being rounded into pills. P. S. M. M. baspam 2 tolas and Kasthuri chenduram 1 tola may be added, rubbed for 15 minutes and then rounded into pills,

Dose :

One pill may be taken twice a day either as pill or as powder well mixed with honey.

Uses : All sorts of Tonsil diseases are definitely cured.

N. B.

Plain **Karpuravalli leaves green** may be chewed morning, noon and evening daily which will definitely cure Tonsil diseases in a fortnight. Karpuravalli leaves are said to be a specific for Tonsil disorders.

225. TONSILITIS CURE No 3.
(Special)

1.	Chukku Churnam	Of each 2 ounces.
2.	Milaku ,,	
3.	Thippili ,,	
4.	Induppu ,,	
5.	Elarisi ,,	
6,	Jeerakam ,,	
7.	Thalisapatri churnam	
8,	P. S. S. Paspam	— 1 ounce
9.	Kasthuri chenduram	— 2 drams
10.	Cheena Karkandu	— 15 ounces.

Mixed well and bottled up.

Dose :

5 to 15 grains may be given well mixed with Cow's ghee or Butter or Honey or other suitable anupanam.

Uses :

Kasam, Swasam, Kshyam and particularly **Tonsilitis** are cured.

226. VAITRUVALI REMEDY No. 1.
(or Pachai Karpuram Compound Traditional)

1.	Chukku Churnam	— 1 part or 8 oz
2.	Elakkoiarisi Churnam	— ½ part or 4 oz
3.	Pachai Karpuram	— ¼ part or 2 oz

Mixed well and added white sugar equal parts or 14 oz. and bottled up.

Dose :

½ to 1 dram to be given with Honey twice a day.

Uses :

Pithavayu, Vaitruvali, Gunmam, Vayu, Vanthi, Vikkal, Indigestion, Belching, Nausea and Chest Pain are cured.

227. VAITRVALI CHURNAM No 2.

(Special)

1,	Sodium Bi-Carb	—	8 ounces
2.	Elakkoiarisi Churnam.	—	4 ounces
3.	Purified Poongkavi	—	1 ounce

Mixed well and bottled up.

Dose :

10 to 20 grains B. D, with hot water or Buttermilk.

Uses :

Vaitruvali, parinama-Soolam, Gunmam, Indigestion, Flatulance, Vanthi, Eructations and Nausea etc are relieved promptly.

228. VAITRUVALI NIVARANI No 3.

(Manuscript)

1.	kalluppu	of each 2 oz
2.	Shotruppu	
3.	Vediuppu	
4.	Induppu	
5.	Attuppu	
6.	Rasa Chenduram (purified)	

The first five ingredients (Salts) are rubbed with Chirucherupadai juice and made into a big bolus. Rasa Chenduram is kept inside the bolus in a suitable chatty,

covered with a lid, seven layers of clay cloth are provided to the margin, dried and subjected to putam with 50 vratties. It becomes a fine chenduram.

Dose:

2 to 4 kundri weight or 2 pies weight to be taken with Thirikadu churnam or vaitruvali churnam No.1 and honey morning and evening.

Uses:

Dyspepsia, Gastritis and all kinds of indigestion and Vaitruvali are cured.

229. KAKKUVAN ERUMAL NIVARANI OR WHOOP CURE No. 1.

1.	Myleragu ½ Viss is taken and burnt into ash weighing	}	7½ tolas
2.	Milaku lbs. 1½ is taken, powdered coarsely and fried into ash weighing	}	7½ tolas
	(Both these ingredients are taken in equal parts of ash)		
3.	Lavangam churnam	—	4½ ,,
4.	Athividayam churnam	—	4½ ,,
5.	Thippilli 20 tolas is taken and fried into ash weighing	—	3 ,,
6.	Pavala chunnam No. II	—	3 ,,
7.	Sringi Baspam No. II	—	3 ,,
8.	Muthuchippi baspam	—	3 ,,
9.	Silajathu Baspam	—	3 ,,
10.	Kasthuri chenduram	—	½ to 1 tola

These ten drugs are mixed together as per rules in a mortar and preserved in a suitable bottle. Better to add P. S. M. M. Baspam 12 tolas in place of items 6, 7, 8, and 9.

Dose :

3 to 10 grains twice a day may be given according to the age of the children, well mixed with cow's ghee or honey os preferably in goat's milk.

Uses:

Particularly whooping cough is relieved. Cough. Vanthi, Jwaram, and chalikattu are also cured. **Goats milk** fresh may be given to children suffering from whoop morning and evening for 20 days which gives good relief to the spasms.

230. DROPSY CURE PILL No 1.
SOBAI NIVARANI
(Special)

1.	Lohamanduram Chenduram		— 4 oz	
2.	V. Annabedhi Chenduram		— 4 oz	
3.	Mahamanduram Chenduram		— 4 oz	
4.	Karalavana Baspam		— 4 oz	
5.	Vengkara Chunnam		— 4 oz	
6.	Silajathu Baspam		— 4 oz	
7.	Mandura chenduram		— 4 oz	
8.	Kantha chenduram		— 4 oz	
9.	Karpura silajathu vengkara Bm.		4 oz	
10.	Neermulliviththu churnam	- 200 grams		To be made into Rasa-kriya & then added.
11.	Nerunjiviththu churnam	- 200 grams		
12.	Sapja viththu churnam	- 200 grams		

Nos: 10, 11 & 12 these 3 ingredients are made into Rasakriya as per rules. 4 oz. of this extract is added to the above 9 drugs.

To be mixed well, rubbed in a kalvam with potrilai-kaiyan juice for 2 days, then rubbed with Nerunj Samoola-juice for 2 days. then rounded into pills of small Elandai seed size, dried. in the shade and bottled np.

Dose:

One pill 2 or 3 times or 2 pills twice a day.

Uses :

Sobai, Pandu, Kamalai, Peruvaiyru are cured.

231. KAYAKALPA MATHIRAI No. 3.
(Special)

1.	Kayakalpa Mathirai No. 1	—	$2\frac{1}{2}$ ozs.
2.	General Tonic Pills No. 5	—	lb. 0-12-0
3.	General Tonic Pills No: 6	—	lb. 0- 6-0

These three prepared medicines are powdered rubbed with Navalmarappattai decoction with the Pashana Kulavi given by Sri. G. Krishnan for 2 or 3 days, made into pills of 2 grains each, dried in the shade and bottled up.

Dose, Uses and anupanam are the same as that of Kayakalpa Mathirai No. 1 & General Tonic pills Nos: 5 & 6.

232. PAROXYSMAL ATRIAL TACYCARDIA or SUPRA VENTRICULAR TACHY CARDIA REMEDY

1.	Kasthuri	—	5 grains
2.	Goro janai Mathirai powder	—	5 ,,
3.	Kasthuri Mathirai powder	—	5 ,,
4.	Kunkumappu powdered	—	5 ,,
5.	Pachaikarpuram	—	3 ,,
6.	Lavangam churnam	—	5 ,,
7.	Elarisi fried churnam	—	5 grains

Mixed well and rubbed with vertilai juice and rounded into pills of one grain each.

Dose :

One pill once or twice a day as preventive.

2. As a curative one pill 3 or 4 times a day with inji juice and honey.

233. GALL BLADDER LITHIOSIS REMDEY OR BILIARY LITHIOSIS REMEDY

1.	Pavala veera chunnam	— 2 drams
2.	K. Silajathu Baspam No. 1	— 2 drams
3.	Urukku Chenduram	— 1 dram
4.	Mahamandura Chenduram	— 1 dram
5.	Sangu Bm. No: 3	— 1 dram
6.	Palakarai Baspam	— 1 dram
7.	Muthu Chippi Bm.	— 1 dram

Dose:

One to 2 pinches to be enclosed in an empty Gelatin Capsule and taken 2 or 3 times a day after food followed by Drakshathi Kudineer.

Uses.

Biliary Lithiosis, Jaundice. Pandu, Sobai Mahodaram etc. are cured.

234. CHRONIC BRONCHITIS & EMPHYSEMA REMEDY

1.	Thalaga Bm. out of K. M. N. Chendr.	— 1 dram
2.	K. M. N. Chenduram	— 1 dram
3.	P. C. Baspam	— 1 dram
4.	Baonchial Asthma Remedy No: 2	— 2 drams
5.	Sivanaramirtham	— 1 dram
6.	K. Chenduram	— 1 dram
7.	Swasakudori powder	— 1 dram
8.	Thalaga Sangu Bm.	— 1 dram

Mixed well and bottled up.

Dose : 1 to 2 pinches B. D. with honey.

235. CHIROBARA NIVARANI CHENDURAM OR (KAPALA SOOAI REMEDY)

1.	Gowri Chinthamani	— 1 dram
2.	Sivanaramirtham	— 1 dram
3.	Ayaveeram	— 1 dram

4 Sudarsana churnam or Elathi churnam Co. } 4 drams

Mixed well and bottled up.

Dose :

2 pinches B. D. with honey 2 or 3 times a day.

Uses :

Chirobaram. Cold, Headache, fever and kapala soolai etc. are cured.

236. DIA DIET PILL No. 1.

1. Dia Diet powder — 2 lbs.

Rubbed with thiriphala decoction for 2 days, rounded into pills of Elandai seed size, dried in the shade and bottled up.

Dose :

1 to 2 pills B. D. or T. D. S.

Uses .

Diabetes Mellitus and its complications are cured.

237. CANCER CURE PILL No. 5.

1.	Linga Rasa pathangam	— 3	Tolas
2.	Purified Ghendakam	— 3	,,
3.	Ulantha Linga Kattu Chenduram	— 3	,,
4.	Purified Rasa Karpuram	— 3	,,
5.	Swarnavalai Rasa chenduram	— 3	,,
6.	Purified Thalagam	— 3	,,
7.	Purified Manoshilai	— 3	,,
8.	Parangi pathangam	— 3	,,
9.	Neela Kanta Valai Modified	— 2	.,
10.	Kalanantha Gowri–Original	— 1	,,
11.	K. M. N. Chenduram	— 3	,,

12.	Purna Chandrodhayam	— 2	Tolas
13.	P. C. Baspam	— 3	,,
14.	Ayakantha chenduram	— 3	,,
15.	K. A. R. chenduram	— 3	,,
16.	Elathi churnam	— 12	,,
17.	Arumuga chenduram	— 3	,,
18.	Moist sarpa vida baspam	— 15	grains
19.	13 Powerful Kattoos, powdered	— 2	Tolas
20.	Karuvanga chenduram	— 3	,,
21.	Copper chenduram	— 1	Tola
22.	Bhramasthram	— 2	drams
23.	Agnikumari	— 2	Tolas
24.	Sringi baspam	— 3	,,
25.	K. Silajathu baspam	— 3	,,

Mixed well, rubbed with Margosa Kalpam 8 ozs. made into decoction.

Rounded into pills of Ulunthu size, dried in the shade and bottled up.

Dose :

1 to 2 pills B. D. with suitable anupanam.

Uses are the same as that of Cancer Cure Pills Nos. 1 to 4.

238. M. S. V. PARPAM CO (OR CANCER CURE POWDER)

1.	Moist sarpa vida baspam	— 1	dram
2.	Kungumappu powdered	— 4	drams
3.	Pachai Karpuram powdered	— 2	,,
4.	Karpura Silajathu baspam No. 4	— 4	,,
5.	Kasthuri	— ½	,,

Mixed well.

Dose :

½ to 1 grain B. D. with honey or in capsules.

Uses :

Cancer. Leprosy and all serious diseases are treated successfully Heart diseases are well responded to.

339. KAMALAI PODI No. 2.

P. C. Baspam, Sringi baspam, Silajathu baspam, Lohamandura chenduram, Ayakantha chenduram — – of each 2 grains.

Karimanjal, Elmmimichu thole baspam, Kamalai podi No. 1 — of each 1 pinch and Keezhkoi Nelli churnam 2 pinches for a dose with honey B, D. followed by Drakshathi decoction

Uses :

Very effective even in obstructive Jaundice.

240. YONIPPILAVAI REMEDY (INTERNAL)

1.	Kalnar baspam	—	1 part or 2 oz.
2.	Elarisi churnam	—	2 parts or 4 ozs.
3.	Jeerakam churnam	—	2 parts or 4 ozs.
4.	Ellu podi	—	20 parts or $2\frac{1}{2}$ lbs.
5.	Karumbu sharkarai	—	4 lbs

Mixed well by pounding in a stone mortar.

Dose :

$\frac{1}{2}$ to 1 tola B. D.

Uses :

Leucorrhoea, Gonorrhoea, Erosion of the Cervi and any abscess or Carbuncle in the genital parts in ladies are cured in 1 to 2 weeks.

241. OBESITY CURE No 2. (or AYAM THUTHUVELAI CO PILL

1. Kantha Ayam Rasa Chenduram - 1 part
2. Thuthuvelai leaves, dried churnam - 4 oz.

Rubbed with Thuthuvalai leaves juice for 2 days and made into pills of pepper size, dried in the shade and bottled up.

Dose : 1 to 2 pills B. D. after food.

Uses :

Very effective in obesity and Blood cholestrol.

242. VAYUVU CHURNAM (or ASHTADEEPAGNI CHURNAM No. 2) (Traditional)

1.	Perunkayam	– 2 parts	or 2 ozs.
2.	Karunjeerakam	– 3 ,,	,, 3 ,,
3.	Chukku	– $2\frac{1}{2}$,,	,, $2\frac{1}{2}$,,
4.	Milaku	– $2\frac{1}{2}$,,	,, $2\frac{1}{2}$,,
5.	Thippili	– 4 ,,	,, 4 ,,
6.	Jeerakam	– 3 ,,	,, 3 ,,
7.	Omum	– $2\frac{1}{2}$,,	,, $2\frac{1}{2}$,,
8.	Induppu	– $2\frac{1}{2}$,,	,, $2\frac{1}{2}$,,

All these are powdered, mixed and bottled up

Dose:

One Thuttu edai or about 15 to 20 grains may be given morning and evening. Tamarind and Tobacco are for bidden. All vayus are cured.

243. PANDU SOBAI REMEDY, (Traditional)

1.	Neermulli Samoolam	of each 3 palams
2.	Kaiyan Samoolam	
3.	Nerunji Samoolam	
4.	Ayampodi purified	— 10 palams
5.	Kittam or Manduram purified	— 15 palams
6.	Chukku, Milaku Thipilimulam, Chitramulam, Kadukoi, Nellikoi	of each 3 Kalanjus

7. Cow's urine — 3 Madras Measures
8. Cow's butter milk — 3 Madras Measures

All these are put in the above liquids and made into Adai-Kutineer. From this, take $\frac{1}{4}$ measure decoction by filtering, add to it Vengkaram and Kantham powder and give twice a day for $3\frac{1}{2}$ days or 7 doses. Very effective.

N. B.

Better you give 4 ounces of the decoction for a dose with 2 grains of Vengkaram Churnam or parpam and 5 grains of Kantha Chenduram. **Mandurathi Adai Kudineer** is better than this preparation.

Uses :

Pandu, Sobai, Kamalai and Jalotharam are cured.

244. BEDHI MATHIRAI
(Special)

Purified Rasam. Ghendi, perungkayam, Chukku, Nervalam-of each equal parts or 4 drams each.

Rubbed with Castor oil. useful in children and adults in suitable dose only once. This is a good purgative. Mathirai–ulunthu size may be made.

245. WHOOP CURE POWDER No. 2
KAKKUVAN EURMAL & ELAI PODI
(Whooping cough and Asthma Remedy).

1. Nellivartal
2. Thippili
3. Nerpori
4. Chukku

} of each equal parts or 4 ozs.

Mixed well and bottled up.

Dose : 5 to 10 grains B. D. with honey.

Uses : The above diseases are cured.

246. SIDDHA CONTRACEPTIVES BEST SUITED

(குடும்பக்கட்டுப்பாடு சித்த மருந்து – ஏடு)

1. Thippili-fried churnam
2. Vayu Vidangam churnam
3. Vengkara churnam

} of each 5 ounces

Mixed well and bottled up.

Dose:

Thirikati or about 15 to 20 grains B. D. for 3 days from the first day of the menses.

Uses:

This is a permanent contraceptive in women. One course administration is enough.

247. FILARIASIS WITH MYOCARDIAL INFARCTION

1. 13 Mercurial Kattoos — 1½ oz
2. Kasthuri Chenduram — 1 oz
3. Sringi Baspam — 2½ oz

Mixed well and bottled ap.

Dose:

1½ pinches in capsule B. D. or with honey.

Uses:

Filariasis with Heart complications is relieved.

248. BRONCHIAL ASTHMA PILLS OR KASA SWASA KULANTHAKAN UNDAI

1. Jathi Lingam
2. Manoshilai
3. Thirikadu
4. Haridaram

} of each ½ oz powder.

5. Vengaram-fried
6. Karunabi

} of each ½oz. powder

Rubbed with (1) Kuppaimeni juice and, 2) Churasam prepared out of Thuthuvelai Adathodai and Kandagkathiri, then made into pills of pepper size each. dried in the shade and bottled up.

Dose: One pill B. D. with suitable anupanam.

Uses:

Kasam, swasam and Kayanoi are cured. Particularly all kinds of Eraippu Noi are relieved.

249. COMPOUND MERCURIAL PILL FOR CANCER AND SERIOUS AILMENTS

1.	Swarnavalai Rasa Chenduram (Special)	—	30	grams
2.	Chandrasam (white)	—	25	grams
3.	Chandrasam (red)	—	5	grams
4.	K. M. N. Chenduram	—	50	grams
5.	Rasa Chenduram No. 4	—	50	grams
6.	Parangi Pathangam	—	60	grams
7.	Copper Chenduram	—	25	grams
8.	Arumuga Chenduram No. 2	—	50	grams
9.	Ghendaka Baspam	—	50	grams
10.	Aya Veeram Chenduram	—	50	grams
11.	K. V. Chenduram (Karuvangam)	—	50	grams
12.	Padikara Baspam	—	50	grams
13.	Elathi Churnam	—	8	ounces
14.	Parangi Churnam Co.	—	8	ounces

Rubbed well with Lime fruit juice and rounded into pills of small Kundri size, dried in the shade and bottled up.

Dose:

1 pill B. D. for 5 to 7 days at a time. Dose may be increased gradually

Uses:

Cancer, Leprosy, Joint diseases, psoriasis, other worst skin diseases and in all other incurable diseases this is worth trying.

250 VEERYA STHAMBANA KULIGAI (OR SEXUAL TONIC PILLS)

1. Best Kungumappu
2. Abin (opium)
3. Apple seeds
4. Jathikkoi

Of each one tola weight.

These are powdered, rubbed in a kalvam with honey into a waxy Consistency, made into pills of kundri size (or 2 grains each). One pill is given to 6 P. M. in the evening followed by a cup of cow's milk Chewing is allowed at bed-time without tobacco. The purpose will be served but should be used cautiously once in a way without becoming an habit

251. KAPALA SOOLAI NIVARANI or MILAKOI THILAM No 2. for bath (Traditional) (Special)

Milakoi Vartal 2 kilos kept soaked in Ilaneer for a night, next day crushed well, Squeezed and filtered. With this cold infusion cow's milk 4 Litres and gingelly oil 4 Litres are added and Devadaru Kalkam 60 grams is also added to it. Ten it is boiled into melugu pakam the oil is decanted and the thailam preserved in a bottle.

Uses:

This is used for bath. Applied to the head in the morning and bath taken in the evening. Headache of all kinds is relieved so also Kapala soolai. தலைக்குத்து, சிரசில் குத்து நிவர்த்தியம்.

N. B.

If necessary our Chirobara Nivarani Churnam may be given internally in addition to this milakoi thailam bath.

ERRATA

Please incorporate the following :

Page	Line	For	Read
7	28	Diabeic Remedy	Diabetic Remedy
9	6	Gonnarhoeal	Gonnorhoeal
9	6	Chendi	Ghendi
14	5	Ingrediants	ingredients
18	36	reshes	rashes
19	33	Silvar	Silver
22	4	150 grams	15 grains
26	6	Asthama	Asthma
27	9	Otto rose	1 teaspoonful palam to be add or 1½ tolas
30	3	Uses	Used
30	4	Leuaemia	Leucaemia
30	17	Iyakantha chenduram or K. M. N. chenduram	Iyakantha chenduram or K. A. R. chenduram
33	20	Rasa parpam Devamirtha	Devamirtha rasa parpam
31	29	Muppuguru chuunam	grains 5
35	33	silments	ailments
36	9	powered	poured
38	3	3 oz.	3 drams
40	2	ulanthu	uluntku
43	1	Asaghendi	Rasaghendhi
45	27	Padika chenduram	Padiki chenduram
47	4	Rhinis	Rhinitis
47	25	relived	relieved
47	24	Mudravayu	Rudravayu
48	4	Phinitis	Rhinitis
48	21	thalkam	thailam
51	9	pouned	pounded
56	12	for seven with	for seven days with
59	30	3 grain	3 grains
64	24	Super Tonic Pill No, 5	This is No, 2
67	20	Saverity	Severity
71	28	cured	curd
72	4	Desentry	Dysentery
77	9	Thiruvanga churnam	Thiruvanga chunnam
77	27	Eruku	Aruku (vellai Aruku)
79	27	Respiratary	Respiratory
81	23	Effications	Efficatious

Page	Line	For	Read
82	30	Preparation No. 133 Extra Note to be add with after the uses	Kadikara chenduram No. 1 or 2 may be added 1/2 oz with better result.
83	6	round old silk	round with old silk
85		after 6 th line add	Fresh rose petals of six flowers
85	31	Insanitory	insanity
88	17	Semoolam	Samoolam
89	30	Curry manjal chendu-[ram	This is churnam only
89	30	Logamanduram	Logamandura chenduram
90	32	mentiond	mentioned
91	9	mixad	mixed
93	8	steam	stem
96	7	Rakshanti	Rakshani
99	14	Thiruvanga churnam	Thiruvanga chunnam
102	20	Chendaka	Ghendaka
105	23	may he	may be
112	21	end	and
123	29	After the last line note to be added.	Chandamarutham 60 grains is better added to process No. 203
114	11	melagu	melugu
125	13	clovers	cloves
125	34	Last line menstuural	menstrual
126	31	Rundri	Kundri
134	31	Preparation No. 218 3rd line after added	4. Padikara baspam 2 parts
136	11	Preparation Diabetes cure pills and sugar remedy pills	Preparation of Diabetic cure pills and Blood sugar remedy pills to be read.
136	32	4 parts are	4 parts or
140	35	honey as	honey or
146	8	Elmminchu	Elumichu
151	10	given to	given at
151	21	Ten	Then

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